DRUG WARNING

High dose MDMA (ecstasy) tablets have been found in NSW – purple-grey 'Punisher' tablets

Know the risks

- You are at increased risk of harm if you:
 - Take multiple MDMA (ecstasy) tablets or capsules
 - XX Take a higher-dose MDMA tablet or capsule
 - Use other stimulant drugs (e.g. amphetamines or cocaine) at the same time
 - Take MDMA in a hot environment like a music festival or indoor dance party
- MDMA (ecstasy) is often poorly manufactured and the amount of MDMA in a tablet or capsule can vary a lot, even within the same batch.
- The time from taking the drug to feeling any effect can vary significantly depending on the drug as well as the individual person. If it's not working, don't re-dose.
- High-dose MDMA use has been linked to death and other serious harms.

Effects to look out for

- · Feeling really hot and sweaty
- Racing heart/pulse or light-headedness
- Rigid muscles (e.g. difficulty walking), uncontrolled repetitive movements, seizures
- Confusion or agitation, feeling aggressive, difficult to rouse or unconscious
- Vomiting

If you or others experience these symptoms after taking MDMA, get help immediately.

Getting help

If you or your friends see the warning signs of overdose:

Seek help immediately from your nearest emergency department or call <u>Triple Zero (000)</u>. You won't get into trouble for seeking medical care.

Start CPR if someone is not breathing.

The purple-grey 'Punisher' skull design tablets contain 197mg of MDMA

This is around twice the average amount usually contained in MDMA tablets circulating in NSW



Tablet appearance is not a reliable indicator of drug

Support and advice

For free and confidential advice:

- Call <u>Alcohol and Drug Information</u>
 <u>Service</u> (ADIS) on 1800 250 015 at any time 24/7.

 Start a <u>Web Chat</u> with an ADIS counsellor Mon-Fri, 8.30am-5pm.
- Call <u>NUAA</u> on 1800 644 413 (Mon-Fri 9am-5pm) to speak to a peer or visit <u>NUAA</u> for a range of resources.
- Call the <u>NSW Poisons Information Centre</u> on 13 11 26 for information on adverse effects from drugs.
- Visit <u>Your Room</u> for fact sheets and other resources.

https://www.health.nsw.gov.au/aod/public -drug-alerts/Pages/default.aspx NSW GOVERNMENT

Issued 16 May 2024 © NSW Health.