

# Playground tumble? Get instant health advice

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If your child is injured or unwell call healthdirect for **free** on **1800 022 222**.

A registered nurse will help you access the health care you need from anywhere, day or night.

[health.nsw.gov.au/anywhere](https://health.nsw.gov.au/anywhere)

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Healthcare   
**anywhere**

**1800 022 222**  
call healthdirect