# **NSW HEALTH**

# New South Wales Population Health Survey

# 1997–2007 Report on young adults



# Hestimates are for latest estimates. CENTRE FOR EPIDEMIOLOGY AND RESEARCH

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#### Foreword

I am pleased to present the 1997-2007 Report on adults aged 16-24 years from the New South Wales Population Health Survey, which provides information on the health of this important population group.

The report presents information on health behaviours, including: alcohol, fire safety in the home, nutrition, adequate physical activity, current smoking, smoke-free households, and smoke-free cars. This is followed by a chapter on health status, including: self-rated health, asthma, cardiovascular disease precursors (blood pressure and cholesterol), diabetes or high blood glucose, mental health (psychological distress), oral health, and overweight or obese. Next there is a chapter on health services including: private health insurance, difficulties getting health care, emergency department presentations, hospital admissions, general practitioner services, public dental services, and community health centres. Finally, there is a chapter on social capital, including: participation in the local community, trust and safety, and reciprocity and neighbourhood connectedness.

In the PDF version of the report, indicators are presented for males and females by quintile of socioeconomic disadvantage and by region (urban or rural health areas). Further information is presented in the HTML version. Both the PDF and HTML versions can be obtained from the New South Wales Population Health Survey website at www.health.nsw.gov.au/public-health/survey/hsurvey.html.

This is a descriptive report and there is a wealth of information in the survey dataset that may be of specific interest. For these reasons we encourage as many people as possible to analyse the data further. For further analysis within a health area, data can be accessed through the Health Outcomes Information Statistical Toolkit (HOIST). For further analysis among health areas, or at a statewide level, a data request needs to be lodged with the NSW Department of Health.

Comments on the New South Wales Population Health Survey are welcome.

I thank all the individuals and organisations who contributed their time and expertise to assist with the development and conduct of the Survey between 1997 and 2007.

Kerry Chant Acting Chief Health Officer and Deputy Director-General, Population Health July 2008

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#### Introduction

Young adulthood involves exploration of and steps toward independence, with varying levels of adult supervision, making this period unique in the lifespan. Two important contextual influences shape the health of young adults: a prolonged transition to adult roles and responsibilities, and the weakening of the safety net that supports adolescents and younger children.[1] These factors have important implications for health behaviours, health status, health service use and access, and social capital.

Australian governments at the state and commonwealth levels recognise that research efforts need to increase if the full health potential throughout the lifespan is to be realised. While there are data sources that provide information on the health of people aged 16-24 in Australia, including national and state health surveys, health studies, and administrative data collections, there is considerable potential for further analyses of these data sources.

Since 2001, the Australian Bureau of Statistics has conducted a triennial National Health Survey. Before that time, surveys were conducted in 1989-90 and 1995. Information on the survey's probabilistic sampling and calculation of prevalence estimates can be found elsewhere.[2]

The New South Wales Population Health Survey is a continuous survey using computer assisted telephone interviewing (CATI). The survey covers the whole state population from birth upwards. The target sample is 12,000 persons a year.[3] Over the period 1997-2007, the total sample was 102,651 persons, of which 9,465 were aged 16-24 years.

This reports presents trends in the health of persons aged 16-24 years from the 1997-2007 New South Wales Population Health Survey. The health behaviours chapter includes: alcohol, fire safety in the home, nutrition, adequate physical activity, current smoking, smoke-free households, and smoke-free cars. This is followed by a chapter on health status, including: self-rated health, asthma, cardiovascular disease precursors (blood pressure and cholesterol), diabetes or high blood glucose, mental health (psychological distress), oral health, and overweight or obese. Next there is a chapter on health services including: private health insurance, difficulties getting health care, emergency department presentations, hospital admissions, general practitioner services, public dental services, and community health centres. Finally, there is a chapter on social capital, including: participation in the local community, trust and safety, and reciprocity and neighbourhood connectedness.

The health indicators in these chapters are presented in graphical and tabular form. Each indicator includes line graphs for socioeconomic status and region (urban or rural health areas). The table below the graph presents prevalence estimates for males, females and persons and includes the 95% confidence intervals (CI), which provides a range of values that contain the actual value 95% of the time. A wider confidence interval reflects less certainty in the estimate. If confidence intervals do not overlap then the observed estimates are significantly different. If confidence intervals overlap slightly the observed estimates may be significantly different but further testing needs to be done to establish that significance.

This report is available in PDF and HTML versions, which can be downloaded from the New South Wales Population Health Survey website at www.health.nsw.gov.au/publichealth/surveys/index.asp. Further information about the New South Wales Population Health Survey, including previous survey results and methods, can be obtained from the website.

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#### Methods

The New South Wales Population Health Survey uses random digit dialling to contact households with private telephones. One person from the household is randomly selected for inclusion in the survey. For analysis, the sample is weighted to adjust for differences in the probabilities of selection among subjects, stratified for differences between the age and sex structure of the sample and the Australian Bureau of Statistics mid-year population estimates for each area health service (excluding residents of institutions). This enables calculation of prevalence estimates for the state population rather than the respondents selected. Further information on the survey's probabilistic sampling, weighting procedures, and calculation of prevalence estimates, can be found elsewhere.[1,2]

Data are analysed using SAS version 9.[3] The SURVEYFREQ procedure is used to calculate prevalence estimates and 95% CI for the estimates. For pairwise comparison of subgroup estimates, the p-value for a two-tailed test is calculated using the normal distribution probability function PROBNORM.

Socioeconomic status is derived from the Index of Relative Socio-Economic Disadvantage,[4] which is based on a number of underlying variables such as family characteristics, household income, personal educational qualifications, employment status, and occupation profile. The index is grouped into 5 quintiles, with quintile 1 being the least disadvantaged and quintile 5 being the most disadvantaged. The survey assigns this index by postcode of residence.

In this report, the term urban means the respondent lived in 1 of the 4 area health services designated as metropolitan: Northern Sydney & Central Coast, South Eastern Sydney and Illawarra, Sydney South West, and Sydney West. The term rural means the respondent lived in 1 of the 4 area health services designated as rural: Greater Southern, Greater Western, Hunter & New England, and North Coast.

Studies demonstrate that a person's appraisal of his or her general health is a strong and independent predictor of future morbidity and mortality, even after controlling for physical and psychosocial and socioeconomic factors.<sup>[5]</sup> In the survey respondents aged 16 years and over are asked: Overall, how would you rate your health during the last 4 weeks: was it excellent, very good, good, fair, poor, or very poor? Responses of excellent, very good, and good are combined into a positive rating.

Alcohol consumption is measured against the Australian Alcohol Guidelines.[6] Risk drinking includes those who consumed alcohol every day, consumed more than 4 if male or 2 if female standard drinks per day, or consumed more than 6 if male or 4 if female standard drinks on any occasion in the last 4 weeks. High risk drinking includes those who consumed more than 11 if male or 7 if female standard drinks on any occasion in the last 4 weeks.

For breast cancer screening, the indicator excludes those who had an existing cancer or breast problem. For cervical cancer screening, the indicator excludes those who had a hysterectomy. For bowel cancer screening, the indicator excludes those who had been screened as part of follow-up treatment.

Adequate fruit and vegetable consumption is defined in the Australian Guide to Healthy Eating, the Dietary Guidelines for Children and Adolescents, and the Dietary Guidelines for Australian Adults. Recommended amounts vary within the 16-24 age range. For adolescents up to age 18 years, at least 3 serves of fruit and at least 4 serves of vegetables are recommended. From 18 years, at least 2 serves of fruit and at least 5 serves of vegetables are recommended. The recent 'Go for 2 and 5' Fruits and Vegetables Campaign conducted by national and state and other health authorities provides a simplified message that has been used as the basis for comparison in this survey.[7,8,9]

The Dietary Guidelines for Australian Adults state that people should limit the consumption of saturated fats, and choose foods that are low in salt, without making any specific recommendations.[8] However the National Food and Nutrition Monitoring and Surveillance Project recommends monitoring the percentage of the population that rarely or never eats fried potatoes, rarely or never eats salty snacks, and consumes meat products less than 3 times a week.[10]

The Dietary Guidelines for Australians recommends serves of cereals (including breads, rice, pasta, and noodles) based on age, sex, and individual circumstances.[11] For ease of respondent recall, the National Food and Nutrition Monitoring and Surveillance Project recommends breaking the cereals category into sub-categories: that is, collecting the frequency of consuming breads, cooked cereals, and breakfast cereals.[11] Thus the National Food and Nutrition Monitoring and Surveillance Project recommends score Project recommends comparing those who consume bread daily or more; rice, pasta, noodles and other cooked cereals daily or more; and breakfast cereals 2 or more times a week, with those who do not.

Adequate physical activity is derived from the National Physical Activity Guidelines for Adults, which recommend at least 30 minutes of moderate activity on most, and preferably all, days of the week, using questions asked in the Active Australia Survey. Adequate physical activity is defined as undertaking physical activity for a total of 150 minutes per week over 5 separate occasions.[12,13]

Psychological distress is derived from the K10 short screening scale, a 10-item questionnaire that measures non-specific psychological distress based on questions about the level of nervousness, agitation, psychological fatigue and depression in the most recent 4-week period. Responses to the questionnaire are classified into 4 categories: low psychological distress, when the K10 score is 10-15; moderate psychological distress, when the K10 score is 16-21; high psychological distress, when the K10 score is 22-29; and very high psychological distress, when the K10 measure is a barometer for psychological distress without identifying its cause.[14]

Overweight and obesity is derived from self-reported height and weight. Body Mass Index (BMI) is calculated by dividing a person's weight (in kilograms) by their height (in metres squared). The resulting BMI is classified into 4 categories: underweight when the BMI is less than 18.5, acceptable or ideal weight when the BMI is greater than or equal to 18.5 and less than 25, overweight when the BMI is greater than or equal to 25 and less than 30, and obese when the BMI is greater than or equal to 30. Although studies have shown self-reported BMI results in an under-estimation of measured BMI, it is still useful for ongoing surveillance of population health.

The table below shows that the 2006 weighted survey sample for persons aged 16-24 years compares well with the state population aged 15-24 years, according to the 2006 Census of Population and Housing, for sex, indigenous status, and full-time or part-time employment status.[15]

		Weighted Sample 2006 Survey (n=644) %	New South Wales Population 2006 Census (N=871,717) %
	Sex	0	$\mathcal{O}$
	Males	51.9	50.9
	Females	48.1	49.1
	Aboriginal or Torres Strait Islander	5	
	Aboriginal and Torres Strait Islander origin	3.2	3.0
	Highest level of school completed	~	
	Never attended school	0.2	0.2
	Year 8 or below	1.7	2.4
	Year 9 or equivalent	2.0	9.7
	Year 10 or equivalent (Intermediate)	18.2	23.0
	Year 11 or equivalent	13.4	13.1
	Year 12 or equivalent (Matriculation/Leaving)	64.5	51.6
	Born in Australia		
	Australia	79.4	72.9
	Formal marital status		
	Married	5.7	3.9
	Widowed	0.0	0.1
	Separated but not divorced	0.5	0.3
	Divorced	0.7	0.2
	Never married	93.1	95.6
	Labour force status		
	Employed Full-time (>=35hours a week)	30.8	27.9
0	Employed Part-time (<35 hours a week)	27.3	24.0
	Employed (on leave/hours not stated)	6.1	4.5
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	Unemployed	14.1	7.4
-0-	Not in the labour force	21.7	36.2

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#### **Risk alcohol drinking**

Between 1997 and 2007, there has been a significant decrease in the proportion of persons aged 16-24 years who engaged in risk drinking behaviour (51.1 per cent to 45.3 per cent), as defined by the Australian Alcohol Guidelines. The decrease was significant among persons in the rural health areas (61.8 per cent to 48.1 per cent).

#### High risk alcohol drinking

Between 2002 and 2007, there has been a significant decrease in the proportion of persons aged 16-24 years who engaged in high risk drinking behaviour (28.0 per cent to 18.7 per cent), as defined by the Australian Alcohol Guidelines. The decrease was significant among females (28.3 per cent to 15.9 per cent), among persons in the most disadvantaged quintile (30.6 per cent to 10.4 per cent), and among persons in the urban health areas (27.9 per cent to 17.3 per cent).

#### Injury prevention: smoke alarms in the home

Between 1997 and 2007, there has been a significant increase in the proportion of persons aged 16-24 years who had a smoke alarm or detector installed in their home (54.4 per cent to 89.8 per cent). The increase was significant among persons in all quintiles of socioeconomic disadvantage, and among persons in the urban (51.5 per cent to 89.4 per cent) and rural (61.8 per cent to 91.0 per cent) health areas.

#### Nutrition

Between 1997 and 2007, there has been a significant increase in the proportion of persons aged 16-24 years who ate the recommended 2 serves or more of fruit (43.1 per cent to 51.8 per cent). The increase was significant among females (45.3 per cent to 55.3 per cent), among persons in the most disadvantaged quintile (41.4 per cent to 56.9 per cent), and among persons in the urban health areas (43.6 per cent to 52.4 per cent).

Between 1997 and 2007, there has been no significant change in the proportion of persons aged 16-24 years who ate the recommended 5 serves or more of vegetables. However, there has been a significant decrease among persons in the most disadvantaged quintile (7.3 per cent to 2.7 per cent), and among persons in the rural health areas (8.6 per cent to 4.0 per cent).

Between 1997 and 2007, there has been no significant change in the proportion of persons aged 16-24 years who usually drank lower fat milks.

Between 2005 and 2007, there has been no significant change in the proportion of persons aged 16-24 years who ate potato crisps or salty snacks less than once a month.

Between 2002 and 2007, there has been a significant decrease in the proportion of persons aged 16-24 years who ate breakfast cereal, breads, pasta, rice, or noodles once a day or more (96.4 per cent to 91.0 per cent). The decrease was significant among females (94.8 per cent to 86.0 per cent), among persons in the second quintile of disadvantage (96.9 per cent to 84.2 per cent), and among persons in the urban health areas (96.7 per cent to 90.6 per cent).

Between 1997 and 2007, there has been no significant change in the proportion of persons aged 16-24 years who ate processed meat products less than three times a week.

#### **Physical activity**

Between 1998 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who undertook adequate levels of physical activity, defined as 150 minutes of moderate activity a week over 5 separate occasions.

#### **Current smoking**

Between 1997 and 2007, there has been a significant decrease in the proportion of persons aged 16-24 years who were current smokers (30.2 per cent to 17.7 per cent). The decrease was significant among males (31.3 per cent to 21.4 per cent) and females (29.2 per cent to 13.8 per cent), among persons in the first (or least disadvantaged) quintile (32.1 per cent to 8.2 per cent), the third quintile of disadvantage (31.1 per cent to 18.8 per cent), the fifth (or most disadvantaged) quintile (32.8 per cent to 21.7 per cent), and among persons in the urban health areas (29.5 per cent to 17.7 per cent) and rural health areas (30.2 per cent to 17.6 per cent).

#### **Smoke-free households**

Between 1997 and 2007, there has been a significant increase in the proportion of persons aged 16-24 years who lived in smoke-free households (62.3 per cent to 83.1 per cent). The increase was significant among males (65.0 per cent to 82.4 per cent) and females (59.4 per cent to 83.9 per cent), among persons in all quintiles of socioeconomic disadvantage, and among persons in the urban (62.1 per cent to 81.3 per cent) and rural (62.5 per cent to 87.5 per cent) health areas.

#### Smoke-free cars

Between 2003 and 2007, there has been a significant increase in the proportion of persons aged 16-24 years over who had smoke-free cars (73.9 per cent to 83.1 per cent). The increase was significant among males (69.5 per cent to 81.3 per cent) and females (78.1 per cent to 85.0 per cent), among persons in all except the most disadvantaged quintile, and among persons in the urban (73.8 per cent to 82.7 per cent) and rural (74.1 per cent to 84.1 per cent) health areas.

#### Risk alcohol drinking by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007



Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

a day, how many drinks did you actually have?

usually have? In the last 4 weeks have you had more than [7-10 if male/5-6 if female] drinks in a day? and In the last 4 weeks how often have you had [11+ if male/7+ if female] drinks in a day? The questions used to define the 1997 and 1998 indicator were: How often do you have an alcoholic drink of any kind? On a day when you have alcoholic drinks, how many standard drinks do you usually have? and On the last occasion you had more than [4 if male/2 if female] drinks in

Risk alcohol drinking by region, persons aged 16 to 24 years, NSW, 1997-2007



Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

#### High risk alcohol drinking by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 2002-2007



Sex	Year	1st Quintile % (95% CI)	2nd Quintile % (95% CI)	3rd Quintile % (95% CI)	4th Quintile % (95% CI)	5th Quintile % (95% CI)	NSW % (95% CI)
Males	2002	21.3 (10.2-32.4)	33.1 (18.5-47.8)	15.5 (7.7-23.4)	39.1 (27.2-51.0)	27.5 (16.8-38.1)	27.7 (22.3-33.0
	2003	18.3 (7.4-29.3)	45.9 (32.7-59.0)	29.0 (19.2-38.8)	39.3 (28.7-50.0)	32.2 (21.1-43.4)	33.9 (28.7-39.1
	2004	55.0 (37.3-72.7)	31.6 (17.9-45.3)	22.4 (11.0-33.8)	34.1 (19.4-48.8)	28.6 (11.8-45.3)	36.1 (28.5-43.7
	2005	36.4 (23.8-48.9)	29.3 (17.7-40.9)	24.6 (13.8-35.3)	21.6 (11.3-31.9)	14.6 (5.2-24.1)	25.7 (20.7-30.7
	2006	26.5 (11.8-41.3)	25.7 (13.3-38.0)	21.7 (10.5-32.9)	24.6 (11.9-37.3)	23.0 (9.4-36.6)	24.1 (18.3-29.8
	2007	18.1 (5.7-30.6)	19.0 (5.4-32.6)	31.3 (16.7-45.9)	27.9 (8.7-47.0)	11.4 (2.1-20.6)	21.7 (15.4-28.1
Females	2002	39.0 (20.0-58.0)	30.2 (16.4-44.1)	23.7 (15.0-32.5)	19.2 (10.4-28.1)	34.7 (22.6-46.8)	28.3 (22.8-33.9
	2003	21.8 (9.7-33.9)	36.6 (24.8-48.5)	31.2 (21.4-40.9)	23.6 (14.7-32.4)	20.0 (10.3-29.7)	27.3 (22.6-32.1
	2004	19.7 (5.1-34.2)	34.2 (19.9-48.5)	24.4 (11.7-37.2)	23.7 (11.7-35.6)	38.1 (21.6-54.7)	27.8 (21.4-34.2)
	2005	19.5 (10.3-28.6)	15.3 (8.1-22.6)	16.0 (8.0-23.9)	21.4 (9.9-33.0)	11.0 (3.7-18.4)	15.6 (12.0-19.3
	2006	9.9 (1.1-18.6)	18.8 (6.2-31.5)	16.0 (6.7-25.2)	13.2 (5.1-21.3)	10.8 (2.3-19.4)	13.7 (9.3-18.0)
	2007	21.9 (8.4-35.5)	18.8 (7.2-30.3)	18.0 (9.0-27.0)	13.2 (2.9-23.4)	9.7 (3.0-16.5)	15.9 (11.4-20.4
Persons	2002	29.4 (18.5-40.2)	31.7 (21.6-41.8)	19.3 (13.3-25.3)	30.5 (22.5-38.4)	30.6 (22.5-38.7)	28.0 (24.1-31.8
	2003	19.9 (11.8-28.0)	41.5 (32.6-50.4)	30.1 (23.2-37.0)	31.4 (24.4-38.5)	28.0 (19.9-36.0)	30.7 (27.1-34.2
	2004	41.5 (28.2-54.9)	32.8 (22.9-42.8)	23.2 (14.6-31.8)	28.4 (19.1-37.6)	33.4 (21.6-45.2)	32.3 (27.2-37.4
	2005	28.1 (20.0-36.1)	22.1 (15.2-29.0)	20.4 (13.5-27.3)	21.5 (13.8-29.2)	12.7 (6.8-18.7)	20.6 (17.5-23.7
	2006	18.3 (9.4-27.1)	22.2 (13.4-31.0)	18.9 (11.6-26.3)	19.5 (11.5-27.5)	17.0 (8.8-25.2)	19.1 (15.4-22.7
1	2007	20.1 (10.8-29.3)	18.9 (10.0-27.8)	24.0 (15.7-32.4)	21.2 (9.3-33.2)	10.4 (4.9-16.0)	18.7 (14.8-22.5

Note:

Estimates are based on the following numbers of respondents for NSW: 2002 ( 869), 2003 ( 985), 2004 ( 598), 2005 ( 931), 2006 ( 630), 2007 ( 569). The indicator includes those who consume alcohol and have had [11 or more if male/7 or more if female] drinks in a day. The questions used to define the indicator were: How often do you usually drink alcohol? and In the last 4 weeks how often have you had [11 or more if male/7 or more if female] drinks in a day? Based on the NHMRC Australian Alcohol Guidelines.

Source:

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

#### High risk alcohol drinking by region, persons aged 16 to 24 years, NSW, 2002-2007



Source:

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.



# Homes with a smoke alarm or detector by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007

Sex	Year	1st Quintile % (95% CI)	2nd Quintile % (95% CI)	3rd Quintile % (95% Cl)	4th Quintile % (95% CI)	5th Quintile % (95% CI)	NSW % (95% CI)
Persons	1997	44.4 (37.0-51.8)	54.5 (48.2-60.8)	64.0 (58.6-69.3)	60.6 (54.7-66.4)	50.2 (44.2-56.1)	54.4 (51.6-57.3)
	1998	55.8 (48.2-63.5)	57.9 (50.9-64.8)	60.0 (53.7-66.3)	66.8 (61.1-72.5)	55.1 (48.6-61.6)	58.8 (55.8-61.8)
	2002	70.1 (59.8-80.5)	67.5 (58.4-76.6)	78.3 (72.1-84.4)	75.6 (69.4-81.8)	68.7 (61.9-75.6)	72.5 (69.2-75.9)
	2003	72.6 (63.8-81.4)	64.3 (56.3-72.2)	68.9 (62.4-75.3)	68.2 (61.8-74.6)	73.6 (66.4-80.8)	69.5 (66.3-72.7)
	2004	83.3 (75.6-91.0)	61.1 (51.5-70.7)	75.0 (66.4-83.5)	73.9 (66.2-81.6)	66.3 (56.2-76.3)	71.8 (67.7-75.9)
	2005	77.3 (69.6-85.1)	80.0 (73.4-86.6)	80.7 (73.6-87.8)	78.6 (70.8-86.5)	75.1 (66.9-83.3)	78.2 (74.9-81.5)
	2006	83.1 (74.4-91.8)	82.9 (74.8-91.1)	85.7 (78.9-92.6)	81.0 (72.5-89.6)	77.3 (68.7-85.8)	82.1 (78.5-85.7)
	2007	84.6 (74.9-94.2)	92.3 (87.2-97.4)	88.0 (81.7-94.3)	95.3 (91.9-98.7)	90.5 (84.0-97.0)	89.8 (86.7-92.9)

- Note: Estimates are based on the following numbers of respondents for NSW: 1997 (1,861), 1998 (1,737), 2002 (1,160), 2003 (1,254), 2004 (768), 2005 (874), 2006 (612), 2007 (565). The indicator includes those who have a smoke alarm or detector in their home. The question used to define the indicator was: Do you have smoke alarms installed in your home?
- Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.



# Homes with a smoke alarm or detector by region, persons aged 16 to 24 years, NSW, 1997-2007



#### Recommended fruit consumption by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007

Note

Persons

Estimates are based on the following numbers of respondents for NSW: 1997 (1,867), 1998 (1,740), 2002 (1,171), 2003 (1,251), 2004 (812), 2005 (926), 2006 ( 638), 2007 (567). The indicator includes those who met the recommended fruit consumption of at least 2 serves a day for people aged 16 years and over. One serve is equivalent to one medium piece or 2 small pieces of fruit. The question used to define the indicator was: How many serves of fruit do you usually eat each day?

2007 38.8 (20.9-56.8) 49.9 (33.0-66.8) 50.4 (34.8-66.1) 48.5 (33.1-64.0) 50.1 (34.6-65.7) 47.9 (40.6-55.3) emales 1997 47.6 (37.2-58.0) 51.9 (42.6-61.2) 41.5 (33.5-49.5) 41.9 (33.9-49.8) 43.1 (34.7-51.5) 45.3 (41.3-49.4) 1998 45.1 (34.2-56.1) 42.8 (33.6-51.9) 42.0 (32.8-51.1) 50.4 (41.9-58.9) 39.7 (30.8-48.6) 43.8 (39.6-47.9) 2002 71.2 (55.2-87.1) 35.8 (23.8-47.9) 39.0 (29.7-48.2) 44.9 (35.6-54.2) 40.2 (30.5-49.9) 44.3 (39.1-49.4) 2003 69.5 (56.9-82.1) 46.9 (36.0-57.9) 46.9 (37.9-56.0) 46.4 (37.0-55.8) 52.2 (40.6-63.8) 51.0 (46.2-55.8) 2004 55.5 (39.3-71.6) 45.5 (33.3-57.7) 19.6 (10.8-28.4) 59.6 (49.1-70.2) 39.1 (26.0-52.2) 43.8 (37.9-49.7) 2005 58.3 (46.3-70.2) 43.1 (32.4-53.8) 69.8 (58.2-81.3) 47.8 (35.7-60.0) 48.5 (36.5-60.4) 52.7 (47.5-58.0) 2006 55.6 (41.2-70.0) 49.9 (35.4-64.3) 64.0 (50.2-77.7) 58.0 (44.2-71.8) 38.5 (26.1-50.9) 52.8 (46.6-59.0 2007 74.3 (60.1-88.5) 45.9 (31.1-60.6) 47.3 (35.9-58.7) 51.8 (36.1-67.5) 63.2 (50.1-76.2) 55.3 (49.0-61.6) 1997 47.0 (39.6-54.4) 45.4 (39.1-51.7) 40.7 (35.0-46.3) 41.0 (35.2-46.8) 41.4 (35.7-47.2) 43.1 (40.3-45.9)

1998 44.5 (36.9-52.1) 44.9 (38.0-51.9) 46.9 (40.5-53.2) 43.0 (37.0-49.1) 39.5 (33.1-45.9) 43.7 (40.7-46.7) 2002 59.6 (48.6-70.6) 44.1 (34.7-53.5) 40.0 (31.8-48.1) 39.8 (32.7-46.9) 39.5 (32.2-46.8) 43.3 (39.6-47.1) 2003 59.7 (50.0-69.5) 42.0 (33.9-50.0) 43.1 (36.2-50.0) 39.8 (33.1-46.5) 48.3 (40.3-56.2) 45.2 (41.7-48.6) 2004 40.5 (28.9-52.1) 45.2 (36.0-54.5) 26.7 (18.6-34.8) 52.5 (43.6-61.4) 41.7 (31.7-51.7) 40.8 (36.3-45.2) 2005 58.9 (50.1-67.7) 45.6 (37.4-53.8) 54.3 (45.3-63.2) 44.3 (35.1-53.4) 49.8 (41.0-58.6) 50.4 (46.6-54.3 2006 58.4 (47.6-69.3) 50.9 (40.5-61.3) 47.6 (37.7-57.5) 51.5 (41.1-61.8) 44.7 (34.7-54.6) 50.3 (45.7-54.9) 2007 55.4 (42.5-68.3) 47.7 (36.5-58.9) 48.5 (39.2-57.8) 49.9 (38.7-61.1) 56.9 (46.7-67.1) 51.8 (46.9-56.6)

Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

# Recommended fruit consumption by region, persons aged 16 to 24 years, NSW, 1997-2007







## Recommended vegetable consumption by region, persons aged 16 to 24 years, NSW, 1997-2007



#### Usual use of low fat milks by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007



Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

# Usual use of lower fat milks by region, persons aged 16 to 24 years, NSW, 1997-2007



Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

# Eating potato crisps or salty snacks less than once a month by socioeconomic disadvantage,



			-		
persons	aged	16 to	24 years,	NSW,	2005-2007

					-		
Sex	Year	1st Quintile	2nd Quintile	3rd Quintile	4th Quintile	5th Quintile	NSW
		% (95% CI)					
Males	2005	38.0 (20.7-55.4)	16.0 (4.0-28.0)	24.2 (10.7-37.8)	15.9 (1.6-30.2)	13.1 (0.0-27.1)	21.7 (15.1-28.3)
	2006	23.7 (9.4-37.9)	30.7 (17.3-44.2)	38.5 (24.3-52.6)	16.9 (7.0-26.8)	29.6 (15.2-44.0)	28.6 (22.6-34.7)
	2007	9.8 (1.1-18.5)	23.5 (9.2-37.8)	26.3 (11.8-40.8)	18.0 (3.7-32.4)	18.9 (6.6-31.3)	19.0 (13.2-24.9)
Females	2005	36.0 (20.3-51.6)	23.5 (9.8-37.3)	32.1 (13.7-50.6)	37.2 (20.7-53.7)	26.3 (12.1-40.6)	30.4 (23.5-37.4)
	2006	28.0 (15.2-40.9)	23.2 (11.8-34.5)	39.9 (26.2-53.5)	30.7 (17.9-43.4)	41.5 (28.8-54.1)	33.0 (27.2-38.8)
	2007	39.5 (23.2-55.7)	33.5 (19.3-47.7)	25.1 (15.4-34.9)	21.7 (10.3-33.1)	36.5 (23.0-50.0)	31.4 (25.5-37.3)
Persons	2005	37.0 (25.3-48.7)	19.5 (10.4-28.6)	28.4 (16.6-40.1)	26.2 (15.0-37.4)	19.7 (9.7-29.7)	26.0 (21.2-30.9)
	2006	25.8 (16.2-35.4)	26.9 (18.0-35.8)	39.1 (29.4-48.9)	23.0 (14.9-31.1)	35.6 (26.0-45.2)	30.8 (26.6-35.0)
	2007	23.8 (13.8-33.7)	29.0 (18.8-39.2)	25.6 (17.4-33.8)	19.6 (10.0-29.1)	28.1 (18.8-37.4)	25.5 (21.3-29.7)

Note: Estimates are based on the following numbers of respondents for NSW: 2005 (429), 2006 (640), 2007 (556). The indicator includes those who ate potato crisps or salty snacks less than once a month. The question used to define the indicator was: How often do you eat potato crisps or other salty snacks?

Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

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#### Eating potato crisps or salty snacks less than once a month by region, persons aged 16 to 24 years, NSW, 2005-2007

Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

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Sex	Year	% (95% CI)					
Males	2002	100 (100-100)	100 (100-100)	95.3 (90.2-100)	97.6 (94.5-100)	97.9 (95.5-100)	97.9 (96.4-99.4)
	2003	100 (100-100)	95.2 (90.1-100)	96.1 (92.7-99.6)	99.2 (98.3-100)	94.7 (89.1-100)	96.9 (95.0-98.7)
	2004	100 (100-100)	95.0 (89.8-100)	99.8 (99.4-100)	99.1 (97.8-100)	88.2 (78.7-97.7)	96.9 (95.0-98.8)
	2005	100 (100-100)	95.1 (89.5-100)	93.8 (88.0-99.6)	95.2 (90.0-100)	94.8 (88.5-100)	95.9 (93.7-98.1)
	2006	96.1 (90.7-100)	93.3 (87.2-99.5)	96.6 (92.8-100)	97.9 (94.8-100)	96.1 (91.6-100)	96.1 (94.1-98.2)
	2007	94.9 (89.5-100)	92.9 (85.0-100)	96.4 (90.4-100)	98.9 (96.9-100)	98.6 (95.8-100)	96.5 (94.2-98.7)
Females	2002	94.0 (85.5-100)	94.5 (89.5-99.4)	92.2 (87.8-96.7)	95.7 (92.1-99.2)	97.4 (94.5-100)	94.8 (92.8-96.9)
	2003	93.7 (86.6-100)	94.3 (89.7-98.8)	94.8 (90.5-99.2)	94.9 (91.5-98.4)	93.3 (87.6-99.0)	94.3 (92.1-96.5)
	2004	88.8 (76.6-100)	96.4 (92.4-100)	92.4 (87.3-97.5)	90.4 (83.5-97.3)	95.1 (90.6-99.7)	92.9 (89.7-96.0)
	2005	96.3 (92.4-100)	90.2 (84.2-96.3)	93.2 (87.3-99.1)	88.1 (79.1-97.0)	88.8 (80.0-97.7)	91.2 (88.2-94.2)
	2006	95.2 (88.8-100)	99.2 (97.6-100)	86.7 (78.7-94.7)	83.9 (73.4-94.5)	93.1 (86.9-99.3)	91.8 (88.7-95.0)
	2007	94.5 (88.2-100)	76.7 (61.8-91.6)	82.4 (73.0-91.7)	92.5 (85.7-99.4)	88.3 (79.3-97.2)	86.0 (81.2-90.8)
Persons	2002	97.3 (93.4-100)	96.9 (94.1-99.7)	93.8 (90.4-97.2)	96.7 (94.4-99.0)	97.6 (95.8-99.5)	96.4 (95.1-97.6)
	2003	96.9 (93.3-100)	94.7 (91.3-98.2)	95.4 (92.6-98.3)	97.0 (95.2-98.8)	94.0 (90.0-98.0)	95.6 (94.2-97.0)
	2004	95.3 (90.0-100)	95.7 (92.4-99.0)	96.6 (94.4-98.8)	94.2 (90.2-98.3)	92.1 (87.2-97.1)	94.9 (93.1-96.8)
	2005	98.2 (96.2-100)	92.5 (88.4-96.7)	93.5 (89.4-97.6)	91.6 (86.2-96.9)	91.7 (86.1-97.2)	93.5 (91.6-95.4)
NY	2006	95.7 (91.5-99.9)	96.3 (93.1-99.5)	91.8 (87.4-96.2)	91.8 (86.5-97.0)	94.6 (90.8-98.4)	94.1 (92.2-95.9)
7	2007	94.7 (90.6-98.8)	84.2 (75.0-93.5)	87.8 (81.4-94.2)	96.3 (93.2-99.4)	93.3 (88.3-98.2)	91.0 (88.2-93.8)

Note:

Estimates are based on the following numbers of respondents for NSW: 2002 (1,173), 2003 (1,252), 2004 (811), 2005 (933), 2006 (642), 2007 (567). The indicator includes those who ate cereals (including breads, rice, pasta and noodles) once per day or more or ate breakfast cereals 2 times per week or more or ate pasta, noodles and other cooked cereals once per day or more. The questions used to define the indicator were: How often do you usually eat bread?, How often do you eat breakfast cereal?, and How often do you eat pasta, rice, noodles or other cooked cereals?

Source:

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

#### Eating breads and cereals once a day or more by region, persons aged 16 to 24 years, NSW, 2002-2007



# Eating processed meat products less than 3 times a week by socioeconomic disadvantage,



persons aged 16 to 24 years, NSW, 1997-2007

Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.



# Eating processed meat products less than 3 times a week by region, persons aged 16 to 24 years, NSW, 1997-2007

#### Adequate physical activity by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1998-2007



# Adequate physical activity by region, persons aged 16 to 24 years, NSW, 1998-2007



Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

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# Current smoking by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007



#### Current smoking by region, persons aged 16 to 24 years, NSW, 1997-2007





Smoke-free households by socioeconomic disadvantage	,
persons aged 16 to 24 years, NSW, 1997-2007	

Sex	Year	1st Quintile % (95% CI)	2nd Quintile % (95% CI)	3rd Quintile % (95% Cl)	4th Quintile % (95% CI)	5th Quintile % (95% CI)	NSW % (95% CI)
Persons	1997	69.2 (62.4-76.0)	62.0 (55.8-68.2)	63.2 (57.6-68.7)	61.6 (55.9-67.3)	56.2 (50.3-62.0)	62.3 (59.5-65.0)
	1998	79.0 (72.9-85.1)	71.0 (64.8-77.1)	71.9 (66.3-77.4)	65.5 (59.8-71.2)	59.6 (53.3-66.0)	68.9 (66.2-71.6)
	2002	87.8 (81.4-94.1)	77.0 (68.4-85.7)	77.2 (69.9-84.6)	75.1 (69.2-81.1)	60.8 (53.4-68.3)	74.6 (71.3-77.9)
	2003	82.2 (74.5-89.9)	80.5 (74.0-87.1)	85.5 (80.7-90.2)	78.9 (73.5-84.2)	77.0 (70.5-83.4)	80.7 (78.0-83.4)
	2004	88.7 (80.8-96.5)	84.6 (78.2-90.9)	73.1 (64.4-81.7)	79.9 (72.8-87.0)	71.7 (62.5-80.8)	79.7 (76.1-83.3)
	2005	88.1 (82.6-93.7)	79.9 (72.9-86.8)	82.8 (76.3-89.4)	77.4 (69.9-84.9)	67.0 (58.3-75.7)	79.5 (76.4-82.7)
	2006	98.1 (95.6-100)	74.5 (65.4-83.5)	81.9 (74.6-89.2)	79.8 (71.5-88.2)	79.2 (71.4-86.9)	82.5 (79.2-85.9)
	2007	86.8 (78.4-95.1)	87.3 (79.9-94.6)	85.1 (78.1-92.1)	83.2 (75.1-91.4)	72.4 (62.8-81.9)	83.1 (79.5-86.8)

Estimates are based on the following numbers of respondents for NSW: 1997 (1,867), 1998 (1,745), 2002 (1,174), 2003 (1,253), 2004 ( 815), 2005 ( 922), 2006 ( Note: JIC .cator i .ne situatio .s Population Healti best describes your home situation: My home is smoke-free, People occasionally smoke in the house, or People frequently smoke in the house?

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health. Source:

### Smoke-free households by region, persons aged 16 to 24 years, NSW, 1997-2007




#### Smoke-free cars by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 2003-2007

Note: Estimates are based on the following numbers of respondents for NSW: 2003 (1,086), 2004 (723), 2005 (847), 2006 (581), 2007 (540). The indicator includes reith Survey 21 Reads of the other o those who indicated their car was smoke-free. The question used to define the indicator was: Are people allowed to smoke in your car?

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health. Source:

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Smoke-free cars by region, persons aged 16 to 24 years, NSW, 2003-2007



### Self-rated health

Between 1997 and 2007, there has been a significant decrease in the proportion of persons aged 16-24 years who rated their health positively as excellent, very good or good (91.6 per cent to 86.4 per cent). The decrease was significant among females (91.6 per cent to 83.6 per cent), among persons in the third quintile of disadvantage (92.6 per cent to 81.9 per cent), and among persons in the urban (91.7 per cent to 86.9 per cent) and rural (91.5 per cent to 85.3 per cent) health areas.

### Asthma

Between 1997 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who had ever been told by a doctor or hospital they had asthma.

Between 1997 and 2007, there has been a significant decrease in the proportion of persons aged 16-24 years who have current asthma (15.9 per cent to 11.5 per cent). The decrease was significant among females (19.5 per cent to 12.4 per cent), among persons in the third quintile of disadvantage (17.2 per cent to 9.6 per cent), and among persons in the urban health areas (15.7 per cent to 10.5 per cent).

### Cardiovascular disease precursors

Between 1997 and 2005, there has been a significant increase in the proportion of persons aged 16-24 years who had their blood pressure measured in the last 2 years (71.3 per cent to 78.4 per cent). The increase was significant among males (63.4 per cent to 74.3 per cent), among persons in the third quintile of disadvantage (68.4 per cent to 82.2 per cent), and among persons in the rural health areas (68.2 per cent to 81.2 per cent).

Between 1997 and 2005, there has been a significant increase in the proportion of persons aged 16-24 years who had ever been told by a doctor or hospital they had high blood pressure (1.6 per cent to 6.9 per cent). The increase was significant among males (2.0 per cent to 5.1 per cent) and females (1.2 per cent to 8.7 per cent), among persons the second quintile (2.4 per cent to 8.3 per cent) and fifth or most disadvantaged quintile (1.1 per cent to 10.0 per cent), and among persons in the urban and rural health areas.

Between 1997 and 2005, there has been a significant increase in the proportion of persons aged 16-24 years who had their cholesterol measured in the last 2 years (18.7 per cent to 23.0 per cent). The increase was significant among persons in the fifth or most disadvantaged quintile (16.9 per cent to 32.4 per cent).

Between 1997 and 2005, there has been no significant variation in the proportion of persons aged 16-24 years who had ever been told by a doctor or hospital they had high cholesterol. However, there has been a significant decrease among persons in the second quintile of disadvantage (11.5 per cent to 1.5 per cent) and the fifth or most disadvantaged quintile (10.2 per cent to 2.4 per cent).

### Diabetes or high blood glucose

Between 1997 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who had ever been told by a doctor or hospital they had diabetes or high blood glucose.

### Mental health

Between 1997 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years with high or very high psychological distress according to the K10 measure.

### Oral health

Between 2002 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who visited a dental professional in the last 12 months. However, there was a significant decrease among males (56.5 per cent to 43.9 per cent), among persons in the fourth quintile of disadvantage (58.9 per cent to 45.3 per cent), and among persons in the rural health areas (60.5 per cent to 48.4 per cent).

### **Overweight or obese**

Between 1997 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who were either overweight or obese, with a BMI of 25 or above calculated from self-reported height and weight. However, there was a significant increase among persons in the fifth or most disadvantaged quintile (25.4 per cent to 37.9 per cent), and among persons in the rural health areas (25.0 per cent to 35.6 per cent).

Between 1997 and 2007, there has been a significant increase in the proportion of persons aged 16-24 years who were obese, with a BMI of 30 or above calculated from self-reported height and weight (4.0 per cent to 8.7 per cent). The increase was significant among females (2.7 per cent to 9.9 per cent), among persons in the fifth or most disadvantaged quintile (6.3 per cent to 14.3 per cent), and among persons in the urban (3.2 per cent to 7.4 per cent) and rural (6.1 per cent to 11.8 per cent) health areas.

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### Excellent, very good, or good self-rated health status by socioeconomic disadvantage.



persons aged 16 to 24 years, NSW, 1997-2007

2007 87.0 (79.0-95.0) 88.0 (80.6-95.3) 76.5 (68.1-84.8) 84.2 (75.6-92.8) 85.2 (76.7-93.8) 83.6 (79.8-87.3) 1997 92.7 (88.9-96.4) 90.9 (87.5-94.4) 92.6 (89.6-95.6) 91.5 (88.1-94.9) 90.6 (87.3-93.9) 91.6 (90.1-93.2 1998 91.9 (87.5-96.4) 93.6 (90.7-96.5) 93.3 (90.1-96.4) 90.7 (87.3-94.2) 93.5 (90.8-96.1) 92.5 (90.9-94.0) 2002 82.2 (73.2-91.2) 86.2 (80.0-92.4) 81.6 (73.6-89.6) 87.0 (82.2-91.7) 85.1 (79.7-90.6) 84.6 (81.6-87.5) 2003 84.9 (78.2-91.6) 81.0 (74.6-87.3) 85.4 (80.6-90.2) 85.7 (80.9-90.4) 83.8 (78.0-89.6) 84.2 (81.7-86.7 2004 82.2 (73.2-91.2) 84.0 (77.5-90.5) 85.1 (78.7-91.5) 83.4 (76.6-90.2) 86.7 (79.6-93.7) 84.3 (81.0-87.6) 2005 82.8 (76.1-89.4) 87.5 (82.4-92.7) 84.6 (78.0-91.3) 86.5 (80.3-92.7) 82.4 (76.1-88.7) 84.6 (81.8-87.3) 2006 86.4 (79.2-93.5) 84.2 (77.1-91.3) 87.8 (82.0-93.6) 82.5 (74.0-91.0) 78.8 (70.8-86.9) 83.9 (80.6-87.2) 2007 88.8 (83.1-94.4) 88.5 (83.1-93.9) 81.9 (76.1-87.8) 87.3 (81.9-92.7) 86.9 (81.2-92.7) 86.4 (83.9-89.0

Note:

Estimates are based on the following numbers of respondents for NSW: 1997 (1,867), 1998 (1,745), 2002 (1,176), 2003 (1,254), 2004 (814), 2005 (937), 2006 ( 644), 2007 (893). The indicator includes those responding excellent, very good, or good to a global self-rated health status question. The question used to define the indicator was: Overall, how would you rate your health during the last 4 weeks? Was it excellent, very good, good, fair, poor, or very poor? The question used to define the indicator in 1997 and 1998 was: In general would you say your health is excellent, very good, good, fair, or poor?

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health. Source:



New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

Source:

# Excellent, very good, or good self-rated health status by region, persons aged 16 to 24 years, NSW, 1997-2007

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#### Ever diagnosed with asthma by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007



# Ever diagnosed with asthma by region, persons aged 16 to 24 years, NSW, 1997-2007



## Current asthma by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007



Current asthma by region, persons aged 16 to 24 years, NSW, 1997-2007



# Blood pressure measured within the last 2 years by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2005



#### Blood pressure measured within the last 2 years by region, persons aged 16 to 24 years, NSW, 1997-2005



#### High blood pressure by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2005



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High blood pressure by region, persons aged 16 to 24 years, NSW, 1997-2005







	2005 19.2 (11.9-26.5) 24.1 (16.8-31.5) 22.4 (13.8-31.1) 14.7 (7.8-21.7) 32.4 (23.1-41.8) 23.0 (19.5-26.6)
ote:	Estimates are based on the following numbers of respondents for NSW: 1997 (1,811), 1998 (1,640), 2002 (1,062), 2005 (812). The indicator includes those who had their cholesterol measured within the last 2 years. The question used to define the indicator was: When did you last have your cholesterol measured?
ource:	New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.
	G <sup>N</sup>
	SO
	Pleio.

 1998
 24.3 (14.7-33.9)
 13.6 (7.5-19.7)
 19.9 (12.3-27.5)
 17.6 (10.7-24.6)
 20.6 (12.9-28.2)
 19.0 (15.5-22.4)

 2002
 11.8 (0.9-22.8)
 20.1 (10.6-29.6)
 21.1 (12.9-29.3)
 10.8 (5.0-16.7)
 22.3 (13.7-31.0)
 17.6 (13.8-21.5)

 2005
 20.4 (10.3-30.5)
 19.0 (10.5-27.6)
 30.5 (16.6-44.4)
 14.9 (6.9-22.9)
 36.6 (23.7-49.6)
 24.0 (19.1-28.8)

 Persons
 1997
 23.3 (16.8-29.7)
 18.4 (13.3-23.5)
 20.7 (15.9-25.6)
 13.8 (8.9-18.7)
 16.9 (12.7-21.2)
 18.7 (16.4-21.0)

 1998
 23.6 (17.1-30.0)
 11.0 (6.8-15.2)
 19.1 (13.8-24.4)
 17.1 (12.1-22.1)
 23.3 (17.6-29.1)
 19.0 (16.5-21.4)

 2002
 12.5 (4.9.20.1)
 19.7 (12.1-27.3)
 17.4 (10.7-24.0)
 12.4 (7.4-17.3)
 19.5 (13.3-25.6)
 16.3 (13.4-19.2)

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# Cholesterol measured within last 2 years by region, persons aged 16 to 24 years, NSW, 1997-2005



# High cholesterol by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2005



Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

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Please

High cholesterol by region, persons aged 16 to 24 years, NSW, 1997-2005



Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

Please

#### Diabetes or high blood glucose by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007



Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

# Diabetes or high blood glucose by region, persons aged 16 to 24 years, NSW, 1997-2007







Source:

: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

# High and very high psychological distress by region, persons aged 16 to 24 years, NSW, 1997-2007



# Visited a dental professional in the last 12 months by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 2002-2007



Estimates are based on the following numbers of respondents for NSW: 2002 (1,130), 2003 (1,236), 2004 (805), 2005 (922), 2006 (638), 2007 (562). The indicator includes those who have attended a dental professional in the last 12 months. The question used to define the indicator was: When did you last visit a dental professional about your teeth, dentures or gums?

Source:

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

#### Visited a dental professional in the last 12 months by region, persons aged 16 to 24 years, NSW, 2002-2007



Source: New South V

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

#### Overweight and obesity by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007



# Overweight and obesity by region, persons aged 16 to 24 years, NSW, 1997-2007



# Obesity by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007



Obesity by region, persons aged 16 to 24 years, NSW, 1997-2007



### Health service use and access

Between 1997 and 2007, there has been a significant increase in the proportion of persons aged 16-24 years with private health insurance (35.1 per cent to 45.6 per cent). The significant increase was among males (35.3 per cent to 45.6 per cent) and females (34.9 per cent to 45.7 per cent), among persons in all except the fifth or most disadvantaged quintile, and among persons in the urban health areas (35.8 per cent to 47.6 per cent).

Between 1997 and 2007, there has been a significant increase in the proportion of persons aged 16-24 years who had difficulties getting health care when needing it (5.7 per cent to 9.9 per cent). The significant increase was among males (5.1 per cent to 9.1 per cent) and females (6.4 per cent to 10.6 per cent), among persons the third quintile of disadvantage (5.9 per cent to 13.6 per cent), and among persons in the rural health areas (8.2 per cent to 17.9 per cent).

### **Emergency department presentations**

Between 1997 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who presented to an emergency department on 1 or more occasions in the last 12 months.

### **Hospital admissions**

Between 1997 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who were admitted to hospital on 1 or more occasions in the last 12 months. However, there has been a significant increase among persons in the third quintile of disadvantage (10.1 per cent to 18.9 per cent) and among persons in the rural health areas (11.3 per cent to 19.4 per cent).

### **General practitioner visits**

Between 1997 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who visited a general practitioner in the last 2 weeks. However, there has been a significant decrease among males (20.5 per cent to 11.2 per cent), and among persons in the second quintile of disadvantage (25.1 per cent to 12.6 per cent).

Between 1997 and 2007, there has been a significant decrease in the proportion of persons aged 16-24 years who visited a general practitioner in the last 12 months (88.3 per cent to 71.3 per cent). The significant decrease was among males (84.8 per cent to 65.0 per cent) and females (91.9 per cent to 77.6 per cent), among persons in all quintiles of disadvantage, and among persons in the urban (88.8 per cent to 70.9 per cent) and rural (86.9 per cent to 72.3 per cent) health areas.

### **Public dental services**

Between 2002 and 2007, there has been a significant increase in the proportion of persons aged 16-24 years who attended a public dental service in the last 12 months (8.8 per cent to 12.7 per cent). The significant increase was among males (6.8 per cent to 13.5 per cent), among persons the fifth or most disadvantaged quintile (5.2 per cent to 16.1 per cent), and among persons in the rural health areas (9.6 per cent to 16.1 per cent).

### **Community health centres**

Between 2002 and 2007, there has been a significant increase in the proportion of persons aged 16-24 years who attended a community health centre in the last 12 months (8.9 per cent to 13.0 per cent). The significant increase was among persons in the third quintile (6.9 per cent to 16.1 per cent) and fifth or most disadvantaged quintile (5.7 per cent to 16.4 per cent), and among persons in the rural health areas (10.5 per cent 16.6 per cent).

#### Private health insurance by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007



Estimates are based on the following numbers of respondents for NSW: 1997 (1,815), 1998 (1,685), 2002 (1,116), 2003 (1,185), 2004 (762), 2005 (866), 2006 (611), 2007 (951). The indicator includes those who have private health insurance. The question used to define the indicator was: Apart from medicare, are you covered by private health insurance?

Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

# Private health insurance by region, persons aged 16 to 24 years, NSW, 1997-2007



Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.





Source:

: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

#### Difficulties getting health care when needing it by region, persons aged 16 to 24 years, NSW, 1997-2007



# Emergency department presentation in the last 12 months by socioeconomic disadvantage,



persons aged 16 to 24 years, NSW, 1997-2007

Note:

Estimates are based on the following numbers of respondents for NSW: 1997 (1,867), 1998 (1,744), 2002 (1,173), 2003 (1,251), 2004 (813), 2005 (934), 2006 ( 641), 2007 (798). The indicator includes those who attended an emergency department in the last 12 months. The question used to define the indicator was: In the last 12 months, have you attended a hospital emergency department or casualty for your own medical care?

Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.



#### Emergency department presentation in the last 12 months by region, persons aged 16 to 24 years, NSW, 1997-2007

Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.



6.4 (0.0-13.0)

2004 12.4 (0.0-25.2) 8.7 (1.6-15.9) 14.4 (4.8-24.1) 10.6 (4.7-16.6) 7.9 (2.1-13.7)

2006 2.9 (0.0-5.8) 5.2 (0.8-9.6) 9.1 (4.5-13.8) 6.5 (2.8-10.1) 9.0 (4.2-13.8)

9.8 (3.6-16.0)

1998 7.6 (2.2-13.0) 11.4 (4.9-18.0) 11.8 (7.1-16.4) 11.9 (7.2-16.6) 10.6 (6.0-15.2) 11.0 (8.6-13.4) 2002 4.0 (0.0-10.4) 11.5 (3.7-19.3) 18.1 (10.5-25.8) 18.9 (11.0-26.7) 18.9 (11.9-25.8) 15.3 (11.9-18.8)

2005 1.7 (0.0-4.2) 11.4 (4.7-18.1) 13.9 (5.4-22.5) 11.8 (4.7-18.8) 11.9 (5.1-18.6) 10.4 (7.5-13.4)

2007 9.3 (1.4-17.2) 8.9 (2.2-15.6) 16.9 (9.3-24.5) 28.8 (17.1-40.4) 18.0 (9.3-26.7) 15.8 (12.0-19.6) 1997 7.4 (3.7-11.0) 11.1 (7.1-15.1) 10.1 (6.7-13.5) 15.7 (11.5-20.0) 10.2 (6.6-13.8) 10.7 (9.0-12.4)

8.9 (1.4-16.4)

2.1 (0.0-5.1)

3.0 (0.0-6.0)

7.2 (2.9-11.5)

9.2 (6.2-12.2)

9.7 (4.8-14.6)

10.4 (5.2-15.5)

6.8 (0.0-13.9)

6.0 (0.7-11.4)

9.6 (2.1-17.1)

12.4 (6.8-18.1)

9.4 (2.2-16.7)

9.8 (6.3-13.2)

14.4 (9.5-19.4)

6.8 (3.0-10.6)

7.8 (3.3-12.3)

9.4 (4.6-14.3)

11.9 (4.8-19.1) 12.2 (4.3-20.1)

6.8 (3.8-9.7)

5.5 (2.9-8.2)

11.1 (7.3-15.0)

12.2 (9.6-14.7)

7.6 (5.1-10.1)

10.6 (6.8-14.4)

8.3 (5.5-11.1)

8.8 (7.2-10.4)

12.1 (9.8-14.4)

7.4 (5.6-9.1)

11.2 (8.1-14.3)

8.6 (6.5-10.7)

6.8 (4.9-8.8)

#### Hospital admission in the last 12 months by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007

Note

Estimates are based on the following numbers of respondents for NSW: 1997 (1,866), 1998 (1,745), 2002 (1,173), 2003 (1,251), 2004 (813), 2005 (934), 2006 ( 641), 2007 (798). The indicator includes those admitted to hospital in the last 12 months. The question used to define the indicator was: In the last 12 months, have you stayed for at least one night in hospital?

2007 9.8 (4.2-15.4) 7.8 (2.9-12.8) 18.9 (12.5-25.3) 15.6 (9.1-22.2) 14.1 (8.2-20.0) 13.6 (10.9-16.3)

Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

2005 8.8 (1.5-16.0) 5.8 (0.0-11.8)

3.8 (0.0-8.3) 3.6 (0.0-7.7)

2003

2006

2005

ersons

2006 1.9 (0.0-5.7) 6.8 (0.0-14.5) 8.5 (1.6-15.3)

2007 10.2 (2.3-18.2) 6.4 (0.0-13.6) 21.5 (10.6-32.3)

emales 1997 9.0 (3.4-14.5) 9.9 (4.4-15.4) 13.4 (8.1-18.6) 17.2 (11.4-23.0)

0.5 (0.0-1.5) 12.1 (4.7-19.6) 7.0 (3.1-11.0)

1998 6.4 (2.6-10.1) 9.3 (5.0-13.6) 8.8 (5.7-11.9)

2004 18.6 (8.0-29.2) 9.7 (4.5-14.9) 9.6 (4.6-14.7)

5.3 (1.4-9.3) 8.7 (4.1-13.2) 10.1 (4.7-15.4)

2002 8.6 (2.5-14.7) 10.5 (5.1-15.8) 12.4 (7.6-17.2) 12.8 (7.9-17.7)

2003 2.8 (0.0-5.6) 10.9 (5.4-16.3) 8.4 (4.8-12.1) 7.0 (4.0-10.0)
#### Hospital admission in the last 12 months by region, persons aged 16 to 24 years, NSW, 1997-2007



Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.





Sex	Year	1st Quintile % (95% CI)	2nd Quintile % (95% CI)	3rd Quintile % (95% CI)	4th Quintile % (95% CI)	5th Quintile % (95% CI)	NSW % (95% CI)
Males	1997	22.6 (13.5-31.7)	21.5 (13.8-29.1)	20.9 (14.0-27.8)	17.0 (9.8-24.1)	20.2 (13.2-27.2)	20.5 (17.1-24.0)
	1998	12.7 (4.6-20.7)	14.7 (6.0-23.4)	22.3 (13.5-31.2)	25.6 (16.3-34.9)	22.5 (13.7-31.3)	19.6 (15.7-23.6)
	2007	8.3 (1.0-15.6)	8.2 (0.1-16.4)	16.0 (4.4-27.6)	9.1 (0.0-18.6)	12.7 (4.1-21.4)	11.2 (7.1-15.4)
Females	1997	23.9 (14.2-33.7)	28.7 (19.0-38.3)	24.4 (17.5-31.4)	23.4 (16.8-30.0)	28.3 (19.8-36.9)	25.8 (22.0-29.7)
	1998	21.5 (11.5-31.6)	24.9 (16.6-33.3)	19.8 (13.1-26.5)	31.2 (22.3-40.1)	21.5 (13.5-29.5)	23.8 (20.0-27.7)
	2007	29.0 (17.0-41.0)	15.9 (6.3-25.5)	30.3 (20.5-40.2)	32.9 (19.7-46.2)	23.9 (13.2-34.7)	26.2 (21.3-31.1)
Persons	1997	23.3 (16.6-30.1)	25.1 (18.8-31.3)	22.7 (17.8-27.6)	20.4 (15.6-25.2)	24.1 (18.6-29.6)	23.3 (20.7-25.8)
	1998	17.4 (10.8-24.0)	20.5 (14.4-26.6)	21.1 (15.5-26.7)	28.5 (22.1-35.0)	22.0 (16.1-28.0)	21.8 (19.1-24.6)
	2007	18.6 (11.3-26.0)	12.6 (6.1-19.2)	24.7 (17.0-32.3)	20.8 (12.2-29.5)	18.9 (11.7-26.2)	19.4 (16.0-22.8)

Estimates are based on the following numbers of respondents for NSW: 1997 (1,637), 1998 (1,373), 2007 (709). The indicator includes those that have seen a general practitioner in the last 2 weeks. The questions used were: In the last 12 months did you see a general practitioner? and When did you last see a general Note:

Source:

practitioner? Please New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

### Visited a general practitioner in the last 2 weeks by region, persons aged 16 to 24 years, NSW, 1997-2007



#### Visited a general practitioner in the last 12 months by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 1997-2007



1998 82.9 (77 5-88.3) 81.5 (76.3-86.8) 76.2 (70.4-81.9) 75.6 (70.3-80.9) 79.6 (74.4-84.8) 79.2 (76.8-81.6) 2007 78.1 (70.8-85.4) 67.7 (59.8-75.6) 71.5 (65.0-78.0) 70.2 (61.9-78.5) 71.7 (65.0-78.4) 71.3 (68.1-74.6)

Estimates are based on the following numbers of respondents for NSW: 1997 (1,865), 1998 (1,737), 2007 (1,020). Note:

Please

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health. Source:

### Visited a general practitioner in the last 12 months by region, persons aged 16 to 24 years, NSW, 1997-2007



# Public dental service attendance in the last 12 months by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 2002-2007



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### Public dental service attendance in the last 12 months by region, persons aged 16 to 24 years, NSW, 2002-2007



Source:

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

# Community health centre attendance in the last 12 months by socioeconomic disadvantage,







Source:

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

### Participation in the local community

Between 2002 and 2006, there has been no significant variation in the proportion of persons aged 16-24 years who attended a community event at least once in the last 6 months.

