PUBLIC WARNING STATEMENT

Section 12A of the Public Health Act

I Kerry Chant, Chief Health Officer, being of the view that there is a risk to the health or safety of the public or a sector of the public, make the following public statement identifying and giving warnings or information about the risk.

Since April 2024, five patients have presented to NSW Health Emergency Departments experiencing unexpected toxicity soon after consuming *Uncle Frog's Mushroom Gummies*. Similar cases have also been reported in other Australian jurisdictions.

While investigations are ongoing, two varieties of these products have been associated with the unexpected toxicity, the *Cordyceps Mushroom Gummies* and the *Lion's Mane Mushroom Gummies* (images below)

The patients have experienced various symptoms including:

- Nausea and/or persistent vomiting
- Seizure like activity and involuntary movements (such as arms/legs twitching, eye movements)
- Anxiety
- Disturbing hallucinations
- Drowsiness or loss of consciousness
- Dizziness or lightheadedness
- Racing heart/pulse

The community is warned not to consume these products. If you have purchased these products, they should be disposed of in a safe and secure manner, away from children and pets.







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What to do now

• Dispose of these products safely. The packaging may appeal to children, so ensure it is safe from children and pets.

For free and confidential advice:

- Call the <u>NSW Poisons Information Centre</u> on
 13 11 26 for information on adverse effects from these products or other substances.
- Call <u>NUAA</u> on 1800 644 413 (Mon-Fri 9am-5pm) to speak to a peer or visit <u>NUAA</u> for a range of resources.
- Call <u>Alcohol and Drug Information</u>
 <u>Service</u> (ADIS) on 1800 250 015 at any time 24/7. Start a <u>Web Chat</u> with an ADIS counsellor Mon-Fri, 8.30am-5pm.

Getting help

If you or others are unwell after consuming mushroom gummies, seek help immediately by either: Contacting NSW Poisons Information Centre on 13 11 26, or If someone is seriously ill, call Triple Zero (000).

