



# Death, dying and palliative care

How to use these Easy Read resources

There are 4 Easy Read resources

- Talking about death and dying
- Palliative care for you
- Palliative care for children
- Palliative care for people close to you

These resources have been developed in Easy Read.

Easy Read materials are targeted to people with intellectual disability, but are also useful resources for people with issues with low literacy or with English as a second language.

Easy Read uses a combination of images and simple sentences to help people read and understand concepts.

These resources have been developed in consultation with people with intellectual disability who told us what they wanted to know about death, dying and palliative care. The resources have also been tested with people with intellectual disability to make sure they are accessible.

Some language may seem direct but people with intellectual disability have told us they prefer this and find euphemisms difficult to understand.



**Easy Read**

### **How to use these resources**

You should read the information yourself first, so you are familiar with the content. The logic of the way the information is presented has been tested with people with intellectual disability but like anyone, the person you are supporting may ask questions that are covered in a later part of the resource.

Most people with intellectual disability will prefer to read a hard copy version rather than reading online.

You should be led by the person with intellectual disability by asking them questions. You should explain in simple language what the resources are about and ask them do

- they want to read the material with you?
- they want to read the material with family, friends or someone they trust?
- they want to read the material by themselves?

If they want to read the material with you they may want you to sit with them as they read, so you can answer questions, or may ask you to read the information to them.

Encourage the person to ask questions as they read the material.

We have used simple language and have included definitions where we have had to use more complex language. Readers may still have questions about specific words or concepts as the issues covered by this material can be confronting.

The person may not want to read all the information at once. If this happens, make arrangements for another time to continue to read the information.

Ask if the person has any questions after reading the information. Encourage them to make contact if they think of other questions after they leave.



**Easy Read**