Between 2002 and 2006, there has been no significant variation in the proportion of persons aged 16-24 years who helped out a local group or organisation at least once in the last 3 months.

Between 2002 and 2006, there has been no significant variation in the proportion of persons aged 16-24 years who were active members of a local organisation or church or club.

### **Trust and safety**

P16356

Between 2002 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who felt most people can be trusted. However, there has been a significant increase among females (54.9 per cent to 63.0 per cent).

Between 2002 and 2007, there has been a significant decrease in the proportion of persons aged 16-24 years who felt safe walking down their street after dark (74.9 per cent to 67.6 per cent). The significant decrease was among males (85.1 per cent to 75.9 per cent), among persons in the second quintile (81.0 per cent to 61.3 per cent) and fourth quintile (79.0 per cent to 64.5 per cent) of disadvantage, and among persons in the urban health areas (73.6 per cent to 65.1 per cent).

Between 2002 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who said their area had a reputation for being safe. However, there has been a significant decrease among males (74.7 per cent to 65.9 per cent), and among persons in the urban health areas (69.7 per cent to 61.4 per cent).

### **Reciprocity and neighbourhood connectedness**

Between 2002 and 2007, there has been a significant decrease in the proportion of persons aged 16-24 years who visited neighbours in the last week (70.5 per cent to 63.6 per cent).

Between 2002 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who ran into friends and acquaintances while shopping locally.

Between 2002 and 2007, there has been no significant variation in the proportion of persons aged 16-24 years who would feel sad if they had to leave their neighbourhood. However, there was a significant decrease among persons in the second quintile of disadvantage (77.5 per cent to 64.1 per cent), and a significant increase among persons in the fourth quintile of disadvantage (60.1 per cent to 73.6 per cent).

# Attended a community event at least once in the last 6 months by socioeconomic disadvantage,



persons aged 16 to 24 years, NSW, 2002-2006



# Attended a community event at least once in the last 6 months by region, persons aged 16 to 24 years, NSW, 2002-2006

Note: Estimates are based on the following numbers of respondents for NSW: 2002 (1,175), 2003 (1,252), 2005 (935), 2006 (644). The indicator includes those who have attended at least one community event in the last 6 months. The question used was: In the last 6 months, how often have you attended a local community event such as a church or school fete, school concert, or a street fair?

Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

Please

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# Helped out any local group or organisation at least once in the last 3 months by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 2002-2006



# Helped out any local group or organisation at least once in the last 3 months by region,

![](_page_85_Figure_1.jpeg)

persons aged 16 to 24 years, NSW, 2002-2006

### Active member of a local organisation, church or club by socioeconomic disadvantage,

![](_page_86_Figure_1.jpeg)

persons aged 16 to 24 years, NSW, 2002-2006

### Active member of a local organisation, church or club by region, persons aged 16 to 24 years, NSW, 2002-2006

![](_page_87_Figure_1.jpeg)

New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

Source:

Please

#### Most people can be trusted by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 2002-2007

![](_page_88_Figure_1.jpeg)

#### Most people can be trusted by region, persons aged 16 to 24 years, NSW, 2002-2007

![](_page_89_Figure_1.jpeg)

![](_page_90_Figure_0.jpeg)

# Feel safe walking down their street after dark by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 2002-2007

#### Feel safe walking down their street after dark by region, persons aged 16 to 24 years, NSW, 2002-2007

![](_page_91_Figure_1.jpeg)

![](_page_92_Figure_0.jpeg)

# Area has a reputation for being a safe place by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 2002-2007

#### Area has a reputation for being a safe place by region, persons aged 16 to 24 years, NSW, 2002-2007

![](_page_93_Figure_1.jpeg)

### Visit neighbours by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 2002-2007

![](_page_94_Figure_1.jpeg)

Visit neighbours by region, persons aged 16 to 24 years, NSW, 2002-2007

![](_page_95_Figure_1.jpeg)

# Run into friends and acquaintances when shopping in local area by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 2002-2007

![](_page_96_Figure_1.jpeg)

![](_page_97_Figure_0.jpeg)

# Run into friends and acquaintances when shopping in local area by region, persons aged 16 to 24 years, NSW, 2002-2007

Source: New South Wales Population Health Survey 2007 (HOIST). Centre for Epidemiology and Research, NSW Department of Health.

#### Sad to leave neighbourhood by socioeconomic disadvantage, persons aged 16 to 24 years, NSW, 2002-2007

![](_page_98_Figure_1.jpeg)

# Sad to leave neighbourhood by region, persons aged 16 to 24 years, NSW, 2002-2007

![](_page_99_Figure_1.jpeg)

## Conclusion

The New South Wales Population Health Survey began as a continuous survey in 2002, following adult health surveys in 1997 and 1998, and an older people's survey in 1999. Most indicators are collected and reported annually but some are collected and reported biennially and triennially. Data are collected on demographics, health behaviours, health status, use of and satisfaction with health services, and social capital. Some of these indicators are highlighted below for people aged 16-24 years.

### Trends in health behaviours

Health behaviours influence health and wellbeing. There have been significant changes in some indicators of health behaviour, while other indicators have not changed significantly.

There have been increases in smoke alarms in the home, adequate fruit consumption, smoke-free households, and smoke-free cars.

There have been decreases in risk alcohol drinking, high risk alcohol drinking, consumption of cereals or breads or pasta or rice or noodles, and current smoking.

There have been no changes in adequate vegetable consumption, consumption of lower fat milks, consumption of potato crisps or salty snacks, consumption of processed meat products, and adequate physical activity.

### Trends in health status

Monitoring the health status of a population helps detect emerging patterns of illness and disease and provides information to inform health policy and planning of health services. There have been significant changes in some indicators of health status, while other indicators have not changed significantly.

There have been increases in blood pressure measured in the last 2 years, high blood pressure, cholesterol measured in the last 2 years, and obesity (a BMI of 30 or over calculated from self-reported height and weight).

There have been decreases in self-rated health and current asthma.

There have been no changes in ever had asthma, high cholesterol, diabetes or high blood glucose, psychological distress, visits to a dental professional in the last 12 months, and overweight and obese (a BMI of 25 or over calculated from self-reported height and weight).

## Trends in health services

Information about the use of health services assists in formulating health policy and health service planning. There have been significant changes in some health service indicators, while other indicators have not changed significantly.

There have been increases in private health insurance, difficulties getting health care, use of public dental services, and use of community health centres.

There have been decreases in visits to a general practitioner in the last 12 months.

There have been no changes in emergency department presentations, hospital admissions, and visits to a general practitioner in the last 2 weeks.

### Trends in social capital

Social capital is created from the everyday interactions between people. It is called capital because it can be measured and quantified in a way that can distribute its benefits and avoid its losses. There have been significant changes in some indicators of social capital, while other indicators have not changed significantly.

There have been decreases in people feeling safe walking down their street after dark and visiting neighbours in the last week.

There have been no changes in people attending a community event in the last 6 months, helping out at a local group or organisation in the last 3 months, who were active members of a local organisation or church or club, who felt most people can be trusted, who felt their area has a reputation for being safe, who ran into friends and acquaintances while shopping locally, and who would feel sad if they had to leave their neighbourhood.

## The future

The collection and reporting plan for the New South Wales Population Health Survey to 2012 can be found at please of the states are not be the states of the states are not be the states are not b www.health.nsw.gov.au/public-health/survey/hsurvey.html. The continued monitoring of indicators via the Survey will provide information to assist health professionals, health service planners and those involved in development of health policy for persons aged 16-24 years.

