

DRUG WARNING

High dose MDMA (ecstasy) tablets have recently been found in NSW – purple shield-shaped tablets

The purple shield-shaped tablets contain 150mg of MDMA.

This is a higher dose than usually expected.

Know the risks

- You are at **increased risk of harm** if you:
 - Take multiple MDMA (ecstasy) tablets or capsules
 - Take a higher-dose MDMA tablet or capsule
 - Use other stimulant drugs (e.g. amphetamines or cocaine) at the same time
 - Take MDMA in a hot environment like a music festival or indoor dance party
- MDMA (ecstasy) is often poorly manufactured and the amount of MDMA in a tablet or capsule can vary a lot, even within the same batch.
- The time from taking the drug to feeling any effect can vary significantly depending on the drug as well as the individual person. If it's not working, don't re-dose.
- High-dose MDMA use has been linked to death and other serious harms.



Tablet appearance is not a reliable indicator of drug contents

Effects to look out for

- Feeling really hot and sweaty
- Racing heart/pulse or light-headedness
- Rigid muscles (e.g. difficulty walking), uncontrolled repetitive movements, seizures
- Confusion or agitation, feeling aggressive, difficult to rouse or unconscious
- Vomiting

If you or others experience these symptoms after taking MDMA, get help immediately.

Getting help

If you or your friends see the warning signs of overdose:

Seek help immediately from your nearest emergency department or call **Triple Zero (000)**. You won't get into trouble for seeking medical care.

Start **CPR** if someone is not breathing.



Support and advice

For free and confidential advice:

- Call [Alcohol and Drug Information Service \(ADIS\)](https://www.health.nsw.gov.au/adis) on 1800 250 015 at any time 24/7. Start a [Web Chat](#) with an ADIS counsellor Mon-Fri, 8.30am-5pm.
- Call [NUAA](https://www.nuaa.org.au) on 1800 644 413 (Mon-Fri 9am-5pm) to speak to a peer or visit [NUAA](https://www.nuaa.org.au) for a range of resources.
- Call the [NSW Poisons Information Centre](https://www.health.nsw.gov.au/poisons) on 13 11 26 for information on adverse effects from drugs.
- Visit [Your Room](#) for fact sheets and other resources.



For up to date alerts, visit <https://www.health.nsw.gov.au/drugalerts>

Issued 02 October 2024 © NSW Health.

