Coronavirus (COVID-19)

Gupima COVID-19

Kubera iki nokwipimisha?

Umuntu uwo ari we wese afise ibimenyetso vy'ibicurane n'ibisa na vyo, mbere naho vyoba ari ibimenyetso bitoya, ategerezwa COVID-19 kwipimisha, vyihuta bishoboka. Mu bimenyetso vya COVID-19 harimwo:

- Ugushuha, uburorero, gukanya, ivyuya vyo mw'ijoro.
- Ibimenyetso vyo guhema nabi nko gukorora, kuvyimba mu mihogo, kwiyagaza mu mihogo, ibiseru, kubura impwemu, gutakaza ukumoterwa, gutakaza ukumenya ko ibintu biryoshe.
- Mu bindi bimenyetso harimwo ukubabara mu nyama no mu ngingo, gucibwamwo, gusesemwa, kuyorwa hamwe no kubura akayabagu.

Wokwitega iki iyo upimwe?

- Kwipimisha ni ku buntu, biroroshe kandi biranyaruka.
- Nimba wararungitswe kw'ivuriro ripima, usabwe kujana ivyo bakurungikanye.
- Abakozi b'aho bapimira hamwe n'amavuriro avura ibijanye n'uguhema bazoba bambaye ivyo kwipfuka ku munwa, amakanzu, amagahamwe n'ibikingira mu maso.
- Ivyo gupimwa bifatwa mu mazuru hakoreshejwe akantu k'ipampa hamwe n'ibindi biva mu muhogo.

Haba iki mpejeje kwipimisha?

- Utegerezwa kuguma I muhira (kwikumira) gushika uronse inyishu y'ibipimo wipimishije kandi ukumva yuko umerewe neza.
- Ntushobora kuva muhira I wawe kiretse ubanje kubaza muganga canke igihe bikomeye cane. Ntiwemerewe kwakira abashitsi.
- Iyo ibimenyetso vyawe bibaye ibikomeye (uburorero guhema bigoranye), usabwe guhamagara kuri (000). Barira abakozi bo muri rusehabaniha ko wapimwe COVID-19.
- Nimba mu nzu ubamwo hariho abandi bantu utegerezwa kwitandukanya na bo ukaja mu kindi cumba. Wambare akantu kagukingira mu maso igihe uri mu cumba kirimwo abandi bantu kandi ukwiye kugumizaho intambwe y'imetero 1.5 hagati y'umuntu n'uwundi.
- Kwirikiza amategeko y'isuku. Karaba amaboko kenshi. Pfuka ibikororwa vyawe n'ivyo wasamuye ukoresheje mu nkokora kandi ukoreshe agakaratasi koroshe.

Mbana n'uwundi muntu akeneye kwikumira. Noronka hehe izindi nkuru zerekeye ukwikumira?

https://www.health.nsw.gov.au/Infectious/covid-19/Pages/resources.aspx

- Nimba waregeranye n'umuntu yanduye COVID-19, ukwiriye kuguma I muhira imisi ingana na 14 inyuma yuko uhejeje kwegerana n'uwo muntu. (kwegerana n'umuntu harimwo kuba mu cumba kimwe na we canke kugumana na we iminuta irenga 15 mubonana amaso mu yandi canke mumaranye amasaha 2 muri mu cumba kimwe cugaye, muri kumwe n'umuntu yanduye COVID-19, amasaha 48 imbere yuko barwara).
- Kwikumira I muhira bikoreshwa ku bantu bawe ba hagufi, mbere naho woba wumva ko umeze neza kandi canke woba wararonse inyishu yerekana ko utagwaye.

Nzoronka inyishu gute?

- Mu bisanzwe uzohabwa inyishu y'ivyo wipimishije mu masha 24-48 ariko usabwe kurindira gushika ku masaha 72.
- Nimba waripimishije mu gisata bapimiramwo indembe canke mu bitaro bisanzwe vya Reta COVID-19 urashobora kubwirwa ko utanduye COVID-19 biciye ku butumwa butoya SMS igihe wiyandikishije kuri Pathology COVID-19 SMS Results Service (ibitagenda neza inyishu ku bikorwa vya COVID-19 SMS). Niyo utiyandikisha uzokwakurwa kuri telephone n'umuganga ajejwe amagara y'abantu wo mu karere kajejwe amagara y'abantu.
- Nimba wipimishije ku muganga wawe avura vyose canke ku zindi mbuga ngurukanabumenyi, umuganga wawe azoguha inyishu y'ibipimo wipimishije.

Bigenda gute ibipimo bisanze rwaye?

- NSW Health izogufasha kukraba. Ntamahera uzotanga kugira uvugwe, naho woba udafise Medicare.

NSW GOVERNMENT

COVID-19 Testing

Nokwipimishiriza hehe?

- Uje kw'ivuriro rya COVID-19:
  https://www.health.nsw.gov.au/Infectious/covid-19/Pages/clinics.aspx
  CANKE
- Hamagara muganga wawe

NSW Health COVID-19 testing clinic locations:

Akarere aho ibitaro vyo gupima vya NSW Health COVID-19 biherereye:

Suburb Suburb	Location Akarere	Opening hours Amasaha yo kwugururirako	Phone Telephone	Referral needed? Yoba akwiye kwunguruzwa?