# Trends in health behaviours

	Perso	ons aged 16 to 24	years	years Persons aged 16 years and over			
Indicator	Year	Males	Females	Persons	Males	Females	Persons
Risk alcohol drinking	1997	54.2 (50.2-58.2)	48.0 (43.9-52.0)	51.1 (48.3-54.0)	50.6 (49.1-52.0)	34.3 (33.1-35.6)	42.3 (41.3-43.3)
	1998	56.1 (51.7-60.5)	53.5 (49.3-57.8)	54.8 (51.8-57.9)	50.4 (48.8-52.0)	36.3 (35.0-37.6)	43.2 (42.2-44.2)
	2002	46.7 (41.2-52.2)	46.8 (41.6-52.0)	46.8 (43.0-50.5)	39.3 (37.3-41.2)	30.2 (28.6-31.8)	34.7 (33.4-35.9)
	2003	18 9 (13 9-54 0)	13 9 (39 2-48 6)	46.0 (42.6-49.5)	41 5 (39 5-43 4)	30.2 (28.8-31.7)	35.6 (34.4-36.8)
	2000	53 0 (46 2 50 8)	45.4 (39.5-51.4)	40.3 (44 7-53 8)	40.5 (38.1-42.8)	30.3 (28.5-32.1)	25.2 (22.8-26.8)
	2004	47 5 (44 9 52 2)	45.4 (59.5-51.4)	49.3 (44.7-33.6)	40.3 (30.1-42.0)	27.2 (25.0.20.7)	22.4 (20.0.22.2)
	2005	47.3 (41.6-55.2)	38.0 (33.0-43.0)	42.7 (30.0-40.3)	37.2 (33.3-39.2)	27.3 (23.6-26.7)	32.1 (30.9-33.3)
	2006	42.7 (36.1-49.2)	39.6 (33.5-45.7)	41.2 (36.7-45.7)	37.3 (35.0-39.6)	28.4 (26.7-30.2)	32.8 (31.4-34.2)
	2007	49.1 (41.5-56.7)	41.8 (35.6-48.0)	45.3 (40.4-50.1)	37.2 (34.7-39.7)	27.0 (25.2-28.8)	31.9 (30.3-33.4)
High risk alcohol drinking	2002	27.7 (22.3-33.0)	28.3 (22.8-33.9)	28.0 (24.1-31.8)	16.8 (15.1-18.5)	12.1 (10.7-13.6)	14.7 (13.5-15.8)
	2003	33.9 (28.7-39.1)	27.3 (22.6-32.1)	30.7 (27.1-34.2)	17.8 (16.1-19.5)	10.8 (9.6-12.0)	14.5 (13.5-15.6)
	2004	36.1 (28.5-43.7)	27.8 (21.4-34.2)	32.3 (27.2-37.4)	15.6 (13.7-17.5)	10.9 (9.3-12.4)	13.5 (12.2-14.7)
	2005	25.7 (20.7-30.7)	15.6 (12.0-19.3)	20.6 (17.5-23.7)	13.2 (11.7-14.7)	7.1 (6.2-8.0)	10.1 (9.2-10.9)
	2006	24.1 (18.3-29.8)	13.7 (9.3-18.0)	19.1 (15.4-22.7)	12.3 (10.7-13.9)	6.4 (5.4-7.5)	9.4 (8.4-10.3)
	2007	21.7 (15.4-28.1)	15.9 (11.4-20.4)	18.7 (14.8-22.5)	11.3 (9.6-13.0)	6.7 (5.6-7.7)	8.9 (7.9-9.9)
Homes with a smoke alarm or detector	1997	-	-	54 4 (51 6-57 3)	-	-	58 2 (57 3-59 2)
	1998	-	-	58.8 (55.8-61.8)	_	-	64.0 (63.0-65.0)
	2002	_	_	72 5 (60 2 75 0)	_	_	72.0 (71.0.74.1)
	2002	-	-	72.5 (09.2-75.9)	-	-	73.0 (71.9-74.1)
	2003	-	-	69.5 (66.3-72.7)	-	•	72.8 (71.7-73.9)
	2004	-	-	71.8 (67.7-75.9)			71.5 (70.1-72.9)
	2005	-	-	78.2 (74.9-81.5)	·		76.9 (75.8-78.0)
	2006	-	-	82.1 (78.5-85.7)	20		86.9 (85.8-87.9)
	2007	-	-	89.8 (86.7-92.9)		2	92.9 (92.0-93.7)
Recommended fruit consumption	1997	40.9 (37.0-44.8)	45.3 (41.3-49.4)	43.1 (40.3-45.9)	39.7 (38.3-41.1)	52.4 (51.1-53.7)	46.1 (45.2-47.1)
	1998	43.7 (39.4-48.0)	43.8 (39.6-47.9)	43.7 (40.7-46.7)	39.5 (38.0-41.0)	50.9 (49.5-52.2)	45.3 (44.3-46.3)
	2002	42.5 (36.9-48.0)	44.3 (39.1-49.4)	43.3 (39.6-47.1)	41.4 (39.4-43.3)	51.2 (49.5-52.9)	46.3 (45.0-47.6)
	2003	40.1 (35.0-45.1)	51.0 (46.2-55.8)	45.2 (41.7-48.6)	40.1 (38.2-42.0)	54.5 (53.0-56.1)	47.4 (46.2-48.6)
	2004	37.8 (31.2-44.4)	43.8 (37.9-49.7)	40.8 (36.3-45.2)	40.6 (38.3-43.0)	53.4 (51.5-55.4)	47.1 (45.6-48.6)
	2005	48 1 (42 5-53 7)	52 7 (47 5-58 0)	50 4 (46 6-54 3)	44.6 (42.6-46.5)	57 5 (55 9-59 1)	51 2 (49 9-52 4)
	2000	47.9 (41.2-54.6)	52.8 (46.6-59.0)	50.3 (45.7-54.9)	47.0 (44.7-49.3)	59.6 (57.7-61.5)	53 4 (51 9-54 9)
	2000	47.9 (41.2-54.0)	52.0 (40.0-39.0)	50.5 (45.7-54.9)	47.0 (44.7-49.3)	59.0 (57.7-01.3)	55.4 (51.9-54.9)
	2007	47.9 (40.6-55.3)	55.3 (49.0-61.6)	51.8 (46.9-56.6)	48.4 (45.8-50.9)	59.8 (57.9-61.8)	54.4 (52.8-56.0)
Recommended vegetable consumption	1997	6.3 (4.5-8.2)	7.4 (5.0-9.8)	6.9 (5.3-8.4)	8.0 (7.3-8.8)	9.7 (8.9-10.5)	8.9 (8.3-9.4)
	1998	6.0 (4.0-8.0)	6.8 (4.6-9.0)	6.4 (4.9-7.9)	7.1 (6.4-7.9)	8.6 (7.8-9.3)	7.9 (7.3-8.4)
	2002	3.8 (1.8-5.7)	3.9 (2.1-5.7)	3.8 (2.5-5.2)	5.8 (4.9-6.6)	9.1 (8.3-10.0)	7.5 (6.9-8.1)
	2003	7.6 (5.0-10.2)	8.0 (5.3-10.7)	7.8 (5.9-9.7)	8.1 (7.1-9.1)	11.4 (10.4-12.4)	9.8 (9.1-10.5)
	2004	4.2 (2.0-6.4)	9.2 (5.4-13.0)	6.6 (4.4-8.8)	6.0 (5.0-7.0)	10.3 (9.1-11.4)	8.2 (7.4-8.9)
	0005						
	2005	3.2 (1.0-5.3)	5.9 (3.4-8.3)	4.6 (2.9-6.2)	4.7 (3.9-5.4)	10.1 (9.2-10.9)	7.4 (6.8-8.0)
	2005	3.2 (1.0-5.3) 3.2 (1.1-5.2)	5.9 (3.4-8.3) 4.8 (2.2-7.3)	4.6 (2.9-6.2) 3.9 (2.3-5.6)	4.7 (3.9-5.4) 6.4 (5.3-7.5)	10.1 (9.2-10.9) 12.4 (11.3-13.6)	7.4 (6.8-8.0) 9.4 (8.7-10.2)
	2005 2006 2007	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1)	5.9 (3.4-8.3) 4.8 (2.2-7.3) 5.5 (2.6-8.5)	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5)
Usual use of lower fat milks	2005 2006 2007 1997	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3)	5.9 (3.4-8.3) 4.8 (2.2-7.3) 5.5 (2.6-8.5) 45.0 (41.0-49.1)	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4) 33.8 (31.2-36.5)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5)
Usual use of lower fat milks	2005 2006 2007 1997 1998	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9)	5.9 (3.4-8.3) 4.8 (2.2-7.3) 5.5 (2.6-8.5) 45.0 (41.0-49.1) 45.1 (40.8-49.4)	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4) 33.8 (31.2-36.5) 36.3 (33.3-39.2)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 52.3 (50.9-53.6)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.5-46.5)
Usual use of lower fat milks	2005 2006 2007 1997 1998 2002	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6)	5.9 (3.4-8.3) 4.8 (2.2-7.3) 5.5 (2.6-8.5) 45.0 (41.0-49.1) 45.1 (40.8-49.4) 39.8 (34.7-44.9)	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4) 33.8 (31.2-36.5) 36.3 (33.3-39.2) 30.4 (27.0-33.9)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 52.3 (50.9-53.6) 50.6 (48.9-52.3)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.5-46.5) 43.2 (41.9-44.4)
Usual use of lower fat milks	2005 2006 2007 1997 1998 2002 2003	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1)	5.9 (3.4-8.3) 4.8 (2.2-7.3) 5.5 (2.6-8.5) 45.0 (41.0-49.1) 45.1 (40.8-49.4) 39.8 (34.7-44.9)	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4) 33.8 (31.2-36.5) 36.3 (33.3-39.2) 30.4 (27.0-33.9) 31.0 (27.9-34.2)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 52.3 (50.9-53.6) 50.6 (48.9-52.3) 50.9 (49.3-52.4)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.5-46.5) 43.2 (41.9-44.4)
Usual use of lower fat milks	2005 2006 2007 1997 1998 2002 2003	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.0)	5.9 (3.4-8.3) 4.8 (2.2-7.3) 5.5 (2.6-8.5) 45.0 (41.0-49.1) 45.1 (40.8-49.4) 39.8 (34.7-44.9) 40.4 (35.7-45.2) 44.6 (38.6.50.6)	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4) 33.8 (31.2-36.5) 36.3 (33.3-39.2) 30.4 (27.0-33.9) 31.0 (27.9-34.2) 32.7 (20.4.37.0)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 28.8 (36.4.41.1)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 52.3 (50.9-53.6) 50.6 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3.55.1)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.5-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4)
Usual use of lower fat milks	2005 2006 2007 1997 1998 2002 2003 2004	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 23.4 (4.0-2.07)	5.9 (3.4-8.3) 4.8 (2.2-7.3) 5.5 (2.6-8.5) 45.0 (41.0-49.1) 45.1 (40.8-49.4) 39.8 (34.7-44.9) 40.4 (35.7-45.2) 44.6 (38.6-50.6)	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4) 33.8 (31.2-36.5) 36.3 (33.3-39.2) 30.4 (27.0-33.9) 31.0 (27.9-34.2) 33.7 (29.4-37.9)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 38.8 (36.4-41.1)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 52.3 (50.9-53.6) 50.6 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3-55.4) 53.2 (51.3-55.4)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 46.1 (44.6-47.6)
Usual use of lower fat milks	2005 2006 2007 1997 1998 2002 2003 2004 2005	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7)	5.9 (3.4-8.3) 4.8 (2.2-7.3) 5.5 (2.6-8.5) 45.0 (41.0-49.1) 45.1 (40.8-49.4) 39.8 (34.7-44.9) 40.4 (35.7-45.2) 44.6 (38.6-50.6) 40.3 (35.2-45.4)	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4) 33.8 (31.2-36.5) 36.3 (33.3-39.2) 30.4 (27.0-33.9) 31.0 (27.9-34.2) 33.7 (29.4-37.9) 32.6 (29.1-36.2)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 52.3 (50.9-53.6) 50.6 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3-55.1) 50.4 (48.8-52.0)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.5-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 46.1 (44.6-47.6) 44.0 (42.7-45.2)
Usual use of lower fat milks	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 45.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \end{array}$	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4) 33.8 (31.2-36.5) 36.3 (33.3-39.2) 30.4 (27.0-33.9) 31.0 (27.9-34.2) 33.7 (29.4-37.9) 32.6 (29.1-36.2) 32.3 (28.1-36.5)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 52.3 (50.9-53.6) 50.6 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3-55.1) 50.4 (48.8-52.0) 53.9 (52.0-55.8)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.5-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 46.1 (44.6-47.6) 44.0 (42.7-45.2) 47.3 (45.9-48.8)
Usual use of lower fat milks	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 45.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \end{array}$	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4) 33.8 (31.2-36.5) 36.3 (33.3-39.2) 30.4 (27.0-33.9) 31.0 (27.9-34.2) 33.7 (29.4-37.9) 32.6 (29.1-36.2) 32.3 (28.1-36.5) 33.5 (28.9-38.1)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 50.6 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3-55.1) 50.4 (48.8-52.0) 53.9 (52.0-55.8) 52.3 (50.3-54.3)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.5-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 46.1 (44.6-47.6) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2)
Usual use of lower fat milks	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005	3.2 (10-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 5.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \end{array}$	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4) 33.8 (31.2-36.5) 30.4 (27.0-33.9) 31.0 (27.9-34.2) 33.7 (29.4-37.9) 32.6 (29.1-36.2) 32.3 (28.1-36.5) 33.5 (28.9-38.1) 26.0 (21.2-30.9)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 52.3 (50.9-53.6) 50.6 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3-55.1) 50.4 (48.8-52.0) 53.9 (52.0-55.8) 52.3 (50.3-54.3) 48.1 (45.8-50.3)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 46.1 (44.6-47.6) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006	3.2 (10-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 45.0 \ (41.0-49.1) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \end{array}$	4.6 (2.9-6.2) 3.9 (2.3-5.6) 5.3 (3.2-7.4) 33.8 (31.2-36.5) 36.3 (33.3-39.2) 30.4 (27.0-33.9) 31.0 (27.9-34.2) 32.7 (29.4-37.9) 32.6 (29.1-36.2) 32.3 (28.1-36.5) 33.5 (28.9-38.1) 26.0 (21.2-30.9) 30.8 (26.6-35.0)	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 50.6 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3-55.1) 50.4 (48.8-52.0) 53.9 (52.0-55.8) 52.3 (50.3-54.3) 48.1 (45.8-50.3) 49.4 (47.5-51.3)	$\begin{array}{r} 7.4 \ (6.8\mbox{-}8.0) \\ 9.4 \ (8.7\mbox{-}10.2) \\ 10.7 \ (9.8\mbox{-}11.5) \\ 45.5 \ (44.6\mbox{-}46.5) \\ 45.5 \ (44.5\mbox{-}46.5) \\ 43.2 \ (41.9\mbox{-}44.4) \\ 44.2 \ (42.9\mbox{-}45.4) \\ 46.1 \ (44.6\mbox{-}47.6) \\ 44.0 \ (42.7\mbox{-}45.2) \\ 47.3 \ (45.9\mbox{-}48.8) \\ 45.7 \ (44.1\mbox{-}47.2) \\ 45.1 \ (43.3\mbox{-}46.9) \\ 46.7 \ (45.2\mbox{-}48.2) \end{array}$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month	2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2005 2006 2006 2007	3.2 (10-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 45.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \\ 31.4 \ (25.5-37.3) \end{array}$	$\begin{array}{c} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\end{array}$	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2) 39.6 (37.1-42.0)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 50.6 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3-55.1) 50.4 (48.8-52.0) 53.9 (52.0-55.8) 52.3 (50.3-54.3) 48.1 (45.8-50.3) 48.5 (46.5-50.5)	$\begin{array}{r} 7.4 \ (6.8\mbox{-}8.0) \\ 9.4 \ (8.7\mbox{-}10.2) \\ 10.7 \ (9.8\mbox{-}11.5) \\ 45.5 \ (44.6\mbox{-}46.5) \\ 43.2 \ (41.9\mbox{-}44.4) \\ 44.2 \ (42.9\mbox{-}45.4) \\ 46.1 \ (44.6\mbox{-}47.6) \\ 44.0 \ (42.7\mbox{-}45.2) \\ 47.3 \ (45.9\mbox{-}48.8) \\ 45.7 \ (44.1\mbox{-}47.2) \\ 45.1 \ (43.3\mbox{-}46.9) \\ 46.7 \ (45.2\mbox{-}48.2) \\ 44.2 \ (42.6\mbox{-}45.2) \\ 44.2 \ (42.6\mbox{-}45.8) \\ 4$
Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2005	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4)	5.9 (3.4-8.3) 4.8 (2.2-7.3) 5.5 (2.6-8.5) 45.0 (41.0-49.1) 45.1 (40.8-49.4) 40.4 (35.7-45.2) 40.6 (38.6-50.6) 40.3 (35.2-45.4) 40.8 (34.8-46.9) 39.7 (33.5-45.9) 30.4 (23.5-37.4) 33.0 (27.2-38.8) 31.4 (25.5-37.3) 94.8 (92.8-96.9)	$\begin{array}{c} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\end{array}$	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2) 39.6 (37.1-42.0) 96.3 (95.5-97.0)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 50.6 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3-55.1) 50.4 (48.8-52.0) 53.9 (52.0-55.8) 52.3 (50.3-54.3) 48.1 (45.8-50.3) 48.5 (46.5-50.5) 95.1 (94.4-95.8)	$\begin{array}{r} 7.4 \ (6.8\mbox{-}8.0) \\ 9.4 \ (8.7\mbox{-}10.2) \\ 10.7 \ (9.8\mbox{-}11.5) \\ 45.5 \ (44.6\mbox{-}46.5) \\ 43.2 \ (41.9\mbox{-}44.4) \\ 44.2 \ (42.9\mbox{-}45.4) \\ 46.1 \ (44.6\mbox{-}47.6) \\ 44.0 \ (42.7\mbox{-}45.2) \\ 47.3 \ (45.9\mbox{-}48.8) \\ 45.7 \ (44.1\mbox{-}47.2) \\ 45.1 \ (43.3\mbox{-}46.9) \\ 46.7 \ (45.2\mbox{-}48.2) \\ 44.2 \ (42.6\mbox{-}45.8) \\ 95.7 \ (95.2\mbox{-}96.2) \end{array}$
Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more	2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2005 2006 2007 2005 2006 2007 2002	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7)	5.9 (3.4-8.3) 4.8 (2.2-7.3) 5.5 (2.6-8.5) 45.0 (41.0-49.1) 45.1 (40.8-49.4) 39.8 (34.7-44.9) 40.4 (35.7-45.2) 44.6 (38.6-50.6) 40.3 (35.2-45.4) 40.8 (34.8-46.9) 39.7 (33.5-45.9) 30.4 (23.5-37.4) 33.0 (27.2-38.8) 31.4 (25.5-37.3) 94.8 (92.8-96.9) 94.3 (92.1-96.5)	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ \end{array}$	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2) 39.6 (37.1-42.0) 96.3 (95.5-97.0) 95.6 (94.7-96.4)	$\begin{array}{r} 10.1 \ (9.2\mbox{-}10.9) \\ 12.4 \ (11.3\mbox{-}13.6) \\ 13.8 \ (12.5\mbox{-}15.1) \\ 53.6 \ (52.3\mbox{-}55.0) \\ 52.3 \ (50.9\mbox{-}52.3) \\ 50.6 \ (48.9\mbox{-}52.3) \\ 50.9 \ (49.3\mbox{-}52.4) \\ 53.2 \ (51.3\mbox{-}55.4) \\ 53.9 \ (52.0\mbox{-}55.8) \\ 52.3 \ (50.3\mbox{-}54.3) \\ 48.1 \ (45.8\mbox{-}50.3) \\ 48.1 \ (45.8\mbox{-}50.3) \\ 49.4 \ (47.5\mbox{-}51.3) \\ 48.5 \ (46.5\mbox{-}50.5) \\ 95.1 \ (94.4\mbox{-}95.8) \\ 94.5 \ (93.8\mbox{-}95.2) \end{array}$	$\begin{array}{r} 7.4 \ (6.8\mbox{-}8.0) \\ 9.4 \ (8.7\mbox{-}10.2) \\ 10.7 \ (9.8\mbox{-}11.5) \\ 45.5 \ (44.6\mbox{-}46.5) \\ 43.2 \ (41.9\mbox{-}44.4) \\ 44.2 \ (42.9\mbox{-}45.4) \\ 46.1 \ (44.6\mbox{-}47.6) \\ 44.0 \ (42.7\mbox{-}45.4) \\ 45.7 \ (44.1\mbox{-}47.6) \\ 45.7 \ (44.1\mbox{-}47.2) \\ 45.1 \ (43.3\mbox{-}46.9) \\ 46.7 \ (45.2\mbox{-}48.8) \\ 95.7 \ (95.2\mbox{-}96.2) \\ 95.0 \ (94.5\mbox{-}95.6) \end{array}$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2005 2006 2007 2002 2003 2002 2003 2004	$\begin{array}{c} 3.2 \ (1.0-5.3) \\ 3.2 \ (1.1-5.2) \\ 5.1 \ (2.1-8.1) \\ 23.0 \ (19.7-26.3) \\ 28.0 \ (24.0-31.9) \\ 21.4 \ (17.1-25.6) \\ 21.2 \ (17.2-25.1) \\ 23.1 \ (17.3-28.9) \\ 24.8 \ (19.8-29.7) \\ 24.5 \ (18.8-30.1) \\ 26.7 \ (20.0-33.4) \\ 21.7 \ (15.1-28.3) \\ 28.6 \ (22.6-34.7) \\ 19.0 \ (13.2-24.9) \\ 97.9 \ (96.4-99.4) \\ 96.9 \ (95.0-98.7) \\ 96.9 \ (95.0-98.8) \end{array}$	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 92.9 (83.7-96.0) \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.2\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ \end{array}$	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 37.2 (35.4-39.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2) 39.6 (37.1-42.0) 96.3 (95.5-97.0) 95.6 (94.7-96.4) 95.7 (94.8-96.7)	$\begin{array}{r} 10.1 \ (9.2 - 10.9) \\ 12.4 \ (11.3 - 13.6) \\ 13.8 \ (12.5 - 15.1) \\ 53.6 \ (52.3 - 55.0) \\ 52.3 \ (50.9 - 53.6) \\ 50.6 \ (48.9 - 52.3) \\ 50.9 \ (49.3 - 52.4) \\ 53.2 \ (51.3 - 55.1) \\ 50.4 \ (48.8 - 52.0) \\ 52.3 \ (50.3 - 54.3) \\ 48.1 \ (45.8 - 50.3) \\ 48.1 \ (45.8 - 50.3) \\ 49.4 \ (47.5 - 51.3) \\ 48.5 \ (46.5 - 50.5) \\ 95.1 \ (94.4 - 95.8) \\ 94.5 \ (93.8 - 95.2) \\ 93.1 \ (92.1 - 94.1) \end{array}$	$\begin{array}{r} 7.4 \ (6.8\mbox{-}8.0) \\ 9.4 \ (8.7\mbox{-}10.2) \\ 10.7 \ (9.8\mbox{-}11.5) \\ 45.5 \ (44.6\mbox{-}46.5) \\ 45.5 \ (44.6\mbox{-}46.5) \\ 43.2 \ (41.9\mbox{-}44.4) \\ 44.2 \ (42.9\mbox{-}45.4) \\ 46.1 \ (44.6\mbox{-}47.6) \\ 44.0 \ (42.7\mbox{-}45.2) \\ 47.3 \ (45.9\mbox{-}48.8) \\ 45.7 \ (44.1\mbox{-}47.2) \\ 45.1 \ (43.3\mbox{-}46.8) \\ 45.7 \ (42.6\mbox{-}48.8) \\ 95.7 \ (95.2\mbox{-}96.2) \\ 95.0 \ (94.5\mbox{-}95.6) \\ 94.4 \ (93.7\mbox{-}95.1) \end{array}$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2006 2007 2002 2006 2007 2002 2003 2004 2004	$\begin{array}{c} 3.2 \ (1.0-5.3) \\ 3.2 \ (1.1-5.2) \\ 5.1 \ (2.1-8.1) \\ 23.0 \ (19.7-26.3) \\ 28.0 \ (24.0-31.9) \\ 21.4 \ (17.1-25.6) \\ 21.2 \ (17.2-25.1) \\ 23.1 \ (17.3-28.9) \\ 24.8 \ (19.8-29.7) \\ 24.5 \ (18.8-30.1) \\ 26.7 \ (20.0-33.4) \\ 21.7 \ (15.1-28.3) \\ 28.6 \ (22.6-34.7) \\ 19.0 \ (13.2-24.9) \\ 97.9 \ (96.4-99.4) \\ 96.9 \ (95.0-98.7) \\ 95.9 \ (93.7-98.1) \end{array}$	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 92.9 (89.7-96.0) \\ 91.2 (88.2-94.2) \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}68.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\end{array}$	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2) 39.6 (37.1-42.0) 96.3 (95.5-97.0) 95.6 (94.7-96.4) 95.7 (94.8-96.7) 94.8 (93.8-95.7)	$\begin{array}{r} 10.1 \ (9.2 - 10.9) \\ 12.4 \ (11.3 - 13.6) \\ 13.8 \ (12.5 - 15.1) \\ 53.6 \ (52.3 - 55.0) \\ 52.3 \ (50.9 - 53.6) \\ 50.9 \ (48.9 - 52.3) \\ 50.9 \ (48.9 - 52.3) \\ 50.9 \ (49.3 - 52.4) \\ 53.2 \ (51.3 - 55.1) \\ 50.4 \ (48.8 - 52.0) \\ 53.9 \ (52.0 - 55.8) \\ 52.3 \ (50.3 - 54.3) \\ 48.1 \ (45.8 - 50.3) \\ 49.4 \ (47.5 - 51.3) \\ 48.5 \ (46.5 - 50.5) \\ 95.1 \ (94.4 - 95.8) \\ 94.5 \ (93.8 - 95.2) \\ 93.1 \ (92.1 - 94.1) \\ 92.2 \ (91.3 - 93.1) \end{array}$	$\begin{array}{r} 7.4 \ (6.8-8.0) \\ 9.4 \ (8.7-10.2) \\ 10.7 \ (9.8-11.5) \\ 45.5 \ (44.6-46.5) \\ 45.5 \ (44.5-46.5) \\ 45.5 \ (44.2-42.9-45.4) \\ 44.2 \ (42.9-45.4) \\ 44.2 \ (42.9-45.4) \\ 44.0 \ (42.7-45.2) \\ 47.3 \ (45.9-48.8) \\ 45.7 \ (44.1-47.2) \\ 45.1 \ (43.3-46.9) \\ 46.7 \ (45.2-48.2) \\ 45.2 \ (42.6-45.8) \\ 95.7 \ (95.2-96.2) \\ 95.0 \ (94.5-95.6) \\ 94.4 \ (93.7-95.1) \\ 93.5 \ (92.8-94.1) \end{array}$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2004 2005 2004 2005 2006	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 95.9 (93.7-98.1) 96.1 (94.1-98.2)	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.6\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}54.4\right)\\ 94.1 \left(92.2\text{-}54\right)\\ 94.1 \left(92.2\text{-}54$	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2) 39.6 (37.1-42.0) 96.3 (95.5-97.0) 95.7 (94.8-96.7) 94.8 (93.8-95.7) 95.9 (95.1-96.8)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 52.3 (50.9-53.6) 50.9 (49.3-52.4) 53.2 (51.3-55.1) 50.4 (48.8-52.0) 53.9 (52.0-55.8) 52.3 (50.3-54.3) 48.1 (45.8-50.3) 49.4 (47.5-51.3) 48.5 (46.5-50.5) 95.1 (94.4-95.8) 94.5 (93.8-95.2) 93.1 (92.1-94.1) 92.2 (91.3-93.1) 93.1 (92.2-94.0)	$\begin{array}{r} 7.4 \ (6.8\mbox{-}8.0) \\ 9.4 \ (6.7\mbox{-}10.2) \\ 10.7 \ (9.8\mbox{-}11.5) \\ 45.5 \ (44.6\mbox{-}46.5) \\ 45.5 \ (44.5\mbox{-}46.5) \\ 45.5 \ (44.5\mbox{-}44.4) \\ 46.1 \ (44.6\mbox{-}47.6) \\ 44.2 \ (42.9\mbox{-}45.4) \\ 46.1 \ (44.6\mbox{-}47.6) \\ 44.0 \ (42.7\mbox{-}45.2) \\ 47.3 \ (45.9\mbox{-}48.8) \\ 45.7 \ (44.1\mbox{-}47.2) \\ 45.1 \ (43.3\mbox{-}46.9) \\ 46.7 \ (45.2\mbox{-}48.2) \\ 44.2 \ (42.6\mbox{-}48.2) \\ 44.2 \ (42.6\mbox{-}48.2) \\ 44.2 \ (42.6\mbox{-}48.2) \\ 45.7 \ (95.2\mbox{-}95.6) \\ 95.0 \ (94.5\mbox{-}95.6) \\ 94.4 \ (93.7\mbox{-}95.1) \\ 93.5 \ (92.8\mbox{-}94.1) \\ 94.5 \ (93.9\mbox{-}95.1) \\ \end{array}$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2007	3.2 (10-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.8) 95.9 (93.7-98.1) 96.1 (94.1-98.2) 96.5 (94.2-98.7)	5.9 (3.4-8.3) 4.8 (2.2-7.3) 5.5 (2.6-8.5) 5.0 (41.0-49.1) 45.1 (40.8-49.4) 39.8 (34.7-44.9) 40.4 (35.7-45.2) 44.6 (38.6-50.6) 40.3 (35.2-45.4) 40.8 (34.8-46.9) 39.7 (33.5-45.9) 30.4 (23.5-37.4) 33.0 (27.2-38.8) 31.4 (25.5-37.3) 94.8 (92.8-96.9) 94.3 (92.1-96.5) 92.9 (89.7-96.0) 91.2 (88.2-94.2) 91.8 (88.7-95.0)	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 10.8 \left(29.2\text{-}93.8\right)\\ 1$	$\begin{array}{r} 4.7 (3.9-5.4) \\ 6.4 (5.3-7.5) \\ 7.2 (6.0-8.4) \\ 37.2 (35.8-38.6) \\ 38.6 (37.0-40.1) \\ 35.6 (33.7-37.4) \\ 37.2 (35.4-39.1) \\ 38.8 (36.4-41.1) \\ 37.4 (35.5-39.2) \\ 40.7 (38.5-43.0) \\ 38.5 (36.0-40.9) \\ 42.1 (39.3-44.9) \\ 43.9 (41.6-46.2) \\ 39.6 (37.1-42.0) \\ 96.3 (95.5-97.0) \\ 95.6 (94.7-96.4) \\ 95.7 (94.8-96.7) \\ 95.9 (95.1-96.8) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7) \\ 95.6 (94.4-96.7$	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 50.9 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3-55.1) 50.4 (48.8-52.0) 53.9 (52.0-55.8) 52.3 (50.3-54.3) 48.1 (45.8-50.3) 49.4 (47.5-51.3) 48.5 (46.5-50.5) 95.1 (94.4-95.8) 94.5 (93.8-95.2) 93.1 (92.1-94.1) 93.2 (91.3-93.1) 93.9 (90.7-93.1)	$\begin{array}{r} 7.4 \ (6.8\mbox{-}8.0) \\ 9.4 \ (8.7\mbox{-}10.2) \\ 10.7 \ (9.8\mbox{-}11.5) \\ 45.5 \ (44.6\mbox{-}46.5) \\ 45.5 \ (44.5\mbox{-}46.5) \\ 45.5 \ (44.5\mbox{-}44.5) \\ 45.2 \ (41.9\mbox{-}44.4) \\ 46.1 \ (42.7\mbox{-}45.4) \\ 46.1 \ (44.6\mbox{-}47.6) \\ 44.0 \ (42.7\mbox{-}45.2) \\ 47.3 \ (45.9\mbox{-}48.8) \\ 45.7 \ (44.1\mbox{-}47.2) \\ 45.1 \ (43.3\mbox{-}46.9) \\ 46.7 \ (45.2\mbox{-}48.2) \\ 44.2 \ (42.6\mbox{-}45.2) \\ 44.2 \ (42.6\mbox{-}45.2) \\ 45.7 \ (44.1\mbox{-}47.2) \\ 45.1 \ (43.3\mbox{-}46.9) \\ 46.7 \ (45.2\mbox{-}48.2) \\ 44.2 \ (42.6\mbox{-}45.2) \\ 44.2 \ (42.6\mbox{-}45.2) \\ 95.0 \ (94.5\mbox{-}95.6) \\ 94.4 \ (93.7\mbox{-}95.1) \\ 93.5 \ (92.8\mbox{-}94.4) \\ 93.7 \ (92\mbox{-}94.4) \\ 93.7 \ (92\mbox{-}94.4) \\ 87.7 \ (93\mbox{-}94.4) \\ 87.7 \ (92\mbox{-}94.4) \\ 87.7 \ (92\mbox{-}94.$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed mast products less than 2 times a weak	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2007 2002 2003 2004 2005 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2007	$\begin{array}{c} 3.2 \ (1.0-5.3) \\ 3.2 \ (1.1-5.2) \\ 5.1 \ (2.1-8.1) \\ 23.0 \ (19.7-26.3) \\ 28.0 \ (24.0-31.9) \\ 21.4 \ (17.1-25.6) \\ 21.2 \ (17.2-25.1) \\ 23.1 \ (17.3-28.9) \\ 24.8 \ (19.8-29.7) \\ 24.5 \ (18.8-30.1) \\ 26.7 \ (20.0-33.4) \\ 21.7 \ (15.1-28.3) \\ 28.6 \ (22.6-34.7) \\ 19.0 \ (13.2-24.9) \\ 97.9 \ (96.4-99.4) \\ 96.9 \ (95.0-98.7) \\ 96.9 \ (95.0-98.7) \\ 96.9 \ (95.0-98.8) \\ 95.9 \ (93.7-98.1) \\ 96.1 \ (94.1-98.2) \\ 96.5 \ (94.2-98.7) \\ 96.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.2-56) \\ 56.6 \ (52.$	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 45.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \\ 31.4 \ (25.5-37.3) \\ 94.8 \ (92.8-96.9) \\ 94.3 \ (92.1-96.5) \\ 92.9 \ (89.7-96.0) \\ 91.2 \ (88.2-94.2) \\ 91.8 \ (88.7-95.0) \\ 86.0 \ (81.2-90.8) \\ 85.0 \ (71.6-79.2) \\ 86.0 \ (81.2-90.8) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.6-79.2) \\ 85.0 \ (71.$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 85.6 \left(63.0\text{-}87.9\right)\\ 8$	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2) 39.6 (37.1-42.0) 96.3 (95.5-97.0) 95.6 (94.7-96.4) 95.7 (94.8-96.7) 94.8 (93.8-95.7) 95.9 (95.1-96.8) 95.6 (94.4-96.7) 71.6 (70.27.2)	10.1 $(9.2-10.9)$ 12.4 $(11.3-13.6)$ 13.8 $(12.5-15.1)$ 53.6 $(52.3-55.0)$ 50.3 $(50.9-53.6)$ 50.9 $(49.3-52.4)$ 53.2 $(51.3-55.1)$ 50.4 $(48.8-52.0)$ 53.9 $(52.0-55.8)$ 52.3 $(50.3-54.3)$ 48.1 $(45.8-50.3)$ 49.4 $(47.5-51.3)$ 48.5 $(46.5-50.5)$ 95.1 $(94.4-95.8)$ 94.5 $(93.8-95.2)$ 93.1 $(92.1-94.1)$ 92.2 $(91.3-93.1)$ 93.1 $(92.2-94.0)$ 91.9 $(90.7-93.1)$	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 46.1 (44.6-47.6) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.6) 94.4 (93.7-95.1) 93.5 (92.8-94.1) 93.7 (92.8-94.5) 79.2 (78.4-90.0)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week	2005 2006 2006 2007 1997 1998 2002 2003 2003 2005 2006 2007 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2006 2007 1997 2006 2007 2006 2007 2006 2007 2006 2007 2007 2007 2006 2007 2007 2007 2007 2007 2007 2007 2007 2007 2007 2007 2007 2007 2007 2007	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.8) 95.9 (93.7-98.1) 96.1 (94.1-98.2) 96.5 (94.2-98.7) 56.6 (52.7-60.5)	$\begin{array}{c} 5.9 \ (3.4.8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 45.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \\ 31.4 \ (25.5-37.3) \\ 94.8 \ (92.8-96.9) \\ 94.3 \ (92.1-96.5) \\ 92.9 \ (89.7-96.0) \\ 91.2 \ (88.2-94.2) \\ 91.8 \ (88.7-95.0) \\ 86.0 \ (81.2-90.8) \\ 75.0 \ (71.6-78.3) \\ 72.4 \ (60.4\ 7.2) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.7-78.3) \\ 87.4 \ (74.$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.3\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.9 \left(63.0\text{-}68.3\right)\\ 6$	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2) 39.6 (37.1-42.0) 96.3 (95.5-97.0) 95.6 (94.7-96.4) 95.7 (94.8-96.7) 94.8 (93.8-95.7) 95.9 (95.1-96.8) 95.6 (94.4-96.7) 71.6 (70.3-72.9)	$\begin{array}{c} 10.1 \ (9.2 - 10.9) \\ 12.4 \ (11.3 - 13.6) \\ 13.8 \ (12.5 - 15.1) \\ 53.6 \ (52.3 - 55.0) \\ 50.6 \ (48.9 - 52.3) \\ 50.9 \ (49.3 - 52.4) \\ 53.2 \ (51.3 - 55.1) \\ 50.4 \ (48.8 - 52.0) \\ 53.9 \ (52.0 - 55.8) \\ 52.3 \ (50.3 - 54.3) \\ 48.1 \ (45.8 - 50.3) \\ 49.4 \ (47.5 - 51.3) \\ 48.5 \ (46.5 - 50.5) \\ 95.1 \ (94.4 - 95.8) \\ 94.5 \ (93.8 - 95.2) \\ 93.1 \ (92.1 - 94.1) \\ 92.2 \ (91.3 - 93.1) \\ 93.1 \ (92.2 - 94.0) \\ 91.9 \ (90.7 - 93.1) \\ 86.5 \ (85.6 - 87.4) \\ \end{array}$	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 46.1 (44.6-47.6) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.6) 94.4 (93.7-95.1) 93.5 (92.8-94.1) 93.7 (92.8-94.5) 79.2 (78.4-80.0)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week	2005 2006 2006 2007 1997 1998 2002 2003 2003 2005 2006 2007 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2006 2007 2002 2006 2007 2002 2006 2007 2005 2006 2007 2007 2005 2006 2007 2007 2007 2007 2007 2007 2007 2007	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.8) 95.9 (93.7-98.1) 96.1 (94.1-98.2) 96.5 (94.2-98.7) 56.6 (52.7-60.5) 54.7 (49.3-60.2)	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 92.9 (89.7-96.0) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 86.0 (81.2-90.8) \\ 75.0 (71.6-78.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (68.4-77.3) \\ 73.1 (73.4-77.3) \\ 73.1 (73.4-77.3$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(c0.2\text{-}27.2\right)\\ 69.2 \left(c0.2\text{-}27.2\right)\\ 89.2 \left(c0.2\text{-}27.2\right)\\ 8$	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2) 39.6 (37.1-42.0) 96.3 (95.5-97.0) 95.6 (94.7-96.4) 95.7 (94.8-96.7) 94.8 (93.8-95.7) 95.9 (95.1-96.8) 95.6 (94.4-96.7) 71.6 (70.3-72.9) 68.9 (67.1-70.8)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 52.3 (50.9-53.6) 50.6 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3-55.1) 50.4 (48.8-52.0) 53.9 (52.0-55.8) 52.3 (50.3-54.3) 48.1 (45.8-50.3) 48.5 (46.5-50.5) 95.1 (94.4-95.8) 94.5 (93.8-95.2) 93.1 (92.1-94.1) 92.2 (91.3-93.1) 93.1 (92.2-94.0) 91.9 (90.7-93.1) 86.5 (85.6-87.4) 84.5 (83.2-85.7)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 46.1 (44.6-47.6) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.6) 94.4 (93.7-95.1) 93.5 (92.8-94.1) 94.5 (93.9-95.1) 93.7 (92.8-94.5) 79.2 (78.4-80.0) 76.8 (75.6-77.9)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week	2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.8) 95.9 (93.7-98.1) 96.1 (94.1-98.2) 96.5 (94.2-98.7) 56.6 (52.7-60.5) 54.7 (49.3-60.2) 57.6 (52.7-62.6)	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 92.9 (88.7-96.0) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 86.0 (81.2-90.8) \\ 75.0 (71.6-78.3) \\ 73.1 (68.4-77.8) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4) \\ 80.5 (76.5-84.4$	$\begin{array}{c} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 63.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 6$	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.4-39.1) 38.8 (36.4-41.1) 37.4 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2) 39.6 (37.1-42.0) 96.3 (95.5-97.0) 95.6 (94.8-96.7) 94.8 (93.8-95.7) 95.9 (95.1-96.8) 95.6 (94.4-96.7) 71.6 (70.3-72.9) 68.9 (67.1-70.8) 73.7 (72.0-75.5)	10.1 (9.2-10.9) 12.4 (11.3-13.6) 13.8 (12.5-15.1) 53.6 (52.3-55.0) 52.3 (50.9-53.6) 50.6 (48.9-52.3) 50.9 (49.3-52.4) 53.2 (51.3-55.1) 50.4 (48.8-52.0) 53.9 (52.0-55.8) 52.3 (50.3-54.3) 48.1 (45.8-50.3) 49.4 (47.5-51.3) 48.5 (46.5-50.5) 95.1 (94.4-95.8) 94.5 (93.8-95.2) 93.1 (92.1-94.1) 93.1 (92.2-94.0) 91.9 (90.7-93.1) 86.5 (85.6-87.4) 84.5 (83.2-85.7) 85.7 (84.5-88.8)	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.5-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.6) 94.4 (93.7-95.1) 93.5 (92.8-94.1) 93.7 (92.8-94.5) 79.2 (78.4-80.0) 76.8 (75.6-77.9) 79.8 (78.8-80.9)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Eating processed meat products less than 3 times a week	2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2002 2006 2007 2002 2006 2007 1997 2002 2003 2004	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.8) 95.9 (93.7-98.1) 96.1 (94.1-98.2) 96.5 (94.2-98.7) 56.6 (52.7-60.5) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 45.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \\ 31.4 \ (25.5-37.3) \\ 94.8 \ (92.8-96.9) \\ 94.3 \ (92.1-96.6) \\ 91.2 \ (88.2-94.2) \\ 91.8 \ (88.7-95.0) \\ 86.0 \ (81.2-90.8) \\ 75.0 \ (71.6-78.3) \\ 73.1 \ (68.4-77.8) \\ 80.5 \ (76.5-84.4) \\ 79.1 \ (74.4-83.9) \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.3\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 63.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ \end{array}$	$\begin{array}{r} 4.7 \ (3.9{-}5.4) \\ 6.4 \ (5.3{-}7.5) \\ 7.2 \ (6.0{-}8.4) \\ 37.2 \ (35.8{-}38.6) \\ 38.6 \ (37.0{-}40.1) \\ 35.6 \ (33.7{-}37.4) \\ 37.2 \ (35.5{-}39.2) \\ 40.7 \ (38.5{-}43.0) \\ 38.8 \ (36.4{-}41.1) \\ 37.4 \ (35.5{-}39.2) \\ 40.7 \ (38.5{-}43.0) \\ 38.5 \ (36.0{-}40.9) \\ 42.1 \ (39.3{-}44.9) \\ 43.9 \ (41.6{-}46.2) \\ 39.6 \ (37.1{-}42.0) \\ 96.3 \ (95.5{-}97.0) \\ 95.6 \ (94.7{-}96.4) \\ 95.7 \ (94.8{-}96.7) \\ 95.8 \ (93.8{-}95.7) \\ 95.9 \ (95.1{-}96.8) \\ 95.6 \ (94.4{-}96.7) \\ 71.6 \ (70.3{-}72.9) \\ 68.9 \ (67.1{-}70.8) \\ 73.7 \ (72.0{-}75.5) \\ 72.5 \ (70.3{-}74.6) \\ \end{array}$	$\begin{array}{r} 10.1 \ (9.2 - 10.9) \\ 12.4 \ (11.3 - 13.6) \\ 13.8 \ (12.5 - 15.1) \\ 53.6 \ (52.3 - 55.0) \\ 52.3 \ (50.9 - 53.6) \\ 50.6 \ (48.9 - 52.3) \\ 50.9 \ (49.3 - 52.4) \\ 53.2 \ (51.3 - 55.1) \\ 50.4 \ (48.8 - 52.0) \\ 53.9 \ (52.0 - 55.8) \\ 52.3 \ (50.3 - 54.3) \\ 48.1 \ (45.8 - 50.3) \\ 49.4 \ (47.5 - 51.3) \\ 48.5 \ (46.5 - 50.5) \\ 95.1 \ (94.4 - 95.8) \\ 94.5 \ (93.8 - 95.2) \\ 93.1 \ (92.1 - 94.1) \\ 92.2 \ (91.3 - 93.1) \\ 93.1 \ (92.2 - 94.0) \\ 91.9 \ (90.7 - 93.1) \\ 86.5 \ (85.6 - 87.4) \\ 84.5 \ (83.2 - 85.7) \\ 85.0 \ (83.6 - 86.4) \\ \end{array}$	$\begin{array}{r} 7.4 \ (6.8-8.0) \\ 9.4 \ (6.7-10.2) \\ 10.7 \ (9.8-11.5) \\ 45.5 \ (44.6-46.5) \\ 45.5 \ (44.5-46.5) \\ 45.5 \ (44.5-46.4) \\ 44.2 \ (42.9-45.4) \\ 44.2 \ (42.9-45.4) \\ 46.1 \ (44.6-47.6) \\ 44.0 \ (42.7-45.2) \\ 47.3 \ (45.9-48.8) \\ 45.7 \ (44.1-47.2) \\ 45.1 \ (43.3-46.9) \\ 46.7 \ (45.2-48.2) \\ 44.2 \ (42.6-45.8) \\ 95.7 \ (95.2-96.2) \\ 95.0 \ (94.5-95.6) \\ 94.4 \ (93.7-95.1) \\ 93.5 \ (92.8-94.1) \\ 93.7 \ (92.8-94.5) \\ 79.2 \ (78.4-80.0) \\ 76.8 \ (75.6-77.9) \\ 79.8 \ (77.5-80.1) \\ \end{array}$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week	2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 95.9 (93.7-98.1) 96.1 (94.1-98.2) 96.5 (94.2-98.7) 56.6 (52.7-60.5) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 5.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \\ 31.4 \ (25.5-37.3) \\ 94.8 \ (92.8-96.9) \\ 94.3 \ (92.1-96.5) \\ 92.9 \ (89.7-96.0) \\ 91.2 \ (88.2-94.2) \\ 91.8 \ (88.7-95.0) \\ 86.0 \ (81.2-90.8) \\ 75.0 \ (71.6-78.3) \\ 73.1 \ (68.4-77.8) \\ 80.5 \ (76.5-84.4) \\ 79.1 \ (74.4-83.9) \\ 76.1 \ (71.4-80.8) \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.3\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 63.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ \end{array}$	$\begin{array}{r} 4.7 \ (3.9{-}5.4) \\ 6.4 \ (5.3{-}7.5) \\ 7.2 \ (6.0{-}8.4) \\ 37.2 \ (35.8{-}38.6) \\ 38.6 \ (37.0{-}40.1) \\ 35.6 \ (33.7{-}37.4) \\ 35.6 \ (33.7{-}37.4) \\ 37.2 \ (35.5{-}39.2) \\ 40.7 \ (38.5{-}43.0) \\ 38.8 \ (36.4{-}41.1) \\ 37.4 \ (35.5{-}39.2) \\ 40.7 \ (38.5{-}43.0) \\ 38.5 \ (36.0{-}40.9) \\ 42.1 \ (39.3{-}44.9) \\ 43.9 \ (41.6{-}46.2) \\ 39.6 \ (37.1{-}42.0) \\ 96.3 \ (95.5{-}97.0) \\ 95.6 \ (94.7{-}96.4) \\ 95.7 \ (94.8{-}96.7) \\ 71.6 \ (70.3{-}72.9) \\ 68.9 \ (67.1{-}70.8) \\ 73.7 \ (72.0{-}75.5) \\ 72.5 \ (70.3{-}74.6) \\ 72.2 \ (70.4{-}74.0) \\ \end{array}$	$\begin{array}{r} 10.1 \ (9.2 - 10.9) \\ 12.4 \ (11.3 - 13.6) \\ 13.8 \ (12.5 - 15.1) \\ 53.6 \ (52.3 - 55.0) \\ 52.3 \ (50.9 - 53.6) \\ 50.6 \ (48.9 - 52.3) \\ 50.9 \ (49.3 - 52.4) \\ 53.2 \ (51.3 - 55.1) \\ 50.4 \ (48.8 - 52.0) \\ 53.9 \ (52.0 - 55.8) \\ 52.3 \ (50.3 - 54.3) \\ 48.1 \ (45.8 - 50.3) \\ 49.4 \ (47.5 - 51.3) \\ 48.5 \ (46.5 - 50.5) \\ 95.1 \ (94.4 - 95.8) \\ 94.5 \ (93.8 - 95.2) \\ 93.1 \ (92.1 - 94.1) \\ 93.1 \ (92.2 - 94.0) \\ 91.9 \ (90.7 - 93.1) \\ 86.5 \ (85.6 - 87.4) \\ 84.5 \ (83.2 - 85.7) \\ 85.7 \ (84.5 - 86.8) \\ 85.0 \ (83.6 - 86.4) \\ 84.1 \ (82.8 - 85.3) \end{array}$	$\begin{array}{r} 7.4 \ (6.8\mbox{-}8.0) \\ 9.4 \ (6.7\mbox{-}10.2) \\ 10.7 \ (9.8\mbox{-}11.5) \\ 45.5 \ (44.6\mbox{-}46.5) \\ 45.5 \ (44.5\mbox{-}46.5) \\ 45.5 \ (44.5\mbox{-}44.5) \\ 45.5 \ (44.5\mbox{-}44.4) \\ 46.1 \ (44.6\mbox{-}47.6) \\ 44.2 \ (42.9\mbox{-}45.4) \\ 46.1 \ (44.6\mbox{-}47.6) \\ 44.0 \ (42.7\mbox{-}45.2) \\ 47.3 \ (45.9\mbox{-}48.8) \\ 45.7 \ (44.1\mbox{-}47.2) \\ 45.1 \ (43.3\mbox{-}46.9) \\ 46.7 \ (45.2\mbox{-}48.2) \\ 44.2 \ (42.6\mbox{-}48.2) \\ 95.0 \ (94.5\mbox{-}95.1) \\ 93.5 \ (92.8\mbox{-}94.1) \\ 93.7 \ (92.8\mbox{-}94.5) \\ 79.2 \ (78.4\mbox{-}80.0) \\ 79.8 \ (78.8\mbox{-}80.8) \\ 78.8 \ (77.5\mbox{-}80.8) \\ 78.2 \ (77.1\mbox{-}79.3) \\ \end{array}$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2006	3.2 (10.5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.8) 95.9 (93.7-98.1) 96.5 (94.2-98.7) 56.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.6 (50.0-63.2)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 5.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \\ 31.4 \ (25.5-37.3) \\ 94.8 \ (92.8-96.9) \\ 94.3 \ (92.1-96.5) \\ 92.9 \ (89.7-96.0) \\ 91.2 \ (88.2-94.2) \\ 91.8 \ (88.7-95.0) \\ 86.0 \ (81.2-90.8) \\ 75.0 \ (71.6-78.3) \\ 73.1 \ (68.4-77.8) \\ 80.5 \ (76.5-84.4) \\ 79.1 \ (74.4-83.8) \\ 76.0 \ (70.7-81.3) \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.4\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.6\text{-}70.3\right)\\ \end{array}$	$\begin{array}{r} 4.7 \ (3.9-5.4) \\ 6.4 \ (5.3-7.5) \\ 7.2 \ (6.0-8.4) \\ 37.2 \ (35.8-38.6) \\ 38.6 \ (37.0-40.1) \\ 35.6 \ (33.7-37.4) \\ 37.2 \ (35.4-39.1) \\ 38.8 \ (36.4-41.1) \\ 37.4 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.5 \ (36.0-40.9) \\ 42.1 \ (39.3-44.9) \\ 43.9 \ (41.6-46.2) \\ 39.6 \ (37.1-42.0) \\ 96.3 \ (95.5-97.0) \\ 95.6 \ (94.7-96.4) \\ 95.7 \ (94.8-96.7) \\ 95.9 \ (95.1-96.4) \\ 95.6 \ (94.4-96.7) \\ 71.6 \ (70.3-72.9) \\ 68.9 \ (67.1-70.8) \\ 73.7 \ (72.0-75.5) \\ 72.5 \ (70.3-74.6) \\ 72.2 \ (70.4-74.0) \\ 73.8 \ (71.7-75.8) \\ \end{array}$	$\begin{array}{r} 10.1 \ (9.2\mbox{-}10.9) \\ 12.4 \ (11.3\mbox{-}13.8) \\ 13.8 \ (12.5\mbox{-}15.1) \\ 53.6 \ (52.3\mbox{-}53.6) \\ 50.6 \ (48.9\mbox{-}52.3) \\ 50.9 \ (49.3\mbox{-}52.4) \\ 53.2 \ (51.3\mbox{-}55.4) \\ 53.2 \ (51.3\mbox{-}55.4) \\ 53.9 \ (52.0\mbox{-}55.8) \\ 52.3 \ (50.3\mbox{-}54.3) \\ 48.1 \ (45.8\mbox{-}50.3) \\ 49.4 \ (47.5\mbox{-}51.3) \\ 48.5 \ (46.5\mbox{-}50.5) \\ 95.1 \ (94.4\mbox{-}95.2) \\ 93.1 \ (92.1\mbox{-}94.1) \\ 92.2 \ (91.3\mbox{-}93.1) \\ 93.1 \ (92.2\mbox{-}94.1) \\ 91.9 \ (90.7\mbox{-}93.1) \\ 86.5 \ (85.6\mbox{-}87.4) \\ 84.5 \ (83.2\mbox{-}85.7) \\ 85.7 \ (84.5\mbox{-}86.8) \\ 85.0 \ (83.6\mbox{-}86.4) \\ 84.1 \ (82.8\mbox{-}85.3) \\ 83.3 \ (81.8\mbox{-}84.8) \\ \end{array}$	$\begin{array}{r} 7.4 \ (6.8-8.0) \\ 9.4 \ (6.7-10.2) \\ 10.7 \ (9.8-11.5) \\ 45.5 \ (44.6-46.5) \\ 45.5 \ (44.6-46.5) \\ 45.5 \ (44.5-46.5) \\ 43.2 \ (41.9-44.4) \\ 44.2 \ (42.9-45.4) \\ 46.1 \ (44.6-47.6) \\ 44.0 \ (42.7-45.2) \\ 47.3 \ (45.9-48.8) \\ 45.7 \ (44.1-47.2) \\ 45.1 \ (43.3-46.9) \\ 46.7 \ (45.2-48.2) \\ 44.2 \ (42.6-45.8) \\ 95.7 \ (95.2-96.2) \\ 95.0 \ (94.5-95.6) \\ 94.4 \ (93.7-95.1) \\ 93.5 \ (92.8-94.1) \\ 94.5 \ (93.9-95.1) \\ 93.5 \ (92.8-94.5) \\ 79.2 \ (78.4-80.0) \\ 79.8 \ (78.8-80.9) \\ 79.8 \ (77.5-80.1) \\ 78.8 \ (77.3-79.8) \\ \end{array}$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Eating processed meat products less than 3 times a week	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2007 2002 2003 2004 2005 2007 2002 2003 2004 2005 2007 2002 2003 2004 2005 2007 2002 2003 2004 2005 2007 2005 2006 2007 2005 2007 2005 2006 2007 2005 2006 2007 2005 2007 2005 2006 2007 2005 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2007 2005 2007 2005 2007 2005 2007 2005 2007 2005 2007 2005 2007 2007	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.8) 95.9 (93.7-98.1) 96.1 (94.1-98.2) 96.5 (94.2-98.7) 56.6 (52.7-62.6) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.6 (50.0-63.2) 52.9 (45.5-60.2)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 45.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \\ 31.4 \ (25.5-37.3) \\ 94.8 \ (92.8-96.9) \\ 94.3 \ (92.1-96.5) \\ 92.9 \ (89.7-96.0) \\ 81.2 \ (88.2-94.2) \\ 91.2 \ (88.2-94.2) \\ 91.8 \ (88.7-95.0) \\ 86.0 \ (81.2-90.8) \\ 75.0 \ (71.6-78.3) \\ 75.1 \ (76.5-84.4) \\ 79.1 \ (74.4-83.9) \\ 76.1 \ (71.4-80.8) \\ 76.0 \ (70.7-81.3) \\ 75.5 \ (70.2-80.7) \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.3\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.6\text{-}70.3\right)\\ 64.6 \left(60.0\text{-}69.2\right)\\ \end{array}$	$\begin{array}{r} 4.7 \ (3.9-5.4) \\ 6.4 \ (5.3-7.5) \\ 7.2 \ (6.0-8.4) \\ 37.2 \ (5.8-38.6) \\ 38.6 \ (37.0-40.1) \\ 35.6 \ (33.7-37.4) \\ 37.2 \ (35.4-39.1) \\ 38.8 \ (36.4-41.1) \\ 37.4 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.5 \ (36.0-40.9) \\ 42.1 \ (39.3-44.9) \\ 43.9 \ (41.6-46.2) \\ 39.6 \ (37.1-42.0) \\ 96.3 \ (95.5-97.0) \\ 95.6 \ (94.7-96.4) \\ 95.7 \ (94.8-96.7) \\ 94.8 \ (93.8-95.7) \\ 95.6 \ (94.7-96.4) \\ 95.6 \ (94.4-96.7) \\ 71.6 \ (70.3-72.9) \\ 68.9 \ (67.1-70.8) \\ 73.7 \ (72.0-75.5) \\ 72.5 \ (70.3-74.6) \\ 72.2 \ (70.4-74.0) \\ 73.8 \ (71.7-75.8) \\ 69.6 \ (67.2-72.1) \\ \end{array}$	$\begin{array}{r} 10.1 \ (9.2\mbox{-}10.9) \\ 12.4 \ (11.3\mbox{-}13.6) \\ 13.8 \ (12.5\mbox{-}15.1) \\ 53.6 \ (52.3\mbox{-}55.4) \\ 50.6 \ (48.9\mbox{-}52.3) \\ 50.9 \ (49.3\mbox{-}52.4) \\ 53.2 \ (51.3\mbox{-}55.4) \\ 53.2 \ (51.3\mbox{-}55.4) \\ 53.2 \ (51.3\mbox{-}55.4) \\ 52.3 \ (50.3\mbox{-}54.3) \\ 48.1 \ (45.8\mbox{-}50.3) \\ 49.4 \ (47.5\mbox{-}51.3) \\ 48.5 \ (46.5\mbox{-}50.5) \\ 95.1 \ (94.4\mbox{-}95.2) \\ 93.1 \ (92.1\mbox{-}94.1) \\ 92.2 \ (91.3\mbox{-}93.1) \\ 93.1 \ (92.2\mbox{-}94.1) \\ 91.9 \ (90.7\mbox{-}93.1) \\ 86.5 \ (85.6\mbox{-}87.4) \\ 84.5 \ (83.2\mbox{-}85.7) \\ 85.0 \ (83.6\mbox{-}86.4) \\ 84.1 \ (82.8\mbox{-}85.3) \\ 83.3 \ (81.8\mbox{-}84.8) \\ 85.0 \ (83.6\mbox{-}86.5) \\ \end{array}$	$\begin{array}{r} 7.4 \ (6.8-8.0) \\ 9.4 \ (6.7+10.2) \\ 10.7 \ (9.8+11.5) \\ 45.5 \ (44.6+46.5) \\ 45.5 \ (44.6+46.5) \\ 45.5 \ (44.5+46.5) \\ 43.2 \ (41.9+44.4) \\ 44.2 \ (42.9+45.4) \\ 44.2 \ (42.9+45.4) \\ 44.0 \ (42.7+45.2) \\ 47.3 \ (45.9+48.8) \\ 45.7 \ (44.1+47.2) \\ 45.1 \ (43.3+46.9) \\ 45.7 \ (44.1+47.2) \\ 45.1 \ (43.3+46.9) \\ 46.7 \ (45.2+48.2) \\ 44.2 \ (42.6+45.8) \\ 95.7 \ (95.2+96.2) \\ 95.0 \ (94.5+95.6) \\ 94.4 \ (93.7+95.1) \\ 93.5 \ (92.8+94.1) \\ 93.5 \ (92.8+94.1) \\ 93.7 \ (92.8+94.5) \\ 79.2 \ (78.4+80.0) \\ 76.8 \ (75.6+77.9) \\ 79.8 \ (77.8+80.9) \\ 78.8 \ (77.5+80.1) \\ 78.6 \ (77.3-79.8) \\ 77.7 \ (76.3-79.1) \end{array}$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Adequate physical activity	2005 2007 2006 2007 1997 2002 2003 2004 2005 2006 2007 2005 2007 2005 2007 2005 2007 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.8) 95.9 (93.7-98.1) 96.5 (94.2-98.7) 56.6 (52.7-62.6) 54.7 (49.3-60.2) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.6 (50.0-63.2) 52.9 (45.5-60.2) 69.7 (65.8-73.6)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 45.0 \ (41.0-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \\ 31.4 \ (25.5-37.3) \\ 94.8 \ (92.8-96.9) \\ 94.3 \ (92.1-96.5) \\ 92.9 \ (83.7-96.0) \\ 91.2 \ (88.2-94.2) \\ 91.8 \ (88.7-95.0) \\ 86.0 \ (81.2-90.8) \\ 75.0 \ (71.6-78.3) \\ 73.1 \ (68.4-77.8) \\ 80.5 \ (76.5-84.4) \\ 79.1 \ (74.4-83.9) \\ 76.1 \ (71.4-80.8) \\ 76.0 \ (70.7-81.3) \\ 75.5 \ (70.2-80.7) \\ 60.3 \ (56.2-64.3) \\ \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.8 \left(60.1\text{-}67.4\right)\\ 99.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.6\text{-}70.3\right)\\ 64.6 \left(60.0\text{-}69.2\right)\\ 65.1 \left(62.2\text{-}67.9\right)\\ \end{array}$	$\begin{array}{r} 4.7 \ (3.9-5.4) \\ 6.4 \ (5.3-7.5) \\ 7.2 \ (6.0-8.4) \\ 37.2 \ (5.8-38.6) \\ 38.6 \ (37.0-40.1) \\ 35.6 \ (33.7-37.4) \\ 37.2 \ (35.4-39.1) \\ 37.2 \ (35.4-39.1) \\ 38.8 \ (36.4-41.1) \\ 37.4 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.5 \ (36.0-40.9) \\ 42.1 \ (39.3-44.9) \\ 43.9 \ (41.6-46.2) \\ 39.6 \ (37.1-42.0) \\ 96.3 \ (95.5-97.0) \\ 95.6 \ (94.7-96.4) \\ 95.7 \ (94.8-96.7) \\ 94.8 \ (93.8-95.7) \\ 95.9 \ (95.1-96.8) \\ 95.6 \ (94.4-96.7) \\ 95.9 \ (95.1-96.8) \\ 95.6 \ (94.4-96.7) \\ 71.6 \ (70.3-72.9) \\ 68.9 \ (67.1-70.8) \\ 73.7 \ (72.0-75.5) \\ 72.5 \ (70.3-74.6) \\ 73.8 \ (71.7-75.8) \\ 69.6 \ (67.2-72.1) \\ 52.5 \ (51.0-54.0) \\ \end{array}$	$\begin{array}{r} 10.1 \ (9.2\mbox{-}10.9) \\ 12.4 \ (11.3\mbox{-}13.6) \\ 13.8 \ (12.5\mbox{-}15.1) \\ 53.6 \ (52.3\mbox{-}53.6) \\ 50.6 \ (48.9\mbox{-}52.3) \\ 50.9 \ (49.3\mbox{-}52.4) \\ 53.2 \ (51.3\mbox{-}55.1) \\ 50.4 \ (48.8\mbox{-}52.3) \\ 53.2 \ (51.3\mbox{-}55.1) \\ 50.4 \ (48.8\mbox{-}52.0) \\ 53.9 \ (52.0\mbox{-}58.8) \\ 52.3 \ (50.3\mbox{-}54.3) \\ 48.1 \ (45.8\mbox{-}50.3) \\ 49.4 \ (47.5\mbox{-}51.3) \\ 48.5 \ (46.5\mbox{-}50.5) \\ 55.1 \ (94.4\mbox{-}95.2) \\ 93.1 \ (92.1\mbox{-}93.1) \\ 92.2 \ (91.3\mbox{-}93.1) \\ 91.9 \ (90.7\mbox{-}93.1) \\ 91.9 \ (90.7\mbox{-}93.1) \\ 91.9 \ (90.7\mbox{-}93.1) \\ 84.5 \ (83.2\mbox{-}85.7) \\ 85.7 \ (84.5\mbox{-}86.8) \\ 85.0 \ (83.6\mbox{-}86.4) \\ 84.1 \ (82.8\mbox{-}85.3) \\ 83.3 \ (81.8\mbox{-}84.8) \\ 85.0 \ (83.6\mbox{-}86.5) \\ 43.4 \ (42.1\mbox{-}44.7) \\ \end{array}$	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 46.1 (44.6-47.6) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.6) 94.4 (93.7-95.1) 93.5 (92.8-94.1) 93.7 (92.8-94.5) 79.2 (78.4-80.0) 76.8 (77.5-80.1) 78.8 (77.5-80.1) 78.2 (77.1-79.3) 78.6 (77.3-79.8)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Adequate physical activity	2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2006 2007 2006 2007 2002 2008 2007 1997 2002 2004 2004 2005 2004 2007 1998 2004 2005 2006 2007 1998 2006 2007 2006 2007 2006 2007 2007 2006 2007 2006 2007 2007	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.5 (94.2-98.7) 56.6 (52.7-60.5) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.6 (50.0-63.2) 52.9 (45.5-60.2) 52.9 (45.5-60.2) 57.4 (60.1-70.7)	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 94.3 (92.1-96.5) \\ 94.3 (92.1-96.5) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 86.0 (81.2-90.8) \\ 75.0 (71.6-78.3) \\ 73.1 (68.4-77.8) \\ 80.5 (76.5-84.4) \\ 79.1 (74.4-83.9) \\ 76.1 (71.4-80.8) \\ 76.3 (70.2-80.7) \\ 55.5 (70.2-80.7) \\ 60.3 (56.2-64.3) \\ 54.7 (49.6-59.8) \\ \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.6\text{-}70.8\right)\\ 65.1 \left(62.2\text{-}67.9\right)\\ 60.1 \left(56.5\text{-}63.8\right)\\ \end{array}$	4.7 (3.9-5.4) 6.4 (5.3-7.5) 7.2 (6.0-8.4) 37.2 (35.8-38.6) 38.6 (37.0-40.1) 35.6 (33.7-37.4) 37.2 (35.5-39.2) 40.7 (38.5-43.0) 38.5 (36.0-40.9) 42.1 (39.3-44.9) 43.9 (41.6-46.2) 39.6 (37.1-42.0) 96.3 (95.5-97.0) 95.6 (94.8-96.7) 95.7 (94.8-96.7) 95.6 (94.8-96.7) 95.6 (94.8-96.7) 95.6 (94.8-96.7) 95.6 (94.8-96.7) 95.6 (94.8-96.7) 95.7 (72.0-75.5) 72.5 (70.3-74.6) 72.2 (70.4-74.0) 73.8 (71.7-75.9) 69.6 (67.2-72.1) 52.5 (51.0-54.0) 51.0 (49.1-53.0)	$\begin{array}{r} 10.1 \ (9.2-10.9) \\ 12.4 \ (11.3-13.6) \\ 13.8 \ (12.5-15.1) \\ 53.6 \ (52.3-55.0) \\ 52.3 \ (50.9-53.6) \\ 50.6 \ (48.9-52.3) \\ 50.9 \ (49.3-52.4) \\ 53.2 \ (51.3-55.1) \\ 50.4 \ (48.8-52.0) \\ 53.9 \ (52.0-55.8) \\ 52.3 \ (50.3-54.3) \\ 48.1 \ (48.8-50.3) \\ 49.4 \ (47.5-51.3) \\ 48.5 \ (46.5-50.5) \\ 95.1 \ (94.4-95.8) \\ 94.5 \ (93.8-95.2) \\ 93.1 \ (92.1-94.1) \\ 92.2 \ (91.3-93.1) \\ 84.5 \ (85.6-87.4) \\ 84.5 \ (83.2-85.7) \\ 85.7 \ (84.5-86.8) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (42.1-44.7) \\ 43.4 \ (41.8-45.1) \\ \end{array}$	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.5-46.5) 45.4 (44.9-44.4) 44.2 (42.9-45.4) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.6) 94.4 (93.7-95.1) 93.5 (92.8-94.1) 93.7 (92.8-94.5) 79.2 (78.4-80.0) 76.8 (75.6-77.9) 79.8 (78.8-80.9) 78.8 (77.5-80.1) 78.2 (77.1-79.3) 77.7 (76.3-79.1) 47.2 (45.9-48.5)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Eating processed meat products less than 3 times a week Adequate physical activity	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2004 2005 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2006 2007 1998 2006 2007 2006 2007 2007 2007 2007 2007	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 24.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.5 (94.2-98.7) 56.6 (52.7-60.5) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.6 (50.0-63.2) 52.9 (45.5-60.2) 97.9 (65.8-73.6) 65.4 (60.1-70.7) 67.2 (62.5-71.9)	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 92.9 (89.7-96.0) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 86.0 (81.2-90.8) \\ 75.0 (71.6-78.3) \\ 73.1 (68.4-77.8) \\ 80.5 (76.5-84.4) \\ 79.1 (74.4-83.9) \\ 76.0 (70.7-81.3) \\ 75.5 (70.2-80.7) \\ 60.3 (56.2-64.3) \\ 54.7 (49.6-59.8) \\ 54.3 (49.5-59.1) \\ \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.3\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.6\text{-}70.3\right)\\ 64.6 \left(60.0\text{-}69.2\right)\\ 65.1 \left(62.2\text{-}67.9\right)\\ 60.1 \left(56.5\text{-}63.8\right)\\ 60.5 \left(57.2\text{-}63.9\right)\\ \end{array}$	$\begin{array}{r} 4.7 \ (3.9-5.4) \\ 6.4 \ (5.3-7.5) \\ 7.2 \ (6.0-8.4) \\ 37.2 \ (35.8-38.6) \\ 38.6 \ (37.0-40.1) \\ 35.6 \ (33.7-37.4) \\ 37.2 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.8 \ (36.4-41.1) \\ 37.4 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.5 \ (36.0-40.9) \\ 42.1 \ (39.3-44.9) \\ 43.9 \ (41.6-46.2) \\ 39.6 \ (37.1-42.0) \\ 96.3 \ (95.5-97.0) \\ 95.6 \ (94.7-96.4) \\ 95.7 \ (94.8-96.7) \\ 95.6 \ (94.7-96.4) \\ 95.6 \ (94.4-96.7) \\ 71.6 \ (70.3-72.9) \\ 68.9 \ (67.1-70.8) \\ 73.7 \ (72.0-75.5) \\ 72.5 \ (70.3-74.6) \\ 72.2 \ (70.4-74.0) \\ 73.8 \ (71.7-75.8) \\ 69.6 \ (67.2-72.1) \\ 51.0 \ (49.1-53.0) \\ 49.5 \ (47.6-51.5) \\ \end{array}$	$\begin{array}{r} 10.1 \ (9.2-10.9) \\ 12.4 \ (11.3-13.6) \\ 13.8 \ (12.5-15.1) \\ 53.6 \ (52.3-55.0) \\ 52.3 \ (50.9-53.6) \\ 50.6 \ (48.9-52.3) \\ 50.9 \ (49.3-52.4) \\ 53.2 \ (51.3-55.1) \\ 50.4 \ (48.8-52.0) \\ 53.9 \ (52.0-55.8) \\ 52.3 \ (50.3-54.3) \\ 48.1 \ (45.8-50.3) \\ 49.4 \ (47.5-51.3) \\ 48.5 \ (46.5-50.5) \\ 95.1 \ (94.4-95.8) \\ 94.5 \ (93.8-95.2) \\ 93.1 \ (92.1-94.1) \\ 93.1 \ (92.2-94.0) \\ 91.9 \ (90.7-93.1) \\ 86.5 \ (85.6-87.4) \\ 84.5 \ (83.2-85.7) \\ 85.7 \ (84.5-86.8) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (82.8-85.3) \\ 83.3 \ (81.8-84.8) \\ 85.0 \ (83.6-86.5) \\ 33.4 \ (42.1-44.7) \\ 43.4 \ (41.8-45.1) \\ 40.4 \ (38.9-42.0) \\ \end{array}$	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.5-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.1) 93.5 (92.8-94.1) 93.5 (92.8-94.1) 93.7 (92.8-94.5) 79.2 (78.4-80.0) 76.8 (77.5-80.1) 78.8 (77.5-80.1) 78.8 (77.3-79.8) 77.7 (76.3-79.1) 47.9 (46.9-48.9) 47.2 (45.9-48.5) 44.7 (43.5-46.0)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Adequate physical activity	2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2007 2007 2007 2007 2007 2007	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 95.9 (93.7-98.1) 96.1 (94.1-98.2) 96.5 (94.2-98.7) 56.6 (52.7-60.5) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.6 (50.0-63.2) 52.9 (45.5-60.2) 65.4 (60.1-70.7) 67.2 (62.5-71.9) 65.9 (59.4-72.4)	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 92.9 (89.7-96.0) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 86.0 (81.2-90.8) \\ 75.0 (71.6-78.3) \\ 73.1 (68.4-77.8) \\ 80.5 (76.5-84.4) \\ 79.1 (74.4-83.9) \\ 76.1 (71.4-80.8) \\ 76.5 (70.2-80.7) \\ 60.3 (56.2-64.3) \\ 54.3 (49.5-59.1) \\ 65.0 (59.5-70.6) \\ \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 63.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.6\text{-}70.3\right)\\ 64.6 \left(60.0\text{-}69.2\right)\\ 65.1 \left(62.2\text{-}67.9\right)\\ 60.1 \left(56.5\text{-}63.9\right)\\ 65.5 \left(61.2\text{-}69\text{-}8\right)\\ 80.5 \left(57.2\text{-}63.9\right)\\ 65.5 \left(61.2\text{-}69\text{-}8\right)\\ 85.5 \left$	$\begin{array}{r} 4.7 (3.9-5.4) \\ 6.4 (5.3-7.5) \\ 7.2 (6.0-8.4) \\ 37.2 (35.8-38.6) \\ 38.6 (37.0-40.1) \\ 35.6 (33.7-37.4) \\ 37.2 (35.4-39.1) \\ 38.8 (36.4-41.1) \\ 37.4 (35.5-39.2) \\ 40.7 (38.5-43.0) \\ 38.5 (36.0-40.9) \\ 42.1 (39.3-44.9) \\ 43.9 (41.6-46.2) \\ 39.6 (37.1-42.0) \\ 96.3 (95.5-97.0) \\ 95.6 (94.7-96.4) \\ 95.7 (94.8-96.7) \\ 71.6 (70.3-72.9) \\ 68.9 (67.1-70.8) \\ 73.7 (72.0-75.5) \\ 72.5 (70.3-74.6) \\ 72.2 (70.4-74.0) \\ 73.8 (71.7-75.8) \\ 69.6 (67.2-72.1) \\ 52.5 (51.0-54.0) \\ 51.0 (49.1-53.0) \\ 49.5 (47.6-51.5) \\ 57.0 (54.7-50.3) \\ \end{array}$	$\begin{array}{r} 10.1 (9.2-10.9) \\ 12.4 (11.3-13.6) \\ 13.8 (12.5-15.1) \\ 53.6 (52.3-55.0) \\ 52.3 (50.9-53.6) \\ 50.6 (48.9-52.3) \\ 50.9 (49.3-52.4) \\ 53.2 (51.3-55.1) \\ 50.4 (48.8-52.0) \\ 53.9 (52.0-55.8) \\ 52.3 (50.3-54.3) \\ 48.1 (45.8-50.3) \\ 49.4 (47.5-51.3) \\ 48.5 (46.5-50.5) \\ 95.1 (94.4-95.8) \\ 94.5 (93.8-95.2) \\ 93.1 (92.1-94.1) \\ 92.2 (91.3-93.1) \\ 93.1 (92.2-94.0) \\ 91.9 (90.7-93.1) \\ 86.5 (85.6-87.4) \\ 84.5 (83.2-85.7) \\ 85.7 (84.5-86.8) \\ 85.0 (83.6-86.4) \\ 84.1 (82.8-85.3) \\ 83.3 (81.8-84.8) \\ 85.0 (83.6-86.4) \\ 84.1 (42.8-45.3) \\ 83.3 (81.8-84.8) \\ 85.0 (83.6-86.5) \\ 43.4 (42.1-44.7) \\ 43.4 (41.8-45.1) \\ 40.4 (38.9-42.0) \\ 47.9 (46.0-49.8) \\ 47.9 (46.0-49.8) \\ 47.9 (46.0-49.8) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 47.9 (46.0-49.8) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (40.4-35.1) \\ 48.1 (4$	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 46.1 (44.6-47.6) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.6) 94.4 (93.7-95.1) 93.5 (92.8-94.1) 94.5 (93.9-95.1) 93.7 (92.8-94.5) 79.2 (78.4-80.0) 76.8 (77.3-78.8) 77.7 (76.3-79.1) 47.9 (46.9-48.9) 47.2 (45.9-48.5) 44.7 (43.5-46.0) 52.4 (50.9-53.0)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Adequate physical activity	2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 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(38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.3 (92.1-96.5) \\ 92.9 (89.7-96.0) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 91.8 (88.7-95.0) \\ 91.8 (88.7-95.0) \\ 91.1 (74.4-83.9) \\ 75.0 (71.6-78.3) \\ 75.5 (70.2-80.7) \\ 60.3 (56.2-64.3) \\ 54.3 (49.5-59.1) \\ 65.0 (59.5-70.6) \\ 59.6 (54.4-67.7) \\ 80.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7) \\ 81.6 (47.7$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.3\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.8 \left(60.1\text{-}67.3\right)\\ 65.9 \left(61.2\text{-}63.9\right)\\ 65.1 \left(62.2\text{-}67.9\right)\\ 60.1 \left(56.5\text{-}63.8\right)\\ 60.5 \left(57.2\text{-}63.9\right)\\ 65.5 \left(61.2\text{-}69.8\right)\\ 64.6 \left(60.9\text{-}68.3\right)\\ 65.5 \left(61.2\text{-}69.8\right)\\ 64.6 \left(60.9\text{-}68.3\right)\\ 65.5 \left(61.2\text{-}63.8\right)\\ 6$	$\begin{array}{r} 4.7 \ (3.9-5.4) \\ 6.4 \ (5.3-7.5) \\ 7.2 \ (6.0-8.4) \\ 37.2 \ (35.8-38.6) \\ 38.6 \ (37.0-40.1) \\ 35.6 \ (33.7-37.4) \\ 37.2 \ (35.4-39.1) \\ 38.8 \ (36.4-41.1) \\ 37.4 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.5 \ (36.0-40.9) \\ 42.1 \ (39.3-44.9) \\ 43.9 \ (41.6-46.2) \\ 39.6 \ (37.1-42.0) \\ 96.3 \ (95.5-97.0) \\ 95.6 \ (94.7-96.4) \\ 95.7 \ (94.8-96.7) \\ 71.6 \ (70.3-72.9) \\ 68.9 \ (67.1-70.8) \\ 73.7 \ (72.0-75.5) \\ 72.5 \ (70.3-74.6) \\ 72.2 \ (70.4-74.0) \\ 73.8 \ (71.7-75.8) \\ 69.6 \ (67.2-72.1) \\ 52.5 \ (51.0-54.0) \\ 51.0 \ (49.1-53.0) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.7-59.3) \\ 57.0 \ (54.$	$\begin{array}{r} 10.1 (9.2-10.9) \\ 12.4 (11.3-13.6) \\ 13.8 (12.5-15.1) \\ 53.6 (52.3-55.0) \\ 52.3 (50.9-53.6) \\ 50.9 (49.3-52.4) \\ 53.2 (51.3-52.4) \\ 53.2 (51.3-52.4) \\ 53.2 (51.3-52.4) \\ 53.9 (52.0-55.8) \\ 52.3 (50.3-54.3) \\ 48.1 (45.8-50.3) \\ 49.4 (47.5-51.3) \\ 48.5 (46.5-50.5) \\ 95.1 (94.4-95.8) \\ 94.5 (93.8-95.2) \\ 93.1 (92.1-94.1) \\ 91.9 (90.7-93.1) \\ 86.5 (85.6-87.4) \\ 84.5 (83.2-85.7) \\ 85.7 (84.5-86.8) \\ 85.0 (83.6-86.4) \\ 84.1 (82.8-85.3) \\ 83.3 (81.8-84.8) \\ 85.0 (83.6-86.5) \\ 43.4 (42.1-44.7) \\ 43.4 (41.8-45.1) \\ 40.4 (38.9-42.0) \\ 47.9 (46.0-49.8) \\ 47.3 (45.7-49.0) \\ \end{array}$	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.6-46.5) 45.5 (44.5-46.5) 44.2 (42.9-45.4) 46.1 (44.6-47.6) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.6) 94.4 (93.7-95.1) 93.5 (92.8-94.5) 79.2 (78.4-80.0) 78.8 (77.3-79.8) 77.7 (76.3-79.1) 47.9 (46.9-48.9) 44.7 (43.5-46.5) 44.7 (43.5-46.5) 44.7 (43.5-46.5) 44.7 (43.5-46.5) 51.9 (50.6-53.1) 51.9 (50.6-53.1)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Adequate physical activity	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2005 2006 2007 2005 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 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(2.6-8.5) \\ 45.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \\ 31.4 \ (25.5-37.3) \\ 94.8 \ (92.8-96.9) \\ 94.3 \ (92.1-96.5) \\ 92.9 \ (89.7-96.0) \\ 91.2 \ (88.2-94.2) \\ 91.8 \ (88.7-95.0) \\ 80.5 \ (76.5-84.4) \\ 79.1 \ (74.4-83.9) \\ 76.1 \ (71.4-80.8) \\ 76.1 \ (71.4-80.8) \\ 76.1 \ (70.7-81.3) \\ 75.5 \ (70.2-80.7) \\ 60.3 \ (56.2-64.3) \\ 54.3 \ (49.5-59.1) \\ 65.0 \ (59.5-70.6) \\ 59.6 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.4-64.7) \\ 54.4 \ (54.$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.3\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.6\text{-}70.3\right)\\ 64.6 \left(60.0\text{-}69.2\right)\\ 65.5 \left(61.2\text{-}63.8\right)\\ 60.5 \left(57.2\text{-}63.9\right)\\ 64.6 \left(60.9\text{-}68.3\right)\\ 6$	$\begin{array}{c} 4.7 (3.9-5.4) \\ 6.4 (5.3-7.5) \\ 7.2 (6.0-8.4) \\ 37.2 (35.8-38.6) \\ 38.6 (37.0-40.1) \\ 35.6 (33.7-37.4) \\ 37.2 (35.4-39.1) \\ 38.8 (36.4-41.1) \\ 37.4 (35.5-39.2) \\ 40.7 (38.5-43.0) \\ 38.5 (36.0-40.9) \\ 42.1 (39.3-44.9) \\ 43.9 (41.6-46.2) \\ 39.6 (37.1-42.0) \\ 96.3 (95.5-97.0) \\ 95.6 (94.7-96.4) \\ 95.7 (94.8-96.7) \\ 95.9 (95.1-96.8) \\ 95.6 (94.4-96.7) \\ 71.6 (70.3-72.9) \\ 68.9 (67.1-70.8) \\ 72.5 (70.3-74.6) \\ 72.2 (70.4-74.0) \\ 73.8 (71.7-75.8) \\ 69.6 (67.2-72.1) \\ 52.5 (51.0-54.0) \\ 51.0 (54.7-59.3) \\ 56.6 (54.6-58.5) \\ 50.4 (59.4-27.7) \\ 51.0 (54.7-59.3) \\ 56.6 (54.6-58.5) \\ 50.4 (59.4-27.7) \\ 51.0 (54.7-59.3) \\ 56.6 (54.6-58.5) \\ 50.4 (59.4-27.7) \\ 51.0 (54.7-59.3) \\ 56.6 (54.6-58.5) \\ 50.4 (59.4-27.7) \\ 51.0 (54.7-59.3) \\ 56.6 (54.6-58.5) \\ 50.4 (59.4-27.7) \\ 51.0 (54.7-59.3) \\ 56.6 (54.6-58.5) \\ 50.4 (59.4-27.7) \\ 51.0 (54.7-59.3) \\ 56.6 (54.6-58.5) \\ 50.4 (59.4-27.7) \\ 51.0 (54.7-59.3) \\ 56.6 (54.6-58.5) \\ 50.4 (59.4-27.7) \\ 51.0 (54.7-59.3) \\ 56.6 (54.6-58.5) \\ 50.4 (59.4-27.7) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3) \\ 51.0 (54.7-59.3$	10.1 $(9.2-10.9)$ 12.4 $(11.3-13.6)$ 13.8 $(12.5-15.1)$ 53.6 $(52.3-55.0)$ 50.9 $(49.3-52.4)$ 53.2 $(51.3-55.1)$ 50.4 $(48.8-52.3)$ 50.9 $(49.3-52.4)$ 53.2 $(51.3-55.1)$ 50.4 $(48.8-52.0)$ 53.9 $(52.0-55.8)$ 52.3 $(50.3-54.3)$ 48.1 $(45.8-50.3)$ 49.4 $(47.5-51.3)$ 48.5 $(46.5-50.5)$ 95.1 $(94.4-95.8)$ 94.5 $(93.8-95.2)$ 93.1 $(92.1-94.1)$ 92.2 $(91.3-93.1)$ 93.1 $(92.2-94.0)$ 91.9 $(90.7-93.1)$ 86.5 $(85.6-87.4)$ 85.0 $(83.6-86.4)$ 85.0 $(83.6-86.4)$ 85.0 $(83.6-86.5)$ 43.4 $(42.1-44.7)$ 43.4 $(41.8-45.1)$ 40.4 $(38.9-42.0)$ 47.9 $(46.0-49.8)$ 47.9 $(46.0-49.8)$ 47.9 $(46.0-49.8)$ 47.9 $(46.7-49.0)$ 49.6 $(47.6-4.7)$	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.6) 94.4 (93.7-95.1) 93.5 (92.8-94.1) 94.5 (93.9-95.1) 93.7 (92.8-94.5) 79.2 (78.4-80.0) 76.8 (75.6-77.9) 79.8 (78.8-80.9) 78.8 (77.3-79.8) 77.7 (76.3-79.1) 47.9 (46.9-48.9) 44.7 (43.5-46.0) 52.4 (50.9-53.1) 51.9 (50.6-53.1)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Adequate physical activity	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2002 2007 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2006 2007 2002 2006 2007 2002 2006 2007 2002 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2007	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.5 (94.2-98.7) 56.6 (52.7-62.6) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.6 (50.0-63.2) 52.9 (45.5-60.2) 65.4 (60.1-70.7) 67.2 (62.5-71.9) 65.9 (59.4-72.4) 69.7 (64.5-75.0) 72.3 (66.1-78.0)	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 92.9 (89.7-96.0) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 80.0 (81.2-90.8) \\ 75.0 (71.6-78.3) \\ 73.1 (68.4-77.8) \\ 80.5 (76.5-84.4) \\ 79.1 (74.4-83.9) \\ 76.1 (71.4-80.8) \\ 76.0 (70.7-81.3) \\ 75.5 (70.2-80.7) \\ 60.3 (56.2-64.3) \\ 54.3 (49.5-59.1) \\ 65.0 (59.5-70.6) \\ 59.6 (54.4-64.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-64.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 59.6 (54.4-67.7) \\ 61.4 (55.4-67.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4-7.3) \\ 61.4 (55.4$	$\begin{array}{c} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.5\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.9 \left(61.6\text{-}70.3\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.6\text{-}70.3\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.6\text{-}70.3\right)\\ 64.6 \left(60.0\text{-}9.2\right)\\ 65.5 \left(61.2\text{-}63.8\right)\\ 60.5 \left(57.2\text{-}63.9\right)\\ 65.5 \left(61.2\text{-}68.8\right)\\ 67.0 \left(62.7\text{-}71.5\right)\\ 66.8 \left(30.9\text{-}68.3\right)\\ 67.0 \left(62.7\text{-}72.5\right)\\ 66.8 \left(30.9\text{-}68.3\right)\\ 67.0 \left(62.7\text{-}72.5\right)\\ 65.5 \left(61.2\text{-}68.8\right)\\ 67.0 \left(62.7\text{-}72.5\right)\\ 65.5 \left(61.2\text{-}68.8\right)\\ 67.0 \left(62.7\text{-}72.5\right)\\ 65.5 \left(61.2\text{-}68.8\right)\\ 67.0 \left(62.7\text{-}72.5\right)\\ 65.5 \left(61.2\text{-}68.8\right)\\ 67.0 \left(62.7\text{-}72.5\right)\\ 65.8 \left(62.9\text{-}68.3\right)\\ 67.0 \left(62.7\text{-}72.5\right)\\ 65.8 \left(62.9\text{-}62.5\right)\\ 65.8 \left(62.9\text{-}68.3\right)\\ 65$	$\begin{array}{r} 4.7 \ (3.9-5.4) \\ 6.4 \ (5.3-7.5) \\ 7.2 \ (6.0-8.4) \\ 37.2 \ (5.8-38.6) \\ 38.6 \ (37.0-40.1) \\ 35.6 \ (33.7-37.4) \\ 37.2 \ (35.4-39.1) \\ 38.8 \ (36.4-41.1) \\ 37.4 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.5 \ (36.0-40.9) \\ 42.1 \ (39.3-44.9) \\ 43.9 \ (41.6-46.2) \\ 39.6 \ (37.1-42.0) \\ 96.3 \ (95.5-97.0) \\ 95.6 \ (94.7-96.4) \\ 95.7 \ (94.8-96.7) \\ 94.8 \ (93.8-95.7) \\ 95.6 \ (94.7-96.4) \\ 95.6 \ (94.7-96.4) \\ 95.6 \ (94.4-96.7) \\ 94.8 \ (93.8-95.7) \\ 95.6 \ (94.4-96.7) \\ 95.6 \ (94.4-96.7) \\ 95.6 \ (94.4-96.7) \\ 95.6 \ (94.4-96.7) \\ 71.6 \ (70.3-72.9) \\ 68.9 \ (67.1-70.8) \\ 73.7 \ (72.0-75.5) \\ 72.5 \ (70.3-74.6) \\ 72.2 \ (70.4-74.0) \\ 73.8 \ (71.7-75.8) \\ 69.6 \ (67.2-72.1) \\ 52.5 \ (51.0-54.0) \\ 51.0 \ (49.1-53.0) \\ 49.5 \ (47.6-51.5) \\ 57.0 \ (54.7-59.3) \\ 56.6 \ (54.6-58.5) \\ 60.4 \ (58.1-62.7) \\ 92.4 \ (50.2-52.5) \\ 57.0 \ (54.7-52.3) \\ 56.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1-62.7) \\ 57.4 \ (58.1$	$\begin{array}{r} 10.1 \ (9.2-10.9) \\ 12.4 \ (11.3-13.6) \\ 13.8 \ (12.5-15.1) \\ 53.6 \ (52.3-55.0) \\ 52.3 \ (50.9-53.6) \\ 50.6 \ (48.9-52.3) \\ 50.9 \ (49.3-52.4) \\ 53.2 \ (51.3-55.1) \\ 50.4 \ (48.8-52.0) \\ 53.9 \ (52.0-55.8) \\ 52.3 \ (50.3-54.3) \\ 48.1 \ (45.8-50.3) \\ 49.4 \ (47.5-51.3) \\ 48.5 \ (46.5-50.5) \\ 95.1 \ (94.4-95.8) \\ 94.5 \ (93.8-95.2) \\ 93.1 \ (92.1-94.1) \\ 92.2 \ (91.3-93.1) \\ 93.1 \ (92.2-94.0) \\ 91.9 \ (90.7-93.1) \\ 85.7 \ (84.5-86.8) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (42.8-85.3) \\ 85.0 \ (83.6-86.4) \\ 85.0 \ (83.6-86.4) \\ 85.0 \ (83.6-86.4) \\ 85.0 \ (83.6-86.5) \\ 43.4 \ (42.1-44.7) \\ 43.4 \ (41.8-45.1) \\ 40.4 \ (38.9-42.0) \\ 47.9 \ (46.0-49.8) \\ 47.3 \ (47.6-51.5) \\ 49.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.6 \ (47.6-51.5) \\ 47.$	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.6-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 46.1 (44.6-47.6) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.6) 94.4 (93.7-95.1) 93.5 (92.8-94.1) 93.5 (92.8-94.1) 93.7 (92.8-94.5) 79.2 (78.4-80.0) 78.8 (77.5-80.1) 78.2 (77.1-79.3) 78.6 (77.3-79.8) 77.7 (76.3-79.1) 47.9 (46.9-48.5) 44.7 (43.5-46.0) 52.4 (50.9-53.9) 51.9 (53.4-56.4)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Eating processed meat products less than 3 times a week Adequate physical activity	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2006 2007 2002 2008 2007 2002 2003 2004 2007 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 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24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.5 (94.2-98.7) 96.5 (94.2-98.7) 56.6 (52.7-60.5) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.4 (60.1-70.7) 67.2 (62.5-71.9) 65.9 (59.4-72.4) 69.7 (64.5-75.0) 72.3 (66.1-78.4) 76.7 (69.8-83.6) 65.4 (20.5-71.9) 65.9 (59.4-72.4) 67.7 (69.8-83.6) 76.7 (69.8-75.6) 76.7 (69.8-75.6) 76.7 (69.8-75.6) 76.7 (69.8-75.6) 76.7 (69.8-75.6) 76.7 (79.8-75.6) 76.7 (79.8-75	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 92.9 (83.7-96.0) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 92.9 (83.7-96.0) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 80.0 (81.2-90.8) \\ 75.0 (71.6-78.3) \\ 73.1 (68.4-77.8) \\ 80.5 (76.5-84.4) \\ 79.1 (74.4-83.9) \\ 76.1 (71.4-80.8) \\ 76.0 (70.7-81.3) \\ 75.5 (70.2-80.7) \\ 60.3 (56.2-64.3) \\ 54.3 (49.5-59.1) \\ 65.0 (59.5-70.6) \\ 59.6 (54.4-64.7) \\ 61.4 (55.4-67.3) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 (48.7-63.9) \\ 56.3 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33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.6 \left(60.0\text{-}92\right)\\ 65.1 \left(62.2\text{-}67.9\right)\\ 60.1 \left(56.5\text{-}63.8\right)\\ 60.5 \left(57.2\text{-}63.9\right)\\ 66.8 \left(61.2\text{-}71.3\right)\\ 66.8 \left(61.5\text{-}72.1\right)\\ 66.8 \left(61.5\text{-}72.7\right)\\ 66.$	$\begin{array}{c} 4.7 (3.9-5.4) \\ 6.4 (5.3-7.5) \\ 7.2 (6.0-8.4) \\ 37.2 (35.8-38.6) \\ 38.6 (37.0-40.1) \\ 35.6 (33.7-37.4) \\ 37.2 (35.5-39.2) \\ 40.7 (38.5-43.0) \\ 38.8 (36.4-41.1) \\ 37.4 (35.5-39.2) \\ 40.7 (38.5-43.0) \\ 38.5 (36.0-40.9) \\ 42.1 (39.3-44.9) \\ 43.9 (41.6-46.2) \\ 39.6 (37.1-42.0) \\ 96.3 (95.5-97.0) \\ 95.6 (94.7-96.4) \\ 95.7 (94.8-96.7) \\ 95.6 (94.8-96.7) \\ 95.6 (94.8-96.7) \\ 95.6 (94.8-96.7) \\ 95.6 (94.8-96.7) \\ 95.6 (94.8-96.7) \\ 95.6 (94.8-96.7) \\ 95.6 (94.8-96.7) \\ 95.5 (70.3-74.6) \\ 72.2 (70.4-74.0) \\ 73.8 (71.7-75.5) \\ 72.5 (70.3-74.6) \\ 72.2 (70.4-74.0) \\ 51.0 (49.1-53.0) \\ 49.5 (47.6-51.5) \\ 57.0 (54.7-59.3) \\ 56.6 (54.6-58.5) \\ 60.4 (58.1-62.7) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 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62.1 (59.3-65.0) \\ 62.1 (59.3-65.0) \\ 62.1 (59.3-65.0$	$\begin{array}{r} 10.1 (9.2-10.9) \\ 12.4 (11.3-13.6) \\ 13.8 (12.5-15.1) \\ 53.6 (52.3-55.0) \\ 52.3 (50.9-53.6) \\ 50.6 (48.9-52.3) \\ 50.9 (49.3-52.4) \\ 53.2 (51.3-55.1) \\ 50.4 (48.8-52.0) \\ 53.9 (52.0-55.8) \\ 52.3 (50.3-54.3) \\ 48.1 (45.8-50.3) \\ 49.4 (47.5-51.3) \\ 48.5 (46.5-50.5) \\ 95.1 (94.4-95.8) \\ 94.5 (93.8-95.2) \\ 93.1 (92.1-94.1) \\ 92.2 (91.3-93.1) \\ 84.5 (83.2-85.7) \\ 85.7 (84.5-86.8) \\ 85.0 (83.6-86.4) \\ 84.1 (82.8-85.3) \\ 83.3 (81.8-84.8) \\ 85.0 (83.6-86.5) \\ 83.4 (42.1-44.7) \\ 43.4 (41.8-45.1) \\ 40.4 (38.9-42.0) \\ 47.9 (46.0-49.8) \\ 47.3 (45.7-49.0) \\ 49.6 (47.6-51.5) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (45.2-50.0) \\ 47.6 (4$	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.6-46.5) 45.2 (41.9-44.4) 44.2 (42.9-45.4) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 44.2 (42.6-45.8) 95.7 (95.2-96.2) 95.0 (94.5-95.6) 94.4 (93.7-95.1) 93.5 (92.8-94.1) 93.5 (92.8-94.1) 93.7 (92.8-94.5) 79.2 (78.4-80.0) 76.8 (77.6-77.9) 79.8 (78.8-80.9) 78.8 (77.5-80.1) 78.2 (77.1-79.3) 77.7 (76.3-79.1) 47.2 (45.9-48.5) 44.7 (43.5-46.0) 52.4 (50.9-53.9) 51.9 (50.6-53.1) 54.9 (53.4-56.4) 54.8 (52.9-56.7)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Eating processed meat products less than 3 times a week Current smoking Current smoking	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2004 2005 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2006 2007 1997 2002 2006 2007 2006 2007 2006 2007 2007	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.9 (95.0-98.7) 96.5 (94.2-98.7) 56.6 (52.7-60.5) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.6 (50.0-63.2) 52.9 (45.5-60.2) 52.9 (45.5-60.2) 52.9 (45.5-60.2) 52.9 (45.5-7.6) 51.4 (60.1-70.7) 67.2 (62.5-7.1.9) 65.4 (60.1-70.7) 67.2 (62.5-7.1.9) 65.9 (59.4-72.4) 69.7 (64.5-75.0) 72.3 (66.1-78.4) 76.7 (69.8-83.6) 31.3 (27.6-34.9)	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 94.3 (92.1-96.5) \\ 94.3 (92.1-96.5) \\ 94.3 (92.1-96.5) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 86.0 (81.2-90.8) \\ 75.0 (71.6-78.3) \\ 73.1 (68.4-77.8) \\ 80.5 (76.5-84.4) \\ 79.1 (74.4-83.9) \\ 76.1 (71.4-80.8) \\ 76.0 (70.7-81.3) \\ 75.5 (70.2-80.7) \\ 60.3 (56.2-64.3) \\ 54.7 (49.6-59.8) \\ 54.3 (49.5-59.1) \\ 65.0 (59.5-70.6) \\ 59.6 (54.4-64.7) \\ 61.4 (55.4-67.3) \\ 56.3 (48.7-63.9) \\ 29.2 (25.6-32.7) \\ 29.2 (25.6-32.7) \\ 29.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7) \\ 20.2 (25.6-32.7$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.3\right)\\ 36.3 \left(33.3\text{-}39.2\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.6\text{-}70.3\right)\\ 65.5 \left(61.2\text{-}69.8\right)\\ 60.1 \left(56.5\text{-}63.8\right)\\ 60.5 \left(57.2\text{-}63.9\right)\\ 65.5 \left(61.2\text{-}69.8\right)\\ 64.6 \left(60.9\text{-}68.3\right)\\ 67.0 \left(62.7\text{-}71.3\right)\\ 66.8 \left(61.5\text{-}72.1\right)\\ 30.2 \left(27.7\text{-}32.8\right)\\ 64.9 \left(27.77\text{-}32.8\right)\\ 64.8 \left(27.77\text{-}32.8\right)\\ 64.8 \left(27.77\text$	$\begin{array}{c} 4.7 \ (3.9-5.4) \\ 6.4 \ (5.3-7.5) \\ 7.2 \ (6.0-8.4) \\ 37.2 \ (35.8-38.6) \\ 38.6 \ (37.0-40.1) \\ 35.6 \ (33.7-37.4) \\ 37.2 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.8 \ (36.4-41.1) \\ 37.4 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.5 \ (36.0-40.9) \\ 42.1 \ (39.3-44.9) \\ 43.9 \ (41.6-46.2) \\ 39.6 \ (37.1-42.0) \\ 96.3 \ (95.5-97.0) \\ 95.6 \ (94.7-96.4) \\ 95.7 \ (94.8-96.7) \\ 95.8 \ (94.7-96.4) \\ 95.6 \ (94.4-96.7) \\ 71.6 \ (70.3-72.9) \\ 68.9 \ (67.1-70.8) \\ 73.7 \ (72.0-75.5) \\ 72.5 \ (70.3-74.6) \\ 72.2 \ (70.4-74.0) \\ 73.8 \ (71.7-75.8) \\ 69.6 \ (67.2-72.1) \\ 55.7 \ (94.8-53.0) \\ 49.5 \ (47.6-51.5) \\ 57.0 \ (54.7-59.3) \\ 56.6 \ (54.6-58.5) \\ 60.4 \ (58.1-62.7) \\ 62.1 \ (59.3-65.0) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (58.7-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (25.8-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (25.8-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (25.8-50.7) \\ 27.1 \ (25.8-28.4) \\ 47.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.8-50.7) \\ 27.6 \ (25.$	$\begin{array}{r} 10.1 \ (9.2-10.9) \\ 12.4 \ (11.3-13.6) \\ 13.8 \ (12.5-15.1) \\ 53.6 \ (52.3-55.0) \\ 52.3 \ (50.9-53.6) \\ 50.6 \ (48.9-52.3) \\ 50.9 \ (49.3-52.4) \\ 53.2 \ (51.3-55.1) \\ 50.4 \ (48.8-52.0) \\ 53.9 \ (52.0-55.8) \\ 52.3 \ (50.3-54.3) \\ 48.1 \ (45.8-50.3) \\ 49.4 \ (47.5-51.3) \\ 48.5 \ (46.5-50.5) \\ 95.1 \ (94.4-95.8) \\ 94.5 \ (93.8-95.2) \\ 93.1 \ (92.1-94.1) \\ 93.1 \ (92.2-94.0) \\ 91.9 \ (90.7-93.1) \\ 86.5 \ (85.6-87.4) \\ 84.5 \ (83.2-85.7) \\ 85.7 \ (84.5-86.8) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (82.8-85.3) \\ 83.3 \ (81.8-84.8) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (82.8-85.3) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (82.8-85.3) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (82.8-85.3) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (82.8-85.3) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (82.8-85.3) \\ 85.0 \ (83.6-86.5) \\ 33.4 \ (42.1-44.7) \\ 43.4 \ (41.8-45.1) \\ 40.4 \ (38.9-42.0) \\ 47.9 \ (46.0-49.8) \\ 47.3 \ (45.7-49.0) \\ 49.6 \ (47.6-51.5) \\ 47.6 \ (45.2-50.0) \\ 21.1 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.4 \ (20.0-22.1) \\ 41.$	7.4 (6.8-8.0) 9.4 (8.7-10.2) 10.7 (9.8-11.5) 45.5 (44.6-46.5) 45.5 (44.6-46.5) 43.2 (41.9-44.4) 44.2 (42.9-45.4) 44.0 (42.7-45.2) 47.3 (45.9-48.8) 45.7 (44.1-47.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 45.1 (43.3-46.9) 46.7 (45.2-48.2) 45.0 (94.5-96.2) 95.0 (94.5-96.2) 95.0 (94.5-96.2) 94.4 (93.7-95.1) 93.5 (92.8-94.1) 93.5 (92.8-94.1) 93.7 (92.8-94.5) 79.2 (78.4-80.0) 76.8 (77.5-80.1) 78.8 (77.3-79.8) 77.7 (76.3-79.8) 77.7 (45.9-48.5) 44.7 (43.5-46.0) 52.4 (50.9-53.9) 51.9 (50.6-53.1) 54.9 (53.4-56.4) 54.8 (52.9-56.7) 24.0 (23.2-24.9)
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Eating processed meat products less than 3 times a week Current smoking Current smoking	2005 2006 2007 1997 1998 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 1998	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 28.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.8) 95.9 (93.7-98.1) 96.1 (94.1-98.2) 96.5 (94.2-98.7) 56.6 (52.7-60.5) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.6 (50.0-63.2) 52.9 (45.5-60.2) 52.9 (45.5-60.2) 52.9 (45.5-60.2) 52.9 (45.5-71.9) 65.9 (59.4-72.4) 69.7 (64.5-75.0) 72.3 (66.1-78.4) 76.7 (69.8-83.6) 31.3 (27.6-34.9) 29.5 (25.7-33.3)	$\begin{array}{c} 5.9 (3.4-8.3) \\ 4.8 (2.2-7.3) \\ 5.5 (2.6-8.5) \\ 45.0 (41.0-49.1) \\ 45.1 (40.8-49.4) \\ 39.8 (34.7-44.9) \\ 40.4 (35.7-45.2) \\ 44.6 (38.6-50.6) \\ 40.3 (35.2-45.4) \\ 40.8 (34.8-46.9) \\ 39.7 (33.5-45.9) \\ 30.4 (23.5-37.4) \\ 33.0 (27.2-38.8) \\ 31.4 (25.5-37.3) \\ 94.8 (92.8-96.9) \\ 94.3 (92.1-96.5) \\ 92.9 (89.7-96.0) \\ 91.2 (88.2-94.2) \\ 91.8 (88.7-95.0) \\ 86.0 (81.2-90.8) \\ 75.0 (71.6-78.3) \\ 73.1 (68.4-77.8) \\ 80.5 (76.5-84.4) \\ 79.1 (74.4-83.9) \\ 76.5 (70.2-80.7) \\ 60.3 (56.2-64.3) \\ 54.3 (49.5-59.1) \\ 65.0 (59.5-70.6) \\ 59.6 (54.4-64.7) \\ 61.4 (55.4-67.3) \\ 59.6 (24.3-31.6) \\ \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.3\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 63.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.2\text{-}63.8\right)\\ 60.5 \left(57.2\text{-}63.9\right)\\ 65.5 \left(61.2\text{-}63.8\right)\\ 60.5 \left(57.2\text{-}63.9\right)\\ 65.5 \left(61.2\text{-}63.8\right)\\ 67.0 \left(62.7\text{-}71.3\right)\\ 68.8 \left(26.1\text{-}31.4\right)\\ 28.8 \left(26.1\text{-}31.4\right)\\ \end{array}$	$\begin{array}{r} 4.7 \ (3.9-5.4) \\ 6.4 \ (5.3-7.5) \\ 7.2 \ (6.0-8.4) \\ 37.2 \ (35.8-38.6) \\ 38.6 \ (37.0-40.1) \\ 35.6 \ (33.7-37.4) \\ 35.6 \ (33.7-37.4) \\ 37.2 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.8 \ (36.4-41.1) \\ 37.4 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.5 \ (36.0-40.9) \\ 42.1 \ (39.3-44.9) \\ 43.9 \ (41.6-46.2) \\ 39.6 \ (37.1-42.0) \\ 96.3 \ (95.5-97.0) \\ 96.3 \ (95.5-97.0) \\ 95.6 \ (94.7-96.4) \\ 95.7 \ (94.8-96.7) \\ 95.9 \ (95.1-96.8) \\ 95.6 \ (94.7-96.4) \\ 95.6 \ (94.4-96.7) \\ 71.6 \ (70.3-72.9) \\ 68.9 \ (67.1-70.8) \\ 73.7 \ (72.0-75.5) \\ 72.5 \ (70.3-74.6) \\ 72.2 \ (70.4-74.0) \\ 73.8 \ (71.7-75.8) \\ 69.6 \ (67.2-72.1) \\ 52.5 \ (51.0-54.0) \\ 57.0 \ (54.7-59.3) \\ 56.6 \ (54.6-58.5) \\ 60.4 \ (58.1-62.7) \\ 62.1 \ (59.3-65.0) \\ 27.1 \ (25.8-28.4) \\ 26.2 \ (24.8-27.5) \\ \end{array}$	$\begin{array}{r} 10.1 \ (9.2-10.9) \\ 12.4 \ (11.3-13.6) \\ 13.8 \ (12.5-15.1) \\ 53.6 \ (52.3-55.0) \\ 52.3 \ (50.9-53.6) \\ 50.6 \ (48.9-52.3) \\ 50.9 \ (49.3-52.4) \\ 53.2 \ (51.3-55.1) \\ 50.4 \ (48.8-52.0) \\ 53.9 \ (52.0-55.8) \\ 52.3 \ (50.3-54.3) \\ 48.1 \ (45.8-50.3) \\ 49.4 \ (47.5-51.3) \\ 48.5 \ (46.5-50.5) \\ 95.1 \ (94.4-95.8) \\ 94.5 \ (93.8-95.2) \\ 93.1 \ (92.1-94.1) \\ 92.2 \ (91.3-93.1) \\ 93.1 \ (92.2-94.0) \\ 91.9 \ (90.7-93.1) \\ 86.5 \ (85.6-87.4) \\ 84.5 \ (83.2-85.7) \\ 85.7 \ (84.5-86.8) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (82.8-85.3) \\ 83.3 \ (81.8-84.8) \\ 85.0 \ (83.6-86.5) \\ 43.4 \ (42.1-44.7) \\ 43.4 \ (41.8-45.1) \\ 40.4 \ (38.9-42.0) \\ 47.9 \ (46.0-49.8) \\ 47.3 \ (45.7-49.0) \\ 49.6 \ (47.6-51.5) \\ 47.6 \ (45.2-50.0) \\ 21.1 \ (20.2-22.4) \end{array}$	$\begin{array}{r} 7.4 \ (6.8-8.0) \\ 9.4 \ (8.7-10.2) \\ 10.7 \ (9.8-11.5) \\ 45.5 \ (44.6-46.5) \\ 45.5 \ (44.5-46.5) \\ 43.2 \ (41.9-44.4) \\ 44.2 \ (42.9-45.4) \\ 46.1 \ (44.6-47.6) \\ 44.0 \ (42.7-45.2) \\ 47.3 \ (45.9-48.8) \\ 45.7 \ (44.1-47.2) \\ 45.1 \ (43.3-46.9) \\ 46.7 \ (45.2-48.2) \\ 44.2 \ (42.6-45.8) \\ 95.7 \ (95.2-96.2) \\ 95.0 \ (94.5-95.6) \\ 94.4 \ (93.7-95.1) \\ 93.5 \ (92.8-94.1) \\ 93.5 \ (92.8-94.1) \\ 93.7 \ (92.8-94.5) \\ 79.2 \ (78.4-80.0) \\ 78.8 \ (77.5-80.1) \\ 79.8 \ (78.8-80.9) \\ 78.8 \ (77.5-80.1) \\ 77.9 \ (45.9-48.9) \\ 47.2 \ (45.9-48.9) \\ 47.2 \ (45.9-48.9) \\ 47.2 \ (45.9-48.9) \\ 47.2 \ (45.9-48.9) \\ 47.2 \ (45.9-48.9) \\ 47.2 \ (45.9-48.9) \\ 47.2 \ (45.9-48.9) \\ 51.9 \ (50.6-53.1) \\ 54.9 \ (50.8-53.9) \\ 51.9 \ (50.8-56.4) \\ 54.8 \ (52.9-56.7) \\ 24.0 \ (23.2-24.9) \\ 23.7 \ (22.8-24.6) \end{array}$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Adequate physical activity Adequate physical activity Current smoking	2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2007	3.2 (1.0-5.3) 3.2 (1.1-5.2) 5.1 (2.1-8.1) 23.0 (19.7-26.3) 24.0 (24.0-31.9) 21.4 (17.1-25.6) 21.2 (17.2-25.1) 23.1 (17.3-28.9) 24.8 (19.8-29.7) 24.5 (18.8-30.1) 26.7 (20.0-33.4) 21.7 (15.1-28.3) 28.6 (22.6-34.7) 19.0 (13.2-24.9) 97.9 (96.4-99.4) 96.9 (95.0-98.7) 95.9 (93.7-98.1) 96.1 (94.1-98.2) 96.5 (94.2-98.7) 56.6 (52.7-60.5) 54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.6 (50.0-63.2) 52.9 (45.5-60.2) 65.4 (60.1-70.7) 67.2 (62.5-71.9) 65.9 (59.4-72.4) 69.7 (64.5-75.0) 72.3 (66.1-78.4) 76.7 (69.8-83.6) 31.3 (27.6-34.9) 29.5 (25.7-33.3) 24.3 (19.7-28.8)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 5.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \\ 31.4 \ (25.5-37.3) \\ 94.8 \ (92.8-96.9) \\ 94.3 \ (92.1-96.5) \\ 92.9 \ (89.7-96.0) \\ 91.2 \ (88.2-94.2) \\ 91.8 \ (88.7-95.0) \\ 86.0 \ (81.2-90.8) \\ 75.0 \ (71.6-78.3) \\ 73.1 \ (68.4-77.8) \\ 80.5 \ (76.5-84.4) \\ 79.1 \ (74.4-83.9) \\ 76.1 \ (71.4-80.8) \\ 76.0 \ (70.7-81.3) \\ 75.5 \ (70.2-80.7) \\ 60.3 \ (56.2-64.3) \\ 54.7 \ (49.6-59.8) \\ 54.3 \ (49.5-59.1) \\ 65.0 \ (59.5-70.6) \\ 59.6 \ (54.4-64.7) \\ 61.4 \ (55.4-67.3) \\ 59.6 \ (24.3-31.6) \\ 27.1 \ (22.6-31.6) \\ 27.1 \ (22.6-31.6) \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.3\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.4\right)\\ 94.1 \left(92.2\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.9 \left(61.6\text{-}70.3\right)\\ 64.8 \left(61.1\text{-}68.5\right)\\ 65.9 \left(61.2\text{-}63.9\right)\\ 60.5 \left(57.2\text{-}63.9\right)\\ 65.5 \left(61.2\text{-}69.8\right)\\ 64.6 \left(60.9\text{-}68.3\right)\\ 65.5 \left(61.2\text{-}69.8\right)\\ 64.6 \left(60.9\text{-}68.3\right)\\ 67.0 \left(62.7\text{-}71.3\right)\\ 62.8 \left(26.1\text{-}31.4\right)\\ 25.6 \left(22.4\text{-}28.8\right)\\ 28.8 \left(26.1\text{-}31.4\right)\\ 25.6 \left(22.4\text{-}28.8\right)\\ \end{array}$	$\begin{array}{r} 4.7 \ (3.9-5.4) \\ 6.4 \ (5.3-7.5) \\ 7.2 \ (6.0-8.4) \\ 37.2 \ (35.8-38.6) \\ 38.6 \ (37.0-40.1) \\ 35.6 \ (33.7-37.4) \\ 37.2 \ (35.4-39.1) \\ 38.8 \ (36.4-41.1) \\ 37.4 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.5 \ (36.0-40.9) \\ 42.1 \ (39.3-44.9) \\ 43.9 \ (41.6-46.2) \\ 39.6 \ (37.1-42.0) \\ 96.3 \ (95.5-97.0) \\ 96.3 \ (95.5-97.0) \\ 95.6 \ (94.7-96.4) \\ 95.7 \ (94.8-96.7) \\ 71.6 \ (70.3-72.9) \\ 68.9 \ (67.1-70.8) \\ 73.7 \ (72.0-75.5) \\ 72.5 \ (70.3-74.6) \\ 72.2 \ (70.4-74.0) \\ 73.8 \ (71.7-75.8) \\ 69.6 \ (67.2-72.1) \\ 52.5 \ (51.0-54.0) \\ 51.0 \ (49.1-53.0) \\ 57.0 \ (54.7-59.3) \\ 56.6 \ (54.6-58.5) \\ 60.4 \ (58.1-62.7) \\ 62.1 \ (59.3-65.0) \\ 27.1 \ (25.8-28.4) \\ 26.2 \ (24.8-27.5) \\ 23.9 \ (22.2-25.6) \\ \end{array}$	$\begin{array}{r} 10.1 \ (9.2-10.9) \\ 12.4 \ (11.3-13.6) \\ 13.8 \ (12.5-15.1) \\ 53.6 \ (52.3-55.0) \\ 52.3 \ (50.9-53.6) \\ 50.9 \ (49.3-52.4) \\ 53.2 \ (51.3-55.1) \\ 50.4 \ (48.8-52.0) \\ 53.9 \ (52.0-55.8) \\ 52.3 \ (50.3-54.3) \\ 48.1 \ (45.8-50.3) \\ 49.4 \ (47.5-51.3) \\ 48.5 \ (46.5-50.5) \\ 95.1 \ (94.4-95.8) \\ 94.5 \ (93.8-95.2) \\ 93.1 \ (92.1-94.1) \\ 92.2 \ (91.3-93.1) \\ 84.5 \ (83.6-86.7) \\ 85.7 \ (84.5-86.8) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (82.8-85.3) \\ 83.3 \ (81.8-84.8) \\ 85.0 \ (83.6-86.5) \\ 43.4 \ (42.1-44.7) \\ 43.4 \ (41.8-45.1) \\ 40.4 \ (38.9-42.0) \\ 47.9 \ (46.0-49.8) \\ 47.3 \ (45.7-49.0) \\ 49.6 \ (47.6-51.5) \\ 47.6 \ (45.2-50.0) \\ 21.1 \ (20.2-22.4) \\ 19.2 \ (17.9-20.5) \\ \end{array}$	$\begin{array}{r} 7.4 \ (6.8-8.0) \\ 9.4 \ (8.7-10.2) \\ 10.7 \ (9.8-11.5) \\ 45.5 \ (44.6-46.5) \\ 45.5 \ (44.6-46.5) \\ 45.5 \ (44.5-46.4) \\ 45.5 \ (44.5-47.6) \\ 44.2 \ (42.9-45.4) \\ 46.1 \ (44.6-47.6) \\ 44.0 \ (42.7-45.2) \\ 47.3 \ (45.9-48.8) \\ 45.7 \ (44.1-47.2) \\ 45.1 \ (43.3-46.9) \\ 46.7 \ (45.2-48.2) \\ 44.2 \ (42.6-45.8) \\ 95.7 \ (95.2-96.2) \\ 95.0 \ (94.5-95.6) \\ 94.4 \ (93.7-95.1) \\ 93.5 \ (92.8-94.1) \\ 94.5 \ (93.9-95.1) \\ 93.7 \ (92.8-94.5) \\ 79.2 \ (78.4-80.0) \\ 79.8 \ (77.5-80.1) \\ 79.8 \ (77.8-80.9) \\ 78.8 \ (77.5-80.1) \\ 79.8 \ (77.3-79.8) \\ 77.7 \ (76.3-79.1) \\ 47.9 \ (45.9-48.5) \\ 44.7 \ (43.5-46.0) \\ 51.9 \ (53.4-56.4) \\ 54.8 \ (52.9-56.7) \\ 24.0 \ (23.2-24.6) \\ 21.5 \ (20.5-22.6) \end{array}$
Usual use of lower fat milks Usual use of lower fat milks Eating potato crisps or salty snacks less than once a month Eating breads and cereals once a day or more Eating processed meat products less than 3 times a week Adequate physical activity Adequate physical activity Current smoking	2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2005 2006 2007 2002 2003 2004 2005 2006 2007 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1998 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 1997 2002 2003 2004 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2005 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 2007 2006 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54.7 (49.3-60.2) 57.6 (52.7-62.6) 54.4 (47.7-61.1) 53.2 (47.5-58.8) 56.6 (50.0-63.2) 52.9 (45.5-60.2) 69.7 (65.8-73.6) 65.4 (60.1-70.7) 67.2 (62.5-71.9) 97.9 (59.4-72.4) 97.6 (52.7-63.6) 51.4 (60.1-70.7) 67.2 (62.5-71.9) 97.3 (66.1-78.4) 76.7 (63.8-83.6) 31.3 (27.6-34.9) 29.5 (25.7-33.3) 24.3 (19.7-28.8) 27.8 (23.3-32.3)	$\begin{array}{c} 5.9 \ (3.4-8.3) \\ 4.8 \ (2.2-7.3) \\ 5.5 \ (2.6-8.5) \\ 45.0 \ (41.0-49.1) \\ 45.1 \ (40.8-49.4) \\ 39.8 \ (34.7-44.9) \\ 40.4 \ (35.7-45.2) \\ 44.6 \ (38.6-50.6) \\ 40.3 \ (35.2-45.4) \\ 40.8 \ (34.8-46.9) \\ 39.7 \ (33.5-45.9) \\ 30.4 \ (23.5-37.4) \\ 33.0 \ (27.2-38.8) \\ 31.4 \ (25.5-37.3) \\ 94.3 \ (92.1-96.5) \\ 92.9 \ (89.7-96.0) \\ 91.2 \ (88.2-94.2) \\ 91.8 \ (88.7-95.0) \\ 91.2 \ (88.2-94.2) \\ 91.8 \ (88.7-95.0) \\ 91.1 \ (74.4-83.9) \\ 75.0 \ (71.6-78.3) \\ 75.5 \ (70.2-80.7) \\ 60.3 \ (56.2-64.3) \\ 75.5 \ (70.2-80.7) \\ 60.3 \ (56.2-64.3) \\ 54.3 \ (49.5-59.1) \\ 54.3 \ (49.5-59.1) \\ 55.0 \ (59.5-70.6) \\ 59.6 \ (54.4-64.7) \\ 61.4 \ (55.4-67.3) \\ 59.6 \ (24.3-31.6) \\ 27.1 \ (22.6-31.6) \\ 24.8 \ (20.7-28.9) \end{array}$	$\begin{array}{r} 4.6 \left(2.9\text{-}6.2\right)\\ 3.9 \left(2.3\text{-}5.6\right)\\ 5.3 \left(3.2\text{-}7.4\right)\\ 33.8 \left(31.2\text{-}36.3\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 30.4 \left(27.0\text{-}33.9\right)\\ 31.0 \left(27.9\text{-}34.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 33.7 \left(29.4\text{-}37.9\right)\\ 32.6 \left(29.1\text{-}36.2\right)\\ 32.3 \left(28.1\text{-}36.5\right)\\ 33.5 \left(28.9\text{-}38.1\right)\\ 26.0 \left(21.2\text{-}30.9\right)\\ 30.8 \left(26.6\text{-}35.0\right)\\ 25.5 \left(21.3\text{-}29.7\right)\\ 96.4 \left(95.1\text{-}97.6\right)\\ 95.6 \left(94.2\text{-}97.0\right)\\ 94.9 \left(93.1\text{-}96.8\right)\\ 93.5 \left(91.6\text{-}95.9\right)\\ 91.0 \left(88.2\text{-}93.8\right)\\ 65.6 \left(63.0\text{-}68.3\right)\\ 65.8 \left(60.1\text{-}67.4\right)\\ 69.2 \left(66.0\text{-}72.5\right)\\ 66.6 \left(62.3\text{-}70.8\right)\\ 64.6 \left(60.0\text{-}69.2\right)\\ 65.5 \left(61.2\text{-}63.8\right)\\ 60.1 \left(56.5\text{-}63.8\right)\\ 60.5 \left(57.2\text{-}63.9\right)\\ 61.6 \left(60.9\text{-}63.3\right)\\ 67.0 \left(62.7\text{-}71.3\right)\\ 66.8 \left(61.5\text{-}72.1\right)\\ 30.2 \left(27.7\text{-}32.8\right)\\ 28.8 \left(26.1\text{-}31.4\right)\\ 25.6 \left(22.4\text{-}28.8\right)\\ 26.9 \left(23.8\text{-}30.0\right)\\ \end{array}$	$\begin{array}{r} 4.7 \ (3.9-5.4) \\ 6.4 \ (5.3-7.5) \\ 7.2 \ (6.0-8.4) \\ 37.2 \ (5.8-38.6) \\ 38.6 \ (37.0-40.1) \\ 35.6 \ (33.7-37.4) \\ 37.2 \ (35.4-39.1) \\ 38.8 \ (36.4-41.1) \\ 37.4 \ (35.5-39.2) \\ 40.7 \ (38.5-43.0) \\ 38.5 \ (36.0-40.9) \\ 42.1 \ (39.3-44.9) \\ 43.9 \ (41.6-46.2) \\ 39.6 \ (37.1-42.0) \\ 96.3 \ (95.5-97.0) \\ 96.3 \ (95.5-97.0) \\ 95.6 \ (94.7-96.4) \\ 95.7 \ (94.8-96.7) \\ 71.6 \ (70.3-72.9) \\ 68.9 \ (67.1-70.8) \\ 73.7 \ (72.0-75.5) \\ 72.5 \ (70.3-74.6) \\ 72.2 \ (70.4-74.0) \\ 73.8 \ (71.7-75.8) \\ 69.6 \ (67.2-72.1) \\ 52.5 \ (51.0-54.0) \\ 57.0 \ (54.7-59.3) \\ 56.6 \ (54.6-58.5) \\ 60.4 \ (58.1-62.7) \\ 62.1 \ (59.3-65.0) \\ 27.1 \ (25.8-28.4) \\ 26.2 \ (24.8-27.5) \\ 23.9 \ (22.2-25.6) \\ 24.7 \ (23.0-26.4) \end{array}$	$\begin{array}{r} 10.1 \ (9.2-10.9) \\ 12.4 \ (11.3-13.6) \\ 13.8 \ (12.5-15.1) \\ 53.6 \ (52.3-55.0) \\ 52.3 \ (50.9-53.6) \\ 50.9 \ (49.3-52.4) \\ 53.2 \ (51.3-55.1) \\ 53.2 \ (51.3-55.1) \\ 53.9 \ (52.0-55.8) \\ 52.3 \ (50.3-54.3) \\ 48.1 \ (45.8-50.3) \\ 49.4 \ (47.5-51.3) \\ 48.5 \ (46.5-50.5) \\ 95.1 \ (94.4-95.8) \\ 94.5 \ (33.8-95.2) \\ 93.1 \ (92.1-94.1) \\ 92.2 \ (91.3-93.1) \\ 86.5 \ (85.6-87.4) \\ 84.5 \ (83.2-85.7) \\ 85.7 \ (84.5-86.8) \\ 85.0 \ (83.6-86.4) \\ 84.1 \ (82.8-85.3) \\ 83.3 \ (81.8-84.8) \\ 85.0 \ (83.6-86.5) \\ 43.4 \ (42.1-44.7) \\ 43.4 \ (41.8-45.1) \\ 40.4 \ (38.9-42.0) \\ 47.9 \ (46.0-49.8) \\ 47.9 \ (46.2-50.0) \\ 21.1 \ (2022.1) \\ 21.3 \ (20.2-22.4) \\ 19.2 \ (17.9-20.5) \\ 19.7 \ (18.5-21.0) \end{array}$	$\begin{array}{r} 7.4 \ (6.8-8.0) \\ 9.4 \ (6.7-10.2) \\ 10.7 \ (9.8-711.5) \\ 45.5 \ (44.6-46.5) \\ 45.5 \ (44.6-46.5) \\ 45.5 \ (44.5-46.5) \\ 45.5 \ (44.2 \ (42.9-45.4) \\ 46.1 \ (44.6-47.6) \\ 44.2 \ (42.9-45.4) \\ 46.1 \ (44.6-47.6) \\ 44.0 \ (42.7-45.2) \\ 47.3 \ (45.9-48.8) \\ 45.7 \ (44.1-47.2) \\ 45.1 \ (43.3-46.9) \\ 46.7 \ (45.2-48.2) \\ 44.2 \ (42.6-45.8) \\ 95.7 \ (95.2-96.2) \\ 95.0 \ (94.5-95.6) \\ 94.4 \ (93.7-95.1) \\ 93.5 \ (92.8-94.1) \\ 93.5 \ (92.8-94.1) \\ 93.7 \ (92.8-94.5) \\ 79.2 \ (78.4-80.0) \\ 76.8 \ (77.5-80.1) \\ 79.8 \ (78.8-80.9) \\ 78.8 \ (77.5-80.1) \\ 79.8 \ (78.8-80.9) \\ 77.7 \ (76.3-79.1) \\ 47.9 \ (46.9-48.9) \\ 47.2 \ (45.9-48.5) \\ 44.7 \ (43.5-46.0) \\ 51.9 \ (50.6-53.1) \\ 54.8 \ (52.9-56.7) \\ 24.0 \ (23.2-24.6) \\ 21.5 \ (20.5-22.6) \\ 22.3 \ (21.2-23.3) \end{array}$

		Persons aged 16 to 24 years			Persons aged 16 years and over			
Indicator	Year	Males	Females	Persons	Males	Females	Persons	
	2005	25.4 (20.5-30.2)	21.3 (17.1-25.5)	23.3 (20.1-26.5)	22.6 (20.9-24.3)	17.6 (16.3-18.8)	20.1 (19.0-21.1)	
	2006	19.1 (13.8-24.4)	17.3 (12.8-21.9)	18.2 (14.7-21.7)	19.2 (17.3-21.1)	16.2 (14.8-17.7)	17.7 (16.5-18.9)	
	2007	21.4 (15.9-26.9)	13.8 (9.7-17.9)	17.7 (14.2-21.2)	21.9 (19.8-24.0)	15.4 (14.0-16.7)	18.6 (17.3-19.8)	
Smoke-free households	1997	-	-	62.3 (59.5-65.0)	-	-	69.7 (68.8-70.6)	
	1998	-	-	68.9 (66.2-71.6)	-	-	73.1 (72.3-74.0)	
	2002	-	-	74.6 (71.3-77.9)	-	-	80.8 (79.8-81.8)	
	2003	-	-	80.7 (78.0-83.4)	-	-	82.6 (81.7-83.5)	
	2004	-	-	79.7 (76.1-83.3)	-	-	84.2 (83.2-85.3)	
	2005	-	-	79.5 (70.4-62.7) 82 5 (70 2-85 0)	-	-	87 7 (86 7-88 6)	
	2000	-	-	83 1 (79 5-86 8)	-	-	88 2 (87 2-89 2)	
Smoke-free cars	2003	-	-	73.9 (70.6-77.2)	-	-	81.2 (80.2-82.2)	
	2004	-	-	76.7 (72.5-80.9)	-	-	84.3 (83.1-85.5)	
	2005	-	-	80.1 (76.9-83.3)	-	-	84.8 (83.9-85.8)	
	2006	-	-	84.5 (81.0-88.0)	-	-	87.7 (86.6-88.7)	
	2007	-	-	83.1 (79.4-86.8)	-	-	87.6 (86.5-88.7)	
WARANNE'		in at	es are	out.	ates			

# Trends in health status

		Perso	ons aged 16 to 24	years	Persons	s aged 16 years a	and over
Indicator	Year	Males	Females	Persons	Males	Females	Persons
Excellent, very good, or good self-rated health status	1997	91.7 (89.6-93.8)	91.6 (89.3-93.8)	91.6 (90.1-93.2)	85.0 (84.0-85.9)	85.1 (84.2-86.0)	85.0 (84.4-85.7)
	1998	93.5 (91.5-95.5)	91.4 (89.1-93.7)	92.5 (90.9-94.0)	85.0 (84.0-86.0)	83.1 (82.2-84.0)	84.0 (83.3-84.7)
	2002	86.3 (81.7-90.8)	82.8 (78.9-86.7)	84.6 (81.6-87.5)	82.0 (80.5-83.5)	79.9 (78.6-81.2)	81.0 (80.0-81.9)
	2003	85.2 (81.5-88.8)	83.1 (79.7-86.6)	84.2 (81.7-86.7)	81.8 (80.4-83.2)	79.7 (78.5-80.9)	80.7 (79.8-81.6)
	2004	85.0 (80.1-89.9)	83.5 (79.2-87.8)	84.3 (81.0-87.6)	79.4 (77.6-81.3)	79.5 (78.0-81.0)	79.5 (78.3-80.7)
	2005	87.4 (83.6-91.1)	81.8 (77.8-85.8)	84.6 (81.8-87.3)	83.3 (81.9-84.7)	78.7 (77.4-80.0)	80.9 (80.0-81.9)
	2006	87.4 (83.2-91.6)	80.1 (75.1-85.2)	83.9 (80.6-87.2)	82.5 (80.9-84.2)	78.1 (76.6-79.7)	80.3 (79.2-81.4)
	2007	89.2 (85.8-92.6)	83.6 (79.8-87.3)	86.4 (83.9-89.0)	83.3 (82.0-84.7)	78.8 (77.6-80.0)	81.0 (80.1-82.0)
Ever diagnosed with asthma	1997	24.3 (21.0-27.7)	28.0 (24.3-31.7)	26.1 (23.6-28.6)	15.2 (14.1-16.2)	18.4 (17.3-19.4)	16.8 (16.1-17.5)
	1998	23.0 (19.5-26.5)	26.2 (22.6-29.8)	24.6 (22.1-27.1)	15.5 (14.3-16.6)	18.1 (17.1-19.1)	16.8 (16.1-17.6)
	2002	25.0 (20.6-29.4)	28.4 (24.0-32.8)	26.7 (23.6-29.8)	18.6 (17.1-20.1)	21.1 (19.7-22.4)	19.8 (18.8-20.9)
	2003	31.5 (26.8-36.2)	29.3 (25.0-33.5)	30.2 (27.1-33.4)	19.3 (17.7-20.8)	22.6 (21.3-23.9)	21.0 (19.9-22.0)
	2005	28.0 (22.9-33.1)	29.8 (25.0-34.5)	28.9 (25.4-32.4)	17.9 (16.4-19.4)	20.4 (19.1-21.7)	19.2 (18.2-20.2)
	2006	26.4 (20.7-32.2)	20.8 (15.8-25.7)	23.7 (19.9-27.5)	18.4 (16.6-20.2)	20.1 (18.6-21.6)	19.3 (18.1-20.4)
Ourseast and there a	2007	28.8 (22.5-35.1)	24.8 (19.5-30.1)	26.8 (22.7-30.9)	19.3 (17.3-21.3)	21.1 (19.6-22.7)	20.2 (19.0-21.5)
Current asthma	1997	12.4 (9.8-15.1)	19.5 (16.2-22.9)	15.9 (13.8-18.1)	8.8 (7.9-9.6)	12.1 (11.2-13.0)	10.5 (9.8-11.1)
	1998	11.4 (8.7-14.1)	14.0 (11.3-16.7)	12.7 (10.8-14.6)	8.9 (8.0-9.8)	11.0 (10.2-11.7)	9.9 (9.4-10.5)
	2002	10.3 (7.3-13.3)	16.6 (13.1-20.1)	13.4 (11.1-15.7)	9.2 (8.1-10.4)	12.1 (11.1-13.2)	10.7 (9.9-11.5)
	2003	11.9 (8.6-15.2)	14.7 (11.4-18.0)	13.1 (10.8-15.4)	9.1 (8.0-10.3)	12.6 (11.6-13.7)	10.9 (10.1-11.7)
	2004	12.6 (7.5-17.8)	13.5 (9.5-17.4)	13.0 (9.8-16.3)	8.9 (7.4-10.4)	11.9 (10.7-13.1)	10.4 (9.5-11.4)
	2005	10.4 (7.0-13.8)	15.1 (11.5-18.7)	12.0 (10.3-15.3)	0.0 (7.7-9.9)	11.0 (11.0-13.0)	10.4 (9.7-11.2)
	2006	<i>1.2</i> (3.8-10.7)	9.5 (6.0-13.1)	0.3 (5.9-10.8)	9.9 (8.5-11.3)	11.8 (10.6-13.0)	10.9 (9.9-11.8)
Plead propure measured within the last 0 was	2007	10.0 (0.7-14.4)	12.4 (0.1-10.6)	11.0 (0.0-14.3)	0.9 (7.5-10.4)	11.6 (10.6-13.1)	10.5 (9.5-11.4)
blood pressure measured within the last 2 years	1997	03.4 (59.5-67.3)	19.3 (15.8-82.7)	11.3 (08.7-74.0)	o∠.5 (81.3-83.6)	91.3 (90.5-92.1)	01.0 (80.3-81.7)
	1998	01.1 (50.8-65.4)	00.0 (11.2-84.3)	10.1 (01.8-13.6)	02.0 (81.5-84.0)	91.5 (90.7-92.3)	01.2 (80.4-81.9)
	2002	39.0 (53.8-65.4)	19.3 (14.1-83.9)	09.5 (05.7-73.2)	01.0 (80.2-83.5)	90.4 (89.2-91.5)	00.2 (85.2-87.2)
High blood proceure	1007	20(1024)	02.4 (78.1-86.6)	16 (10.20)	00.1 (85.2-88.2)	91.0 (90.8-92.8)	09.3 (88.4-90.2)
High blood pressure	1997	2.0 (1.0-3.1)	1.2 (0.5-1.9)	1.6 (1.0-2.2)	16.5 (15.4-17.5)	15.9 (15.0-16.8)	16.2 (15.5-16.8)
	1998	3.2 (1.5-5.0)	2.5 (1.0-3.9)	2.8 (1.7-4.0)	17.1 (16.0-18.2)	17.0 (16.1-17.9)	17.1 (10.3-17.8)
	2002	3.1 (1.0-5.1)	1.5 (0.5-2.5)	2.3 (1.2-3.4)	20.4 (18.9-21.8)	18.3 (17.2-19.4)	19.3 (18.4-20.2)
Chalasteral massured within last 2 years	2005	5.1 (2.5-7.7)	8.7 (5.4-11.9)	0.9 (4.8-9.0)	25.7 (24.1-27.3)	28.6 (27.3-30.0)	27.2 (20.1-28.2)
Cholesterol measured within last 2 years	1997	17.7 (14.6-20.9)	19.8 (16.4-23.1)	18.7 (16.4-21.0)	47.3 (45.8-48.7)	40.1 (44.8-47.4)	40.7 (45.7-47.7)
	1998	19.0 (15.5-22.5)	19.0 (15.5-22.4)	19.0 (16.5-21.4)	50.3 (48.8-51.9)	47.1 (45.7-48.4)	48.7 (47.6-49.7)
	2002	15.1 (10.7-19.4)	17.6 (13.8-21.5)	16.3 (13.4-19.2)	53.6 (51.6-55.6)	51.5 (49.8-53.2)	52.6 (51.2-53.9)
Liberta esta esta esta	2005	22.0 (16.8-27.2)	24.0 (19.1-28.8)	23.0 (19.5-26.6)	57.9 (55.8-59.9)	59.3 (57.6-60.9)	58.6 (57.3-59.9)
	1997	5.5 (2.0-8.9)	7.4 (3.3-11.4)	6.4 (3.8-9.1)	24.9 (23.4-26.4)	23.5 (22.2-24.8)	24.2 (23.2-25.2)
	1998	6.1 (1.7-10.6)	7.2 (3.0-11.3)	6.6 (3.6-9.7)	21.5 (20.0-23.0)	21.3 (20.1-22.6)	21.4 (20.4-22.4)
	2002	2.4 (0.0-7.0)	3.6 (0.0-7.2)	3.0 (0.1-5.9)	25.2 (23.3-27.2)	24.1 (22.6-25.7)	24.7 (23.4-26.0)
Dishatas as high blood alusass	2005	4.8 (0.4-9.2)	5.9 (1.1-10.7)	5.4 (2.1-8.6)	25.3 (23.4-27.2)	23.9 (22.5-25.3)	24.6 (23.4-25.8)
Diabetes of high blood glucose	1997	1.7 (0.7-2.6)	1.7 (0.9-2.5)	1.7 (1.1-2.3)	5.2 (4.6-5.7)	4.2 (3.7-4.8)	4.7 (4.3-5.1)
C^	1998	2.0 (0.8-3.1)	2.2 (0.0-3.8)	2.1 (1.1-3.1)	4.9 (4.2-5.5)	4.0 (3.5-4.5)	4.4 (4.0-4.8)
	2002	1.8 (0.3-3.4)	3.0 (1.1-4.8)	2.4 (1.2-3.6)	0.5 (5.7-7.3)	5.5 (4.9-6.2)	6.0 (5.5-6.5)
	2003	1.0 (0.1.1.0)	2.0 (0.5-3.6)	1.5 (0.6-2.4)	7.0 (6.1-7.8) 8.0 (6.9-9.1)	5.0 (4.9-0.2)	6.6 (6.0-7.3)
	2004	1.0 (0.1-1.9)	2.0 (0.5-3.6)	1.5 (0.6-2.4)	8.0 (6.9-9.1)	5.3 (4.6-6.0)	0.0 (0.0-7.3)
	2005	1.4 (0.2-2.5)	4.6 (2.4-6.9)	3.0 (1.7-4.3)	8.4 (7.4-9.3)	6.9 (6.1-7.6)	7.6 (7.0-8.2)
	2006	1.4 (0.0-3.1)	1.7 (0.0-3.4)	1.5 (0.3-2.7)	8.5 (7.4-9.7)	6.4 (5.6-7.2)	7.4 (0.7-0.1)
Link and your birk payetalogist distance	2007	2.3 (0.0-4.9)	2.0 (0.0-4.2)	2.2 (0.3-3.6)	7.8 (0.7-8.9)	0.5 (5.7-7.3)	7.1 (0.4-7.0)
High and very high psychological distress	1997	9.9 (7.5-12.2)	19.2 (10.0-22.4)	14.4 (12.4-16.4)	9.2 (8.4-10.0)	13.0 (12.1-13.9)	10.6 (10.0 11.2)
	2002	10.3 (7.7-13.0)	20.2 (16.2.24.4)	16.1 (12.2.19.9)	9.0 (8.1-9.9)	14.2 (12.0 15.4)	12.4 (11.5.12.2)
	2002	12.0 (0.3-13.0)	20.3 (10.2-24.4)	12 5 (11 2 15 0)	0.2 (9.3-11.0)	12.9 (11.9.12.0)	12.4(11.3-13.2)
	2003	10.8 (7.8-13.9)	10.1 (12.7-19.6)	13.5 (11.2-15.8)	9.3 (8.2-10.4)	12.8 (11.8-13.9)	12.2 (12.2 14.2)
	2004	67(37.06)	19.0 (14.0-23.2)	12.0 (10.3-15.5)	0.7 (8.4-10.0)	14.7 (13.3-10.1)	11.0 (11.1-12.9)
	2005	9.0 (5.1-3.0)	16.3 (11.9-20.7)	12.5 (0.6-15.3)	9.7 (8.4-10.3)	14.1 (12.3-13.3)	10.7 (0.8-11.6)
6	2000	12.3(7.7.16.0)	15.0 (10.7-10.3)	12.7 (10.5-16.9)	10.0 (0.4-12.5)	13.2 (11.0-14.5)	12.1 (11.1-12.1)
Visited a dental professional in the last 12 months	2007	12.3 (1.1-10.9) 56 5 (51 0-62 0)	58.6 (53.4-63.8)	57.5 (53.7-61.3)	10.9 (9.4-12.3) 53 8 (51 8-55 8)	57 7 (56 0-59 4)	55 8 (54 5-57 1)
visited a dental professional in the last 12 months	2002	50.5 (51.0-02.0)	50.0 (55.4-05.0) 62.2 (59.6.67.9)	57.5 (55.7-01.3)	55.8 (51.8-55.8)	57.7 (50.0-59.4)	55.8 (54.5-57.1)
	2003	57 3 (50 7-63 0)	62 7 (56 0 69 E)	59 9 (55 5-64 2)	58 1 (55 8 60 4)	63.1 (61.2-64.0)	60.6 (50 1.62 1)
	2004	63 2 (57 7 60 7)	67 5 (62 F 72 F)	65 3 (61 6 60 0)	60.2 (59.2 62.4)	63 Q (62 A CE E)	62 1 (60 0 62 2)
▼	2000	61 4 (54 0.67 0)	50 5 (52 6 65 E)	60.5 (01.0-09.0)	56 4 (54 1-59 7)	59 8 (57 0.61 6)	58 1 (56 6 50 6)
	2000	43 9 (36 6 51 1)	59.0 (52.7-65.2)	51 5 (46 6-56 2)	52 9 (50 1-56 1)	59.0 (57.3-01.0)	56 0 (54 A 57 e)
Overweight and obesity	1007	28 8 (25 2 22 5)	16.3 (12.2.100.2)	22 8 (20 2 25 2)	10 3 (17 9 EO 7)	34 2 (22 0 25 4)	11 8 (10 9 42 7
overweight and opesity	1000	25 3 (21 5-20 0)	15 3 (12 2-19.3)	20 4 (18 0-22 0)	49.8 (48.3 51 4)	34 1 (32 0-35 4)	42 0 (40.0-42.7)
	2002	30 8 (25 1-26 1)	13.7 (10 6-16 0)	22 5 (10 2-25 0)	53 4 (51 A-55 A)	38 2 (36 6-20 0)	45 9 (11 6-17 2)
	2002	26 6 (22 2-31 1)	21.3 (17 4-25 2)	24 4 (21 4-27 4)	55 7 (53 7-57 7)	41 0 (39 4-12 6)	48 4 (47 1-49 6)
	2003	33.9 (27.3-40.4)	20 2 (15 3-25 0)	27 4 (23 2-31 5)	56 2 (53 8-58 6)	40.5 (38.6-42.0)	48 4 (46 9-50 0)
	2004	31 4 (26 1-36 7)	21 6 (17 2-26 0)	26 4 (23 0-20 0)	57 5 (55 5-50 5)	42 3 (40 7-42.4)	49 9 (48 6-51 1)
	2000	31 3 (25 0.27 7)	24.4 (18.0-20.0)	28 1 (23 8-22 4)	57 4 (55 0 50 7)	43 3 (11 1-15 2)	50 4 (48 9.52 0)
	2000	30 7 (23 0-37 5)	21 4 (16 0-26 7)	26 1 (21 7-30 5)	58.8 (56 3-61 4)	44 7 (42 7-46 6)	51 7 (50 1-53 3)
Obesity	1007	52 (3 1.7 0)	27 (1 8.27)	40(30.50)	11 0 (10 1-11 0)	11 3 (10 6-12 1)	11 2 (10 6, 11 7)
	1000	3.2 (3.4-7.0)	4.0 (2.4 5.0)	4.0 (3.0-3.0)	125 (10.1-11.8)	11.5 (10.0-12.1)	120 (11 4 42 0)
	1998	3.3 (2.0-4.7)	4.0 (2.4-5.6)	3.1 (2.0-4.1)	12.0 (11.5-13.4)	11.5 (10.7-12.3)	14.5 (12.6 45.4)
	2002	3.7 (3.0-8.5)	3.3 (2.1-4.9)	4.7 (3.1-0.2)	14.0 (13.3-16.0)	14.4 (13.3-15.5)	14.3 (13.0-15.4)
	2003	67 (24400)	61(2004)	64 (4 2 8 6)	15.0 (14.1-10.8)	14 9 (10.3-17.6)	15 4 (14 2 40 4)
	_∠004	0.7 (3.4-10.0)	0.1 (J.U-9.1)	0.4 (4.2-8.6)	າວ.ອ (14. <b>3-</b> 17.6)	14.0 (13.5-16.1)	13.4 (14.3-16.4)

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	Perso	ns aged 16 to 24	years	Persons aged 16 years and over			
Indicator	Year	Males	Females	Persons	Males	Females	Persons
	2005	8.8 (5.7-11.8)	6.0 (3.5-8.4)	7.3 (5.4-9.3) 1	17.3 (15.8-18.8)	16.2 (15.1-17.3)	16.7 (15.8-17.6)
	2006	10.5 (6.4-14.6)	7.3 (4.3-10.4)	9.0 (6.4-11.6)	18.0 (16.2-19.8)	17.4 (15.9-18.8)	17.7 (16.6-18.9)
	2007	7.5 (3.8-11.2)	9.9 (5.9-13.8)	8.7 (6.0-11.4)	17.6 (15.7-19.5)	18.5 (17.0-19.9)	18.0 (16.8-19.2)

Please check theatth states new for latest estimates.

# **Trends in health services**

	Perso	ns aged 16 to 24	years Persons aged 16 ye			and over	
Indicator	Year	Males	Females	Persons	Males	Females	Persons
Private health insurance	1997	35.3 (31.3-39.2)	34.9 (30.8-39.0)	35.1 (32.3-37.9)	42.7 (41.2-44.1)	41.4 (40.1-42.7)	42.0 (41.1-43.0)
	1998	30.7 (26.6-34.7)	34.3 (30.1-38.5)	32.4 (29.5-35.4)	40.5 (39.0-42.0)	41.3 (40.0-42.6)	40.9 (39.9-41.9)
	2002	39.6 (34.1-45.2)	41.8 (36.5-47.0)	40.7 (36.8-44.5)	52.1 (50.2-54.1)	54.1 (52.4-55.7)	53.1 (51.8-54.4)
	2003	44.4 (39.3-49.6)	46.8 (41.8-51.8)	45.3 (41.7-48.9)	53.4 (51.5-55.4)	54.4 (52.8-56.0)	53.7 (52.5-55.0)
	2004	42.4 (35.5-49.3)	47.6 (41.4-53.8)	45.0 (40.3-49.6)	54.4 (52.1-56.8)	54.1 (52.2-56.0)	54.3 (52.7-55.8)
	2005	46.3 (40.5-52.2)	44.2 (38.8-49.6)	45.3 (41.3-49.2)	54.3 (52.3-56.3)	54.9 (53.3-56.5)	54.6 (53.3-55.9)
	2006	41.6 (34.8-48.3)	49.3 (43.0-55.7)	45.3 (40.6-50.0)	53.2 (50.9-55.6)	55.9 (54.0-57.8)	54.6 (53.1-56.1)
	2007	45.6 (39.9-51.2)	45.7 (40.7-50.6)	45.6 (41.9-49.4)	55.8 (53.9-57.7)	54.4 (52.9-55.9)	55.1 (53.9-56.3)
Difficulties getting health care when needing it	1997	5.1 (3.3-6.9)	6.4 (4.5-8.2)	5.7 (4.4-7.0)	8.8 (8.0-9.6)	11.0 (10.3-11.8)	9.9 (9.4-10.5)
	1998	3.3 (1.9-4.6)	9.0 (6.8-11.2)	6.1 (4.8-7.4)	8.5 (7.8-9.3)	11.8 (11.0-12.5)	10.2 (9.6-10.7)
	2002	4.8 (2.4-7.3)	10.0 (7.0-12.9)	7.3 (5.4-9.3)	10.8 (9.6-11.9)	14.3 (13.2-15.4)	12.6 (11.8-13.4)
	2003	6.3 (3.9-8.7)	10.6 (7.8-13.4)	8.3 (6.5-10.2)	11.4 (10.3-12.6)	15.1 (14.0-16.2)	13.3 (12.5-14.0)
	2004	4.6 (2.3-6.9)	10.0 (6.7-13.3)	7.2 (5.2-9.2)	12.7 (11.2-14.1)	15.0 (13.7-16.3)	13.9 (12.9-14.8)
	2005	24(10-38)	97 (65-128)	61(44-79)	11 1 (10 0-12 3)	15.0 (13.9-16.1)	13 1 (12 3-13 9)
	2006	44(18-69)	77(48-106)	6.0 (4.0-7.9)	11 9 (10 5-13 3)	14.6 (13.3-15.9)	13 2 (12 3-14 2)
	2000	91(60-122)	10.6 (7.7-13.5)	99(77-120)	14.7 (13.4-16.0)	19.2 (18.1-20.4)	17.0 (16.2-17.9)
Emergency department presentation in the last 12 months	1997	24 3 (21 0-27 6)	17.4 (14.5-20.3)	20.9 (18 7-23 1)	15.8 (14.8-16.8)	12.0 (11.2-12.9)	13.9 (13.2-14.6)
	1007	15.6 (12.7-18.4)	13.5 (10.9-16.1)	14.6 (12.6-16.5)	13.9 (12.9-14.9)	12.0 (11.2-12.8)	13.0 (12.3-13.6)
	2002	17 5 (12 5-21 5)	15.9 (12.5-10.1)	16.7 (14.1-10.2)	14.7 (13.4-16.0)	138 (127-14 0)	14 3 (13 / 15 1)
	2002	15.2 (13.3-21.5)	12.1 (0.2-15.4)	13.8 (11.5-16.0)	14.0 (12.7-15.9)	13.1 (12.7-14.9)	13 6 (12 7-14 4)
	2003	24 2 (19 7 20 0)	17.0 (12.5.21.0)	20.7 (17.4.24.2)	15 4 (12 0 47 0)	13.6 (12.2.44.0)	14 5 (12 5 45 5)
	2004	13 / (0 0 17 1)	16.5 (12.5-21.6)	15 0 (12 2 47 0)	13.4 (13.6-17.0)	13.0 (12.3-14.9)	136 (13.0-10.5)
	2005	13.4 (8.8-17.1)	12.2 (12.0-20.3)	12.0 (12.3-17.6)	14.0 (12.7-13.3)	14.0 (12.2-14.4)	14.1 (12.0-14.5)
	2006	12.0 (0.3-10.8)	13.2 (9.3-17.0)	12.9 (9.9-15.8)	14.1 (12.5-15.7)	14.0 (12.8-15.3)	14.1 (13.0-15.1)
	2007	20.5 (15.6-25.3)	21.3 (17.1-25.6)	20.9 (17.7-24.1)	20.0 (18.4-21.7)	16.2 (15.1-17.3)	18.0 (17.0-19.0)
Hospital admission in the last 12 months	1997	9.3 (7.0-11.5)	12.2 (9.6-14.7)	10.7 (9.0-12.4)	11.3 (10.4-12.1)	14.6 (13.7-15.5)	13.0 (12.3-13.6)
	1998	6.7 (4.6-8.8)	11.0 (8.6-13.4)	8.8 (7.2-10.4)	11.4 (10.5-12.4)	15.3 (14.4-16.2)	13.4 (12.7-14.0)
	2002	8.9 (5.8-12.0)	15.3 (11.9-18.8)	12.1 (9.8-14.4)	11.0 (9.9-12.2)	16.0 (14.8-17.3)	13.6 (12.7-14.4)
	2003	7.3 (4.8-9.8)	7.6 (5.1-10.1)	7.4 (5.6-9.1)	12.3 (11.1-13.5)	14.9 (13.8-16.0)	13.6 (12.8-14.4)
	2004	11.9 (7.0-16.7)	10.6 (6.8-14.4)	11.2 (8.1-14.3)	12.4 (10.9-13.8)	15.0 (13.6-16.4)	13.7 (12.7-14.7)
	2005	6.8 (3.8-9.7)	10.4 (7.5-13.4)	8.6 (6.5-10.7)	11.5 (10.4-12.7)	15.7 (14.6-16.9)	13.7 (12.9-14.5)
	2006	5.5 (2.9-8.2)	8.3 (5.5-11.1)	6.8 (4.9-8.8)	12.7 (11.3-14.1)	15.4 (14.1-16.8)	14.1 (13.1-15.1)
	2007	11.1 (7.3-15.0)	15.8 (12.0-19.6)	13.6 (10.9-16.3)	14.6 (13.3-15.9)	17.8 (16.6-19.0)	16.3 (15.4-17.2)
Visited a general practitioner in the last 2 weeks	1997	20.5 (17.1-24.0)	25.8 (22.0-29.7)	23.3 (20.7-25.8)	25.4 (24.1-26.8)	30.2 (28.9-31.5)	27.9 (27.0-28.9)
	1998	19.6 (15.7-23.6)	23.8 (20.0-27.7)	21.8 (19.1-24.6)	24.0 (22.6-25.4)	30.5 (29.2-31.8)	27.4 (26.5-28.4)
	2007	11.2 (7.1-15.4)	26.2 (21.3-31.1)	19.4 (16.0-22.8)	25.4 (23.6-27.1)	30.8 (29.3-32.2)	28.3 (27.1-29.4)
Visited a general practitioner in the last 12 months	1997	84.8 (81.9-87.6)	91.9 (89.7-94.2)	88.3 (86.5-90.1)	85.0 (83.9-86.0)	90.6 (89.8-91.3)	87.8 (87.2-88.4)
	1998	74.5 (70.9-78.1)	84.1 (80.9-87.2)	79.2 (76.8-81.6)	82.7 (81.5-83.8)	89.7 (88.9-90.5)	86.2 (85.5-86.9)
	2007	65.0 (59.9-70.1)	77.6 (73.6-81.6)	71.3 (68.1-74.6)	78.8 (77.2-80.4)	87.3 (86.3-88.4)	83.2 (82.2-84.1)
Public dental service attendance in the last 12 months	1998	2		-	0.0 (0.0-0.0)	14.9 (0.0-34.4)	11.3 (0.0-25.7)
	2002	6.8 (3.8-9.8)	10.9 (7.7-14.2)	8.8 (6.6-11.1)	3.9 (3.1-4.7)	5.3 (4.5-6.1)	4.6 (4.1-5.2)
	2003	5.3 (3.2-7.3)	5.0 (3.2-6.9)	5.1 (3.7-6.5)	3.8 (3.2-4.5)	4.7 (4.1-5.4)	4.3 (3.8-4.7)
	2004	11.7 (7.2-16.2)	9.8 (6.2-13.5)	10.8 (7.9-13.7)	5.2 (4.2-6.1)	5.6 (4.8-6.5)	5.4 (4.8-6.1)
	2005	9.0 (5.6-12.4)	9.0 (6.2-11.8)	9.0 (6.8-11.2)	4.9 (4.1-5.8)	5.4 (4.7-6.1)	5.2 (4.6-5.7)
	2006	7.8 (4.2-11.3)	5.5 (3.0-8.1)	6.7 (4.5-8.9)	3.9 (2.9-4.8)	4.6 (3.8-5.4)	4.2 (3.6-4.8)
	2007	13.5 (9.3-17.6)	11.9 (8.7-15.2)	12.7 (10.1-15.3)	6.2 (5.2-7.2)	5.7 (5.0-6.4)	5.9 (5.3-6.5)
Community health centre attendance in the last 12 months	2002	7.1 (4.5-9.8)	10.8 (7.7-13.8)	8.9 (6.9-10.9)	4.8 (4.0-5.6)	8.9 (8.0-9.9)	6.9 (6.3-7.5)
	2003	5.8 (3.5-8.1)	8.2 (5.7-10.6)	6.9 (5.2-8.6)	3.6 (3.0-4.3)	6.5 (5.8-7.2)	5.1 (4.6-5.6)
	2004	10.8 (7.1-14.5)	12.3 (8.4-16.2)	11.5 (8.9-14.2)	61(50-72)	81(71-91)	71(64-78)
	2005	78(49-107)	10.6 (7.4-13.7)	92(70-114)	62 (53-72)	8.8 (7.9-9.7)	7.5 (6.9-8.2)
	2000	8 1 (4 7-11 5)	8.0 (4.8-11.3)	8.1 (5.7-10.4)	57(47-68)	8.8 (7.7-9.9)	7.3 (6.5-8.1)
	2007	11 7 (7 5-15 9)	14 1 (10 4-17 8)	13.0 (10.2-15.8)	71(60-81)	10.8 (9.8-11.7)	9.0 (8.3-9.8)
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# Trends in social capital

		Perso	ns aged 16 to 24	years	Persons aged 16 years and over			
Indicator	Year	Males	Females	Persons	Males	Females	Persons	
Attended a community event at least once in the last 6 months	2002	50.0 (44.5-55.5)	59.6 (54.5-64.7)	54.7 (50.9-58.5)	53.2 (51.3-55.2)	60.9 (59.3-62.5)	57.1 (55.8-58.4)	
	2003	49.5 (44.4-54.5)	57.7 (52.9-62.5)	53.2 (49.7-56.7)	54.4 (52.5-56.4)	62.0 (60.5-63.6)	58.0 (56.8-59.2)	
	2005	53.8 (48.2-59.4)	64.1 (59.0-69.1)	59.0 (55.2-62.8)	56.4 (54.4-58.4)	63.7 (62.2-65.3)	60.1 (58.9-61.4)	
	2006	51.2 (44.6-57.8)	57.0 (50.9-63.2)	54.0 (49.5-58.6)	57.0 (54.7-59.4)	63.6 (61.8-65.4)	60.3 (58.9-61.8)	
Helped out any local group or organisation at least once in the last 3 months	2002	25.9 (21.4-30.5)	30.0 (25.4-34.5)	27.9 (24.7-31.1)	30.7 (28.9-32.4)	36.0 (34.4-37.6)	33.4 (32.2-34.5)	
	2003	27.5 (23.0-32.0)	20.9 (17.2-24.6)	23.9 (21.0-26.8)	31.4 (29.6-33.2)	33.1 (31.6-34.6)	32.1 (30.9-33.2)	
	2005	29.1 (24.1-34.2)	39.1 (34.0-44.2)	34.1 (30.5-37.8)	32.2 (30.3-34.0)	38.6 (37.0-40.2)	35.4 (34.2-36.6)	
	2006	30.0 (23.9-36.0)	29.3 (23.7-34.9)	29.6 (25.5-33.8)	34.1 (31.9-36.3)	37.7 (35.9-39.5)	35.9 (34.5-37.3)	
Active member of a local organisation, church or club	2002	43.6 (38.2-49.0)	37.1 (32.2-42.1)	40.4 (36.7-44.1)	45.6 (43.6-47.5)	42.1 (40.4-43.7)	43.8 (42.5-45.1)	
	2003	47.8 (42.7-52.8)	32.8 (28.1-37.4)	39.9 (36.5-43.3)	45.6 (43.7-47.6)	42.0 (40.4-43.5)	43.7 (42.4-44.9)	
	2005	44.2 (38.6-49.7)	39.8 (34.7-45.0)	42.0 (38.2-45.8)	44.0 (42.0-46.0)	41.3 (39.8-42.9)	42.6 (41.4-43.9)	
	2006	43.2 (36.6-49.8)	35.7 (29.7-41.7)	39.6 (35.1-44.1)	45.7 (43.4-48.1)	41.9 (40.0-43.7)	43.8 (42.3-45.3)	
Most people can be trusted	2002	64.4 (59.1-69.6)	54.9 (49.8-60.1)	59.7 (56.1-63.4)	68.9 (67.1-70.7)	62.6 (60.9-64.3)	65.7 (64.5-67.0)	
	2003	67.5 (62.8-72.2)	60.3 (55.5-65.0)	63.6 (60.2-66.9)	71.6 (69.9-73.4)	68.1 (66.6-69.6)	69.7 (68.6-70.9)	
	2005	63.9 (58.4-69.4)	66.9 (62.0-71.9)	65.4 (61.7-69.1)	74.2 (72.4-76.0)	72.5 (71.0-74.0)	73.3 (72.2-74.5)	
	2006	70.3 (64.0-76.6)	68.3 (62.5-74.1)	69.3 (65.0-73.6)	74.4 (72.3-76.4)	72.7 (71.0-74.5)	73.5 (72.2-74.9)	
	2007	62.0 (54.8-69.2)	63.0 (56.8-69.3)	62.5 (57.7-67.3)	72.3 (70.0-74.6)	69.1 (67.2-71.0)	70.7 (69.2-72.2)	
Feel safe walking down their street after dark	2002	85.1 (80.9-89.3)	64.2 (59.4-69.1)	74.9 (71.7-78.2)	78.4 (76.8-80.0)	56.5 (54.9-58.2)	67.4 (66.3-68.6)	
	2003	82.7 (78.9-86.5)	67.8 (63.5-72.2)	75.3 (72.4-78.2)	80.2 (78.7-81.7)	56.4 (54.8-58.0)	68.0 (66.9-69.1)	
	2005	86.4 (82.5-90.4)	65.3 (60.3-70.3)	75.8 (72.5-79.1)	82.9 (81.4-84.3)	59.9 (58.4-61.5)	71.3 (70.2-72.4)	
•	2006	81.9 (76.7-87.1)	62.6 (56.6-68.6)	72.6 (68.6-76.7)	82.4 (80.8-84.1)	58.0 (56.2-59.9)	70.2 (68.9-71.6)	
	2007	75.9 (69.8-82.0)	59.0 (52.6-65.4)	67.6 (63.1-72.0)	82.3 (80.5-84.1)	60.3 (58.4-62.3)	71.1 (69.7-72.5)	
Area has a reputation for being a safe place	2002	74.7 (70.2-79.3)	67.6 (62.7-72.4)	71.3 (67.9-74.6)	75.2 (73.5-76.9)	71.4 (69.9-73.0)	73.3 (72.2-74.4)	
(O`,×	2003	(67.8-76.9)	70.2 (65.8-74.5)	71.4 (68.3-74.5)	76.4 (74.8-78.1)	(71.9-74.7)	(73.8-75.9)	
	2005	73.5 (68.5-78.5)	76.2 (71.9-80.5)	74.8 (71.5-78.1)	78.6 (77.0-80.3)	(76.1-78.9)	78.1 (77.0-79.1)	
	2006	(61.2-73.9)	(64.6-76.3)	(64.6-73.3)	75.8 (73.7-77.8)	(73.2-76.6)	75.3 (74.0-76.7)	
	2007	(59.0-72.8)	(59.6-72.1)	(61.2-70.5)	(75.1-79.4)	(73.9-77.4)	(75.1-77.8)	
Visit neighbours	2002	(71.0-80.1)	(60.5-70.2)	(67.2-73.9)	(67.3-70.9)	(62.0-65.2)	(65.1-67.5)	
	2003	(69.1-78.0)	(57.1-66.8)	(64.4-71.0)	(65.1-68.8)	(62.4-65.5)	(64.2-66.6)	
	2005	(65.9-76.1)	(55.6-66.0)	(62.2-69.5)	(64.5-68.3)	(59.0-62.2)	(62.2-64.7)	
	2006	72.1 (66.2-78.0)	62.3 (56.3-68.3)	67.4 (63.1-71.6)	(64.4-68.9)	(65.1-68.6)	(65.3-68.2)	
	2007	68.2 (61.3-75.2)	59.0 (52.5-65.4)	63.6 (58.9-68.4)	64.7 (62.2-67.2)	60.1 (58.1-62.0)	62.3 (60.7-63.9)	
Run into friends and acquaintances when shopping in local area	2002	86.0 (82.0-89.9)	87.6 (84.4-90.8)	86.7 (84.2-89.3)	80.7 (79.2-82.3)	84.0 (82.8-85.2)	82.4 (81.4-83.4)	
	2003	84.9 (81.3-88.5)	84.0 (80.4-87.6)	84.2 (81.7-86.8)	80.5 (78.9-82.0)	82.9 (81.7-84.1)	81.6 (80.6-82.6)	
	2005	(78.3-86.9)	88.8 (85.5-92.0)	85.7 (83.0-88.4)	79.4 (77.7-81.1)	83.0 (81.8-84.2)	81.2 (80.2-82.3)	
	2006	81.1 (75.9-86.4)	79.3 (74.2-84.4)	80.3 (76.6-83.9)	78.2 (76.3-80.2)	83.2 (81.8-84.6)	80.8 (79.5-82.0)	
	2007	(78.3-89.4)	87.0 (82.1-92.0)	85.4 (81.7-89.1)	78.3 (76.2-80.4)	83.4 (81.9-84.8)	80.9 (79.6-82.2)	
Sad to leave neighbourhood	2002	65.3 (60.1-70.6)	66.4 (61.6-71.2)	65.9 (62.3-69.4)	71.1 (69.3-72.9)	75.5 (74.0-76.9)	73.3 (72.1-74.5)	
	2003	65.9 (61.2-70.7)	69.5 (65.1-73.8)	67.4 (64.2-70.6)	69.4 (67.6-71.2)	77.0 (75.6-78.3)	73.3 (72.2-74.4)	
	2005	59.0 (53.4-64.7)	75.5 (71.0-80.0)	67.4 (63.7-71.1)	67.3 (65.4-69.3)	75.8 (74.4-77.2)	71.7 (70.5-72.9)	
	2006	63.8 (57.3-70.4)	69.5 (63.7-75.2)	66.5 (62.1-70.9)	69.5 (67.3-71.7)	76.3 (74.7-78.0)	73.0 (71.6-74.3)	
	2007	64.9 (58.1-71.8)	73.7 (67.9-79.5)	69.3 (64.8-73.8)	70.0 (67.6-72.4)	76.2 (74.5-78.0)	73.2 (71.7-74.7